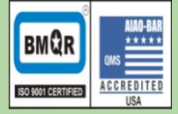




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NAAC – SSR CYCLE -I
7.2 Best Practice I


7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

Spoke Registration

HAKEEM NAGAR
MELVISHSRAM

Pin Code * 632509 City * VELLORE District * Ranipet

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Website www.mmeswc.edu.in

Advisory Committee

| | |
|----------------------|-----------------------|
| Name of Member * | Role/Position * |
| DR. K. ANEES AHMED ✓ | SECRETARY/CORRESPON ✓ |
| Email * | Phone/Mobile * |
| mmeswc@yahoo.in ✓ | 9597108735 ✓ |

| | |
|--------------------------|-----------------|
| Name of Member * | Role/Position * |
| DR.FREDA GNANASELVAI ✓ | PRINCIPAL ✓ |
| Email * | Phone/Mobile * |
| drfredamonsingh@gmail. ✓ | 8903566701 ✓ |

| | |
|--------------------------|--------------------|
| Name of Member * | Role/Position * |
| MR. NAJEEB AHMED ✓ | COMMITTEE MEMBER ✓ |
| Email * | Phone/Mobile * |
| gnajeeb@rediffmail.com ✓ | 9840091031 ✓ |

Add new

Department Faculty Coordinators

| | |
|---------------------|-------------------------|
| Department * | Name of Faculty * |
| ENGLISH | MRS. R. SARANYA |
| Designation * | Email * |
| ASSISTANT PROFESSOR | saranyar.21121@gmail.cc |



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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

Spokes Registration

1:37 PM

| | |
|-------------------|-------------------------|
| Phone/Mobile * | 9445262700 |
| Department * | BUSINESS ADMINISTRAT |
| Designation * | ASSISTANT PROFESSOR |
| Phone/Mobile * | 9952332776 |
| Name of Faculty * | DR. NIVETHITHA |
| Email * | nivedhavictor@gmail.com |

| | |
|-------------------|-------------------------|
| Department * | BCA |
| Designation * | ASSISTANT PROFESSOR |
| Phone/Mobile * | 6374668418 |
| Name of Faculty * | MRS. D. GUNASUNDARI |
| Email * | gunavijay2831@gmail.cor |

| | |
|-------------------|-----------------------|
| Department * | B.COM G |
| Designation * | ASSISTANT PROFESSOR |
| Phone/Mobile * | 9626401489 |
| Name of Faculty * | Mrs. A. AYISHA |
| Email * | aayisharose@gmail.com |

| | |
|-------------------|-------------------------|
| Department * | B.COM CA |
| Designation * | ASSISTANT PROFESSOR |
| Phone/Mobile * | 9025146457 |
| Name of Faculty * | Miss. P.K. ZULAIKHA BEE |
| Email * | zulaikhabee301997pk@gr |

| | |
|-------------------|-----------------|
| Department * | BIOTECHNOLOGY |
| Name of Faculty * | MRS. S. SARITHA |

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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

1:37 PM Spoke Registration

| | |
|---|---|
| Designation * ASSISTANT PROFESSOR | Email * sarithasuresh2712@gmail |
| Phone/Mobile * 8667208336 | |

| | |
|---|---|
| Department * COMPUTER SCIENCE | Name of Faculty * MRS. HAJIRA TABASUM |
| Designation * ASSISTANT PROFESSOR | Email * hajerathabasum@gmail.co |
| Phone/Mobile * 7418331277 | |

| | |
|---|--|
| Department * INTERIOR DESIGN & DECORATION | Name of Faculty * Mrs. J. DHANALAKSHMI |
| Designation * ASSISTANT PROFESSOR | Email * j.dhanalakshmi88@gmail. |
| Phone/Mobile * 9884029022 | |

| | |
|---|--|
| Department * MATHEMATICS | Name of Faculty * MRS. K. SUBBULAKSHMI |
| Designation * ASSISTANT PROFESSOR | Email * subbulakshmik@gmail.co |
| Phone/Mobile * 7094767585 | |

| | |
|--|---|
| Department * NUTRITION , FSM & DIETETICS | Name of Faculty * J. GOWSIYA |
| Designation * ASSISTANT PROFESSOR | Email * gowsiyakhizar@gmail.cor |
| Phone/Mobile * 9952171285 | |

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NAAC – SSR CYCLE -I
3.2 Innovative Ecosyste

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

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|---------------------|------------------------|
| Department * | Name of Faculty * |
| ARABIC | MISS. A.SABEERA |
| Designation * | Email * |
| ASSISTANT PROFESSOR | syedasabeera501@gmail. |
| Phone/Mobile * | |
| 8925237124 | |

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| Location Of E Cell | Availability Space | |
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| | |
|-------------------------------|--------------------------------|
| Head Of Institution | Faculty Co-ordinator |
| Name Of Head of Institution * | Name Of Faculty Co-ordinator * |
| DR. FREDA GNANASELVA | Mrs. A.S. FASILA BEGUM |
| Designation * | Designation * |
| PRINCIPAL | ASSISTANT PROFESSOR |
| Mobile No * | Mobile No * |
| 8903566701 | 9600272733 |
| Email * | Email * |
| principal@mmeswc.edu.in | mrafeena22@gmail.com |

Submit

About EDII

Established in 2001, the Entrepreneurship Development and Innovation Institute (EDII), Chennai is an apex organisation in the field of entrepreneurship education and self-employment promotion in the state of Tamil Nadu Under Department of MSME

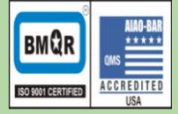
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**NAAC – SSR CYCLE -
7.2 Best Practice I**

**7.2.1 Entrepreneurial Skill Development
Year : 2022-2023**



**M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
HAKEEM NAGAR MELVISHARAM – 632 509
ENTREPRENEURSHIP DEVELOPMENT CELL**



**&
THIRUVALLUVAR UNIVERSITY
EDII - HUB
VELLORE – 632 115, TAMILNADU, INDIA**

REPORT SUBMITTED TO

**ENTREPRENEURSHIP DEVELOPMENT AND
INNOVATION INSTITUTE**

CHENNAI-600032

NAME OF THE PROGRAMME

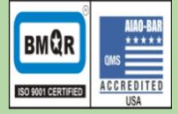
**AWARENESS PROGRAMME ON
ENTREPRENEURSHIP AND
INNOVATION**

DATE OF THE PROGRAMME

30.03.2023



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



**NAAC – SSR CYCLE -
7.2 Best Practice I**

**7.2.1 Entrepreneurial Skill Development
Year : 2022-2023**



**M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
HAKEEM NAGAR MELVISHARAM – 632 509.
ENTREPRENEURSHIP DEVELOPMENT CELL
&
THIRUVALLUVAR UNIVERSITY
EDII - HUB
VELLORE – 632 115, TAMILNADU, INDIA**



To
The Deputy Director (PMO),
Entrepreneurship Development and Innovation Institute (EDII),
ParthasarathyKoil Street,
Ekkaduthangal, Chennai – 600032.

Through
The Coordinator,
EDII Hub – TVU,
Vellore.

Dear Sir / Madam,

Sub: Submission of Report and Documents for Awareness Programme on
Entrepreneurship and \ Innovation Funded EDII TN through TVU EDII
Hub – Reg..

The Entrepreneurship Development cell of M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM had organized the "AWARENESS PROGRAMME ON ENTREPRENEURSHIP AND INNOVATION" at "PG Seminar Hall", on 30.03.2023 which was funded by Entrepreneurship Development and Innovation Institute-Government of Tamil Nadu, Chennai through EDII Hub, Thiruvalluvar University. Approval obtained from EDII Hub, participants List, photos and expenditure incurred for the programme for your kind perusal.

We herewith submit the documents such as proposal submitted to EDII Hub - Thiruvalluvar University for organizing the programme.

Herewith, we submit the necessary documents and bills for the settlement of accounts (Amount Rs. 5000 received) for the Awareness Programme on Entrepreneurship Innovation.

Herewith, we submit the necessary documents and bills for the settlement of accounts (Amount Rs. 5,000 received) for the Awareness Programme on Entrepreneurship and Innovation

Thanking you,

Your Sincerely


30/3/23
Dr. Freda Ghanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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NAAC – SSR CYCLE -
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023



M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
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ENTREPRENEURSHIP DEVELOPMENT CELL
&
THIRUVALLUVAR UNIVERSITY
EDII - HUB
VELLORE – 632 115, TAMILNADU, INDIA



ED PROGRAM REPORT

To
THE DEPUTY DIRECTOR (PMO),
Entrepreneurship Development and
Innovation Institute,
Chennai.
Through,
The Coordinator,
EDII Hub –
Thiruvalluvar University,
Vellore

Dear Sir / Madam,

Sub: Report on Awareness Programme on Entrepreneurship and Innovation on 30.03.2023-
Reg.

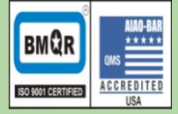
Entrepreneurship Development cell, M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM had organized the Awareness programme on Entrepreneurship and Innovation on 30.03.2023 at PG Seminar Hall, The program was funded by EDII TN, Chennai through EDII Hub, Thiruvalluvar University, Vellore. The main purpose of the programme is to nurture the mind towards Entrepreneurship and Innovation.

Mrs. Fasila Begum. A.S, ED Cell Coordinator, Entrepreneurship Development Cell, M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM welcomed all the dignitaries and the student participants for awareness programme on Entrepreneurship and Innovation.

Dr .A .Rajasekar ,IEDP Hub Coordinator delivered the keynote address and inaugurated the session. He explained the importance of the Entrepreneurship and the opportunities .The resource person for day was Dr .Freda Gnanaselvam., Ph.D ,Principal who handled the sessions and shared the basic thoughts required for becoming an entrepreneur. Further she explained the State and Central Government schemes for Startups & Entrepreneurs & and encouraged the students towards the opportunities in different fields for becoming an entrepreneur in the future. Two activities were conducted which were as follows



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



**NAAC – SSR CYCLE -
7.2 Best Practice I**

**7.2.1 Entrepreneurial Skill Development
Year : 2022-2023**



**M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
HAKEEM NAGAR MELVISHARAM – 632 509.
ENTREPRENEURSHIP DEVELOPMENT CELL**



**&
THIRUVALUVAR UNIVERSITY**

EDII - HUB

VELLORE – 632 115, TAMILNADU, INDIA

ACTIVITY 1

Entrepreneur readiness questionnaire was given to students to evaluate their position on entrepreneurial skill. Scoring sheet revealed the students belonging to the score 21-25 point that constitute high level of the entrepreneurial potential was 0% Students belonging to score range 16-20 constituted 55% who will be successful in entrepreneurship.

Students belonging to score range 11-15 constituted 45% who will be in the transitional range. Students belonging to this range should be successful in entrepreneurship if given training

Students belonging to score range 6-10 constituted 05% who will be in the pretty doubtful. Students belonging to 0-5 range will not be successful in entrepreneurship.

Activity 2

Creative activity was conducted to measure the creative ability of students. Tangram figure was given to all students and were asked to present figures of their choice. With the 7 parts given to all students they made creative presentation and named the design. This exercise enabled students to see the different design created by different participation. They were surprised to see the unique design made by them. This exercise helped them to measure their creative ability and use of resources according to their talent and interest.

100 students participated in the Awareness Programme on Entrepreneurship and Innovation organized by Entrepreneurship Development Cell, M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM.

Finally ,Ms. Muthu Ayisha Siddiqua ,III B.Com(C.A) Member of Entrepreneurship Development cell M.M.E.S . WOMEN'S AND SCIENCE COLLEGE, MELVISHARAM, delivered the vote of thanks. All the activities are successfully coordination by Entrepreneurship Development cell, M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM under the guidance ,Management and Principal,EDII -Hub THIRUVALUVAR UNIVERSITY,VELLORE

Your Sincerely


3/13/23
**Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S Women's Arts & Science College
Melvisharam - 632 509**



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**NAAC – SSR CYCLE -
 7.2 Best Practice I**

**7.2.1 Entrepreneurial Skill Development
 Year : 2022-2023**

ED Cell organized Awareness Programme on Entrepreneurship and Innovation



GPS Map Camera



Navlock, Tamil Nadu, India
 W77Q+V4P, Navlock, Tamil Nadu 632509, India
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 Long 79.288628°
 30/03/23 10:30 AM GMT +05:30



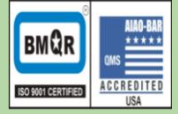
GPS Map Camera



Melvisharam, Tamil Nadu, India
 S. Balaji, 3, NH 46, Melvisharam, Tamil Nadu 632509,
 India
 Lat 12.909954°
 Long 79.292379°
 30/03/23 12:17 PM GMT +05:30



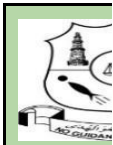
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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

ENTREPRENEURSHIP DEVELOPMENT CELL PROGRAMME REPORT



NAAC
7.2 Bes

REPORT SUBMITTED TO

**ENTREPRENEURSHIP DEVELOPMENT AND
INNOVATION INSTITUTE
CHENNAI-600032**

NAME OF THE PROGRAMME

**AWARENESS PROGRAMME ON
SOCIAL ENTREPRENEURSHIP**

DATE OF THE PROGRAMME

17.05.2023





**M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
HAKEEM NAGAR MELVISHARAM - 632 509.
ENTREPRENEURSHIP DEVELOPMENT CELL
& THIRUVALLUVAR UNIVERSITY
EDII - HUB
VELLORE - 632 115, TAMILNADU, INDIA**



To
The Deputy Director (PMO),
Entrepreneurship Development and Innovation Institute (EDII),
ParthasarathyKoil Street,
Ekkaduthangal, Chennai - 600032.

Through
The Coordinator,
EDII Hub - TVU,
Vellore.

Dear Sir / Madam,

Sub: Submission of Report and Documents for Awareness Programme on Entrepreneurship and Innovation Funded EDII TN through TVU EDII Hub - Reg..


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We herewith submit the documents such as proposal submitted to EDII Hub - Thiruvalluvar University for organizing the programme.

Herewith, we submit the necessary documents and bills for the settlement of accounts (Amount Rs. 5000 received) for the Awareness Programme on Social Entrepreneurship Innovation.

Thanking you,

Your Sincerely


18/5/23

**Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509**



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**NAAC - SSR CYCLE - I
7.2 Best Practice I**

**7.2.1 Entrepreneurial Skill Development
Year : 2022-2023**



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ENTREPRENEURSHIP DEVELOPMENT CELL
& THIRUVALLUVAR UNIVERSITY
EDII - HUB
VELLORE - 632 115, TAMILNADU, INDIA**



To
**THE DEPUTY DIRECTOR (PMO),
Entrepreneurship Development and
Innovation Institute,
Chennai.**

Through,
The Coordinator,
EDII Hub - Thiruvalluvar University,
Vellore

Dear Sir / Madam,

Sub: Report on Awareness Programme on Entrepreneurship and Innovation on
17.05.2023- Reg.

Entrepreneurship Development cell, M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM had organized the Awareness programme on Social Entrepreneurship on 17.05.2023 at PG Seminar Hall, The program was funded by EDII TN, Chennai through EDII Hub, Thiruvalluvar University, Vellore. The main purpose of the programme is to nurture the mind towards Social Entrepreneurship.

Ms.Muthu Ayisha Siddiqua, III B.com (CA), M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM welcomed all the dignitaries and the student participants for awareness programme on Entrepreneurship and Innovation.

Dr .A .Rajasekar ,IEDP Hub Coordinator delivered the keynote address and inaugurated the session. He explained the importance of the Entrepreneurship and the opportunities .The resource person for day was Dr .Emelda Lilian .M.Com., Ph.D ,ED Tranier, who handled the sessions and shared the basic thoughts required for becoming an entrepreneur. Further she explained the State and Central Government schemes for Startups & Entrepreneurs & encouraged the students towards the opportunities in different fields for becoming an entrepreneur in the future. Two activities were conducted about concentration & communication skill development.

Finally ,Ms. Arshiya Barin ,III B.Com(C.A) Member of Entrepreneurship Development cell M.M.E.S . WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM, delivered the vote of thanks. All the activities are successfully coordination by Entrepreneurship Development cell, M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM under the guidance ,Management and Principal, EDII -Hub THIRUVALLUVAR UNIVERSITY, VELLORE


18/5/23
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC - SSR CYCLE - I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023



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Walaja Taluk, Arcot Block
Phone:04172 266167, 266463
[Email:mmeswc@yahoo.in](mailto:mmeswc@yahoo.in) [website:www.mmeswc.edu.in](http://www.mmeswc.edu.in)



NATIONAL SMALL INDUSTRY DAY

Date :29-08-2022
Venue :M.M.E.S Auditorium
Beneficiaries : Students
No. of Participants : 155

On 29th August Department of Business Administration celebrated "National Small Industry Day". Our students actively participated in buying and selling of products as well they earned profit from their sales




Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

National Small Industry Day
29th August 2022
Venue : Auditorium
Time : 10.30am to 3.30pm

Department of Business
Administration
Cordially invites u all for
National Small Industry Day
Celebration

We are organizing small eatable
stalls, so come spice up ur taste.
We are full of food wonders !!
Be ready to taste with ur wallet
full !!!!!

It's a day of flavour explosion


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

DEPARTMENT OF BUSINESS ADMINISTRATION
BBA II YEAR

| | NAME | STALL |
|--------------|-----------------|--|
| 1 | DIVYA BAHARATHI | COSMETICS, JEWELS, JAMUN, RASAGULLA, SAMOSA |
| | HEMAVATHI | |
| | V.R.KEERTHANA | |
| | KHATHIJA BEE | |
| | ELAYABHARAH | |
| | JEEVITHA | |
| | AARTHI | |
| | AMIRTHA | |
| | MAYAVATHI | |
| | MONISHA | |
| | RABIYA | |
| VISHWA PRIYA | | |
| 2 | RAMYA | POPCORN, PINEAPPLE SALAD |
| | BANUPRIYA | |
| | SUJITHA | |
| | SUJATHA | |
| 3 | SATHIYA PRIYA | LEMON JUICE, DRESSES |
| | PRIYA K | |
| | KEERTHIGA | |
| | ABIDA | |
| 4 | HEMALATHA | KEYCHAIN |
| | KEERTHANA.S | |
| | KARHIKA | |
| | PRIYA.V | |
| | YOGALAKSHMI.S | |
| | SIVASANKARI | |
| 5 | KAVIYA | EARINGS |
| | NISHA | |
| | SHOBANA | |
| | SANDHIYA.G | |
| 6 | MONISHA.R | PANI PURI, JAMUN |
| | ARUNA | |
| | JANCI RANI | |
| | KAVIYA | |
| | ISWARIYA | |
| | HARITHA | |
| | DIVYA | |
| | PAVITHRA | |
| DURGADEVI | | |

| S.NO | NAME | STALL |
|------|------------------|------------------------|
| 7 | NASEERIN MOUFIKA | DSEMILK, BADAM MI |
| | SANDHIYA.S | |
| | MYVISHA | |
| | VINITHA SRI | |
| 8 | NIRANJINI | CREAM BUN |
| | PAVITHRA SRI | |
| | KOWSALYA | |
| | ANUSHYA | |
| 9 | SHAMEELA | SANDWICH, BUN PIZZA |
| | UMME KULSUM | |
| | FAIZA | |
| 10 | AAFREEN | MILKSHAKE |
| | MADIHA | |
| | THABASUM | |
| 11 | AYISHA | SWEETS |
| | SHAFIYA | |
| | NABIYA | |
| | KHANITHA | |
| | SHAINAZ | |



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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

DEPARTMENT OF BUSINESS ADMINISTRATION
III YEAR STUDENTS STALL

| S.NO | NAME | STALL |
|-------------|--------------|--------------------|
| | KEERTHANA.P | RAVA LADDU/PUTTU |
| | KEERTHIKA.V | |
| | ELAYASUDHA | |
| | SHALINI | |
| | NIVETHA.D | |
| 2 | KOKILA | JAMUN |
| | SUSMITHA | |
| | ARTHI | |
| 4 | KARTHIKA S | DRESS SALE |
| | SINDHUJA | |
| | JEEVAREKHA | |
| | SINDHU | |
| | BHAVANI | |
| | HATIFA | |
| 5 | DIVYALAKSHMI | FANCY ITEMS/MANGO |
| | KOWSALYA | FANCY ITEMS/SUNDAL |
| | RASHIKA | |
| | SOWMIYA | |
| MOHANAPRIYA | | |
| 6 | KRUTHIKA | POTATO CHIPS/UBBET |
| | HEMAVATHI | |
| | KAVITHA | |
| | MALANI | |
| | JOTHIKA | |
| | PAVITHRA | |
| 7 | SHABANA | FRUIT SALAD |
| | PARVEEN BANU | |
| | KEERTHIKA | |
| | VINOTHINI | |
| | VAITHEESWARI | |

| S.NO | NAME | STALL |
|------|----------------|------------|
| | SNEHA | CUTLET |
| | AFREEN | |
| | SINDHUMATHI | |
| 9 | AABIDHA GOWSAR | RASAM PURI |
| | FOWZIA | |
| | TASLEEM | |
| | RIZWANA | |

10. Janhavi
Kavitha's
Hansa
Vardhini
Aarti
Nivetha.P
Masala
Puri

Salma Farhan M.N.
HOD 24/3/22

Dr.
24/3/22
Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

**DEPARTMENT OF NUTRITION, FOOD SERVICE
MANAGEMENT & DIETETICS & IQAC
ORGANISES**

**MAHATMA GANDHI NATIONAL
ENTERPRENEURSHIP MONTH
The Product for Sale - Sweet Recipes**

22nd OCTOBER 2022

VENUE: AUDITORIUM

TIMING: 10.00AM -1.00 PM



Dr. K. ANEES AHMED, B.A.,D.Lit
CORRESPONDENT

Dr. FREDA GNANASELVAM, Ph.D.,
PRINCIPAL



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Hakeem Nagar, Melvisharam, Ranipet -632509



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7.2 Best Practice I

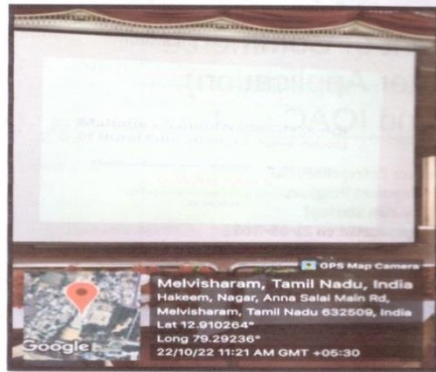
7.2.1 Entrepreneurial Skill Development
Year : 2022-2023



NAAC –
7.2 Best I

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On behalf of MAHATMA GANDHI NATIONAL ENTERPREURSHIP MONTH and NATIONAL ENTREPREURSHIP DAY Department of Nutrition, Food Service Management & Dietetics & IQAC ORGANISES Stalls for retail of products on 22th November 2022



PHOTOS OF SALES


Dr. Freda Ghanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College,
Melvisharam - 632 509

On behalf of MAHATMA GANDHI NATIONAL ENTERPRENEURSHIP MONTH and NATIONAL ENTREPRENEURSHIP Day Department of interior design and decor & IQAC organizes Stalls for retail of products on 07th November 2022

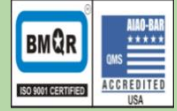
PRODUCTS FOR SALE




Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

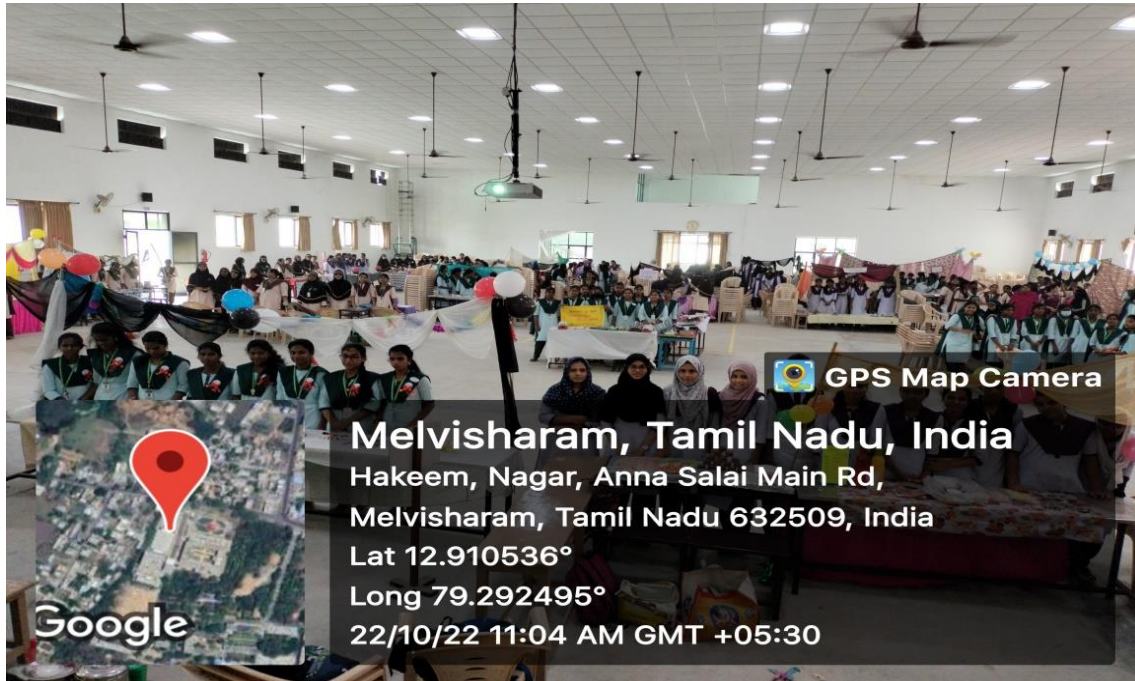


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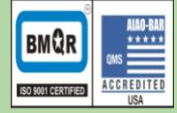
NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023





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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

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AFFILIATED TO THIRUVALLUVAR UNIVERSITY
MAHATMA GANDHI NATIONAL ENTERPREURSHIP MONTH-2022
DIWALI SALES

PHOTOS OF SALES

1. Stall No: 25
2. Stall Name: SNACK ATTACK
BCOM(CA)
3. Self Help Group Members: V. M. UZMA TABASSUM
A. ARSHIYA BARIN
K. SAIEMA MARIAM
M.A. AFRIHA FATHIMA
MUTHU AYISHA SIDDIQUA
4. Products for sales:
 - JALEBI
 - OREO TRIFLE
5. Amount Invested(Per each member):
₹300 per member
6. Sales in Rupees:
₹1900
7. Profit (Expenses – Sales):
Exp - Sales = 1400 - 1900 = 500/-
8. Shared Profit per member:
₹100 profit each member

S. K. V. 11/11/22
HOD SIGNATURE

V. M. U. Z. M.
SELF HELP GROUP LEADER

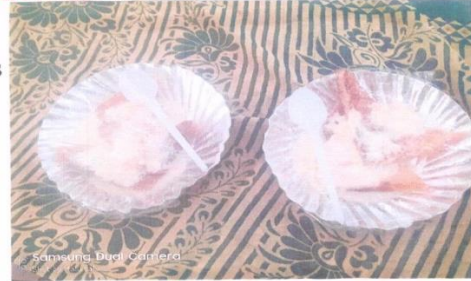
F. G.
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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MAHATMA GANDHI NATIONAL ENTERPRENEURSHIP MONTH-2022

DIWALI SALES

PHOTOS OF SALES



1. Stall No: ①
2. Stall Name: MS SWEET STALL
3. Self Help Group Members: SALIHA FIRDOUSE.K } 2 MEMBERS
MARIYA ANJUM }
4. Products for sales: SHAHI TURDA
5. Amount Invested(Per each member): ₹ 600/-
6. Sales in Rupees: ₹ 330/-
7. Profit (Expenses – Sales): LOSS
8. Shared Profit per member: ₹ 165

Siddiga Purneer
HOD SIGNATURE

Saliha firdouse.k
SELF HELP GROUP LEADER

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

B.com general -I

M.M.E.S WOMENS ARTS AND SCIENCE COLLEGE, MELVISHARAM
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MAHATMA GANDHI NATIONAL ENTERPRENEURSHIP MONTH-2022
DIWALI SALES

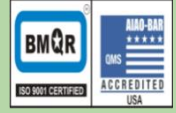
PHOTOS OF SALES

1. Stall No: 15
2. Stall Name: TUN TUN SWEETS
3. Self Help Group Members: 4 members
4. Products for sales: GULAB JAMUN
5. Amount Invested(Per each member): 80 per each member
6. Sales in Rupees:(2) GULAB JAMUN ₹ 15.
7. Profit (Expenses – Sales): PROFIT ₹ 135 (240 - 375) = 135
8. Shared Profit per member: ₹ 34 (each member)


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SELF HELP GROUP LEADER


Dr. Freda Gnanaselvam, Ph.D.,
Principal
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Melvisharam - 632 509



MAHATMA GANDHI NATIONAL ENTREPRENEURSHIP MONTH-2022
DIWALI SALES

PHOTOS OF SALES

1. Stall No: (6)
2. Stall Name: *Last Bench Guys*
3. Self Help Group Members: 1. Kaviya .Gt , 2. Harini .c ,
3. Ajantha .P , 4. Kalpana .A , 5. Monisha .B ,
6. Ishwariya .p , 7. Maheshwari .D
4. Products for sales:
1. Gulab jamun , 2. Rasa Gula , 3. Pol i , 4. Rava laddoo
5. Khees payasam , 6. Paruppu payasam , 7. murukku
8. ottai vadai
5. Amount Invested(Per each member):
One member : Rs : 200 /- total Amount (RS: 1400 /-)
6. Sales in Rupees:
Rs: 700 /- (we sales the items)
7. Profit (Expenses – Sales):
LOSS
8. Shared Profit per member:

M. S. Gnanaselvam
HOD SIGNATURE

SELF HELP GROUP LEADER

Kalpana - A

Dr.
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



11-11-22

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 MAHATMA GANDHI NATIONAL ENTERPRENEURSHIP MONTH-2022
 DIWALI SALES

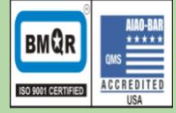
PHOTOS OF SALES

1. Stall No: 36
2. Stall Name: Bilinarios
3. Self Help Group Members: pooja, Brindha, hani, Khatija, Lesha, pavithra, Nirai
4. Products for sales: Diyas, greeting cards, Sweets Accessories, Mehandi, Mini bottles
5. Amount Invested(Per each member): 1000 RS
6. Sales in Rupees: 20RS
7. Profit (Expenses – Sales): 600RS
8. Shared Profit per member: 100RS

V. V. S.
 HOD SIGNATURE

SELF HELP GROUP LEADER

Dr. Freda Gnanasejvam, Ph.D.
 Principal
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DIWALI SALES

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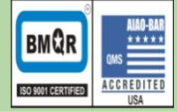
PHOTOS OF SALES

1. Stall No: 12
2. Stall Name: Jaisei stall
3. Self Help Group Members: Jayasri, Deva Dharshini
4. Products for sales: Rava Laddu, Adrasam, Muroveta, Rose milk
5. Amount Invested(Per each member): $350 + 350 = 700$
6. Sales in Rupees: 400
7. Profit (Expenses – Sales): loss (300)
8. Shared Profit per member: $200 + 200 = 400$

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SELF HELP GROUP LEADER



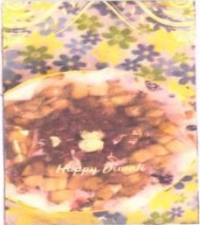
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Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509




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AFFILIATED TO THIRUVALLUVAR UNIVERSITY
MAHATMA GANDHI NATIONAL ENTERPRENEURSHIP MONTH-2022
DIWALI SALES


PHOTOS OF SALES



1. Stall No: 28
2. Stall Name: AS stall
3. Self Help Group Members: 1/ Abasna 2/ Sangavi
3/ Likath Afrin 4/ Salma banu
4. Products for sales: 1/ Gula Gula 2/ 90's chocolate
5. Amount Invested(Per each member): 1200 (Each person 300)
6. Sales in Rupees: 10/-
1202/-
7. Profit (Expenses – Sales): 400
8. Shared Profit per member: 100


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SELF HELP GROUP LEADER


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023

Maths India

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MAHATMA GANDHI NATIONAL ENTERPREURSHIP MONTH-2022
DIWALI SALES

PHOTOS OF SALES

- Stall No: 42
- Stall Name: Sweet and Crunchy Shop.
- Self Help Group Members:

| | | |
|---------------|--------------------|---------------------|
| 1. S. Reshma | 5. Sharmila - K | 9. A. Vijayalakshmi |
| 2. B. Yazhini | 6. Preethika - M.S | 10. P. papitha - |
| 3. S. Kavya | 7. Gayathri - S | (10 members) |
| 4. N. Sowmya | 8. Nanthini - A | |
- Products for sales:

| | | |
|-----------------|----------------|----------------------|
| 1. Murukku | 4. Cup cake | 7. Gulab Jamun |
| 2. Thattai/Vada | 5. Honey cake | 8. Rava laddu |
| 3. Gula Gula | 6. Bread Halwa | 9. paal kozhukkattai |
- Amount Invested(Per each member):
 Each 105 RS → Totally 1050 RS
- Sales in Rupees:
 1320 RS
- Profit (Expenses – Sales):
 270 RS
- Shared Profit per member:
 27 RS.

HOD SIGNATURE
 Head of the Department
 Department of Mathematics
 M.M.E.S. Women's Arts & Science College
 MELVISHARAM - 632 509.

SELF HELP GROUP LEADER
 Reshma .S.
 Dr. Freda Gnanasivam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509



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MAHATMA GANDHI NATIONAL ENTREPRENEURSHIP MONTH-2022
DIWALI SALES

PHOTOS OF SALES

Department of computer science
II - CS - 'A'



1. Stall No. 7
2. Stall Name: *Sweet stall.*
3. Self Help Group Members: 1. G. Mahalakshmi, 2. P. Asha, 3. A. Jeevitha
4. K. LakshmiPriya, 5. J. Dhivya.
4. Products for sales: 1. Carrot Halwa, 2. Lolly pop, 3. Sweet Puff
4. Eggless Cake.
5. Amount Invested(Per each member): $1. 200 \times 5 = 1000$
6. Sales in Rupees: *Rs- 20/- per products*
7. Profit (Expenses – Sales): 500
8. Shared Profit per member: $500 \div 5 = 100/-$

G. Mahalakshmi
HOD SIGNATURE

G. Mahalakshmi
SELF HELP GROUP LEADER

Dr. Freda Gnanaseelvam
Dr. Freda Gnanaseelvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022-2023



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HAKEEMNAGAR-MELVISHARAM-632509
WalajaTaluk, Arcot Block
Phone:04172 266167, 266463



[Email:mmeswc@yahoo.in](mailto:mmeswc@yahoo.in)
[website:www.mmeswc.edu.in](http://www.mmeswc.edu.in)
TRAINING PROGRAM ON WOMEN ENTREPRENEURSHIP

Date : 09-03-2023
Venue : AUDITORIUM
Beneficiaries : Students
No. of Participants : 152
Resource Person : Mrs. Jothi Lakshmi, Mrs.Rukmani – Members of Lions club **and joint venture with MODICARE(TUPPERWARE CONFIDENCE)**

On 09th March 2023, BBA department organized a “Training program on women entrepreneurship,Ist, IInd, and IIIrd year students of BBA actively participated in this program.



ENTREPRENEUR SKILL DEVELOPMENT PROGRAM



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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 Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2022- 2023



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 HAKEEM NAGAR - MELVISHARAM- 632 509
 Walaja Taluk, Arcot Block Phone:04172 266167, 266463
 mail:mmeswc@yahoo.in website:www.mmeswc.edu.in

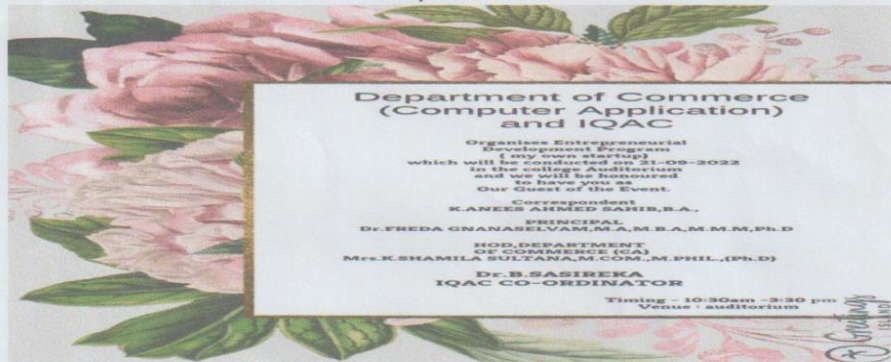


Date : 21/09/2022

Venue : Auditorium

Participants : I, II & III Year Students of Commerce(CA)

As Entrepreneurial Skill Development is the Best Practice followed by the Department of Commerce (CA) to identify the initiatives that best promote an entrepreneurial mindset among the students . The department along with IQAC organized Entrepreneurial Development Competition (My Own Startup) where the students launched their own products with their own creative brands and packaging. All the students actively participated in the competition with great enthusiasm and zeal. The vendors were the students of I,II & III Year students and the shoppers were the other department students. The judges evaluated the products on the criteria
 1.Quality & Originality of the Product 2.Creativity In branding & Packaging.
 3. Presentation & Brochure Designing. The participants prepared and submitted the statement of cost & profit.

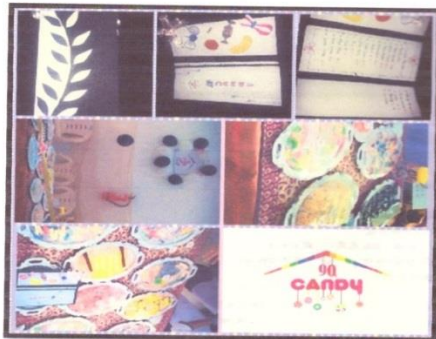


PRINCIPAL

Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509




Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



Correspondent and principal visited the stalls



Principal's Signature


Dr. Freda Ghanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2019- 2020




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Principal
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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2019- 2020

Proposal Letter for Trade Fair

03.09.2019

From

Dr. B.Sasireka,
Head and Asst. Prof. of Commerce
Mrs. K. Shamila Sulthana
Head & Asst.Prof. of Commerce(CA)
M.M.E.S Women's Arts and Science College
Melvisharam.

To

The Correspondent
M.M.E.S Women's Arts and Science College
Melvisharam.

Respected Sir,

Our Department has planned to organize Trade Fair on 09.09.2019.
We kindly request you to invest an amount of Rs.25,000. We assure you that
we will make a turn over with reasonable profit.

We are going to put up various stalls like Cosmetics, fancy accessories,
games and food court.

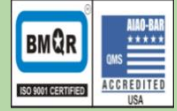
Thanking You

Yours faithfully


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2019- 2020

2019

M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
STATEMENT OF PROFIT

9/9/2019

| S.NO | STALL NAME | PURCHASE | SALES | PROFIT |
|------|-----------------------------|----------|-------|--------|
| 1 | SWEET STALL | 740 | 1040 | 300 |
| 2 | CHICKEN PAKODA | 3000 | 3660 | 660 |
| 3 | CHIMMILEY STALL | 830 | 1530 | 700 |
| 4 | SWEET & SPICY CORN STALL | 600 | 920 | 320 |
| 5 | CHICKEN PAKODA ST. | 1320 | 1740 | 420 |
| 6 | BHEL POORI | 850 | 1150 | 300 |
| 7 | EGG NOODLES | 800 | 1275 | 475 |
| 8 | CAULIFLOWER PAKODA | 800 | 900 | 100 |
| 9 | SWEET CORN STALL | 1050 | 1600 | 550 |
| 10 | CHICKEN ROLL | 1600 | 2475 | 875 |
| 11 | ROSE MILK | 1088 | 1632 | 544 |
| 12 | BADAM MILK | 1200 | 1710 | 510 |
| 13 | MASALA PORI | 300 | 400 | 100 |
| 14 | FULJAR SODA | 440 | 870 | 430 |
| 15 | CHICKEN FRANKIES | 850 | 1500 | 650 |
| 16 | JIGIRTHANDA | 800 | 1225 | 425 |
| 17 | LASSI CORNER | 500 | 915 | 415 |
| 18 | PAANI& MASALA PURI | 8400 | 9440 | 1040 |
| 19 | SODA HUB | 12000 | 15000 | 3000 |
| 20 | POP CORN | 2191 | 3130 | 939 |
| 21 | ICE CREAM | 2000 | 2850 | 850 |
| 22 | BRIYANI | 22650 | 28990 | 6340 |
| 23 | CONE ICE | 3600 | 6550 | 2950 |
| 24 | GAME | | 300 | 300 |
| 25 | CHICKEN PAKODA | 1120 | 1200 | 80 |


Dr. Freda Gnanaselvam, Ph.D.
Principal
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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2019- 2020

| | | | | |
|----|-----------------------|-------|--------|-------|
| 26 | CUTLET | 550 | 820 | 270 |
| 27 | MASALA FRIES | 400 | 660 | 260 |
| 28 | GOLGAPPA | 800 | 1030 | 230 |
| 29 | BAJJI | 1000 | 1700 | 700 |
| 30 | CAULIFLOWER PAKODA | 1230 | 1730 | 500 |
| 31 | FRENCH FRY | 800 | 1020 | 220 |
| 32 | CHICKEN 65 | 1460 | 1760 | 300 |
| 33 | BHEL POORI | 410 | 550 | 140 |
| 34 | OREO CHOCO CRUSH | 1114 | 1635 | 521 |
| 35 | CHICKEN PAKODA | 2400 | 3000 | 600 |
| 36 | CHICKEN KABAB | 1400 | 1600 | 200 |
| 37 | POORI MASALA | 900 | 1180 | 280 |
| 38 | CHANNA SUNDAL | 400 | 560 | 160 |
| 39 | GULAB JAMUN | 400 | 540 | 140 |
| 40 | GAME | 500 | 680 | 180 |
| 41 | FANCY | | 300 | 300 |
| 42 | PAPER CUPS/GLASS | 3950 | | -3950 |
| | | 86443 | 110767 | 24324 |

| | |
|----------------|--------|
| TOTAL SALES | 110767 |
| TOTAL EXPENSES | 86443 |
| PROFIT | 24324 |
| RENT | 9000 |
| TOTAL PROFIT | 33324 |


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EX. NO. :

B.COM [CA] Iyr.

BAJJI

1. Sandhya.R

2. Nandhini.V

3. Vinitha.A

4. Lavanya.U

5. Kaleeshwari.M

6. Sandhya.N

cauliflower Pakoda:

1. Jeevitha.N

2. Hemalatha.R

3. Hema malini.L

4. Sangeetha.A

5. Jaya. lakshmi.S

OREO CHOCO CRUSH:

1. Sindhu.M

2. Janani.S

3. Bhuvaneshwari.R

4. Seema Anjum.A

5. Vinitha Priyadarshini.S

6. Kalavani.V

Bhel Puri:

1. Kaviya.J

2. Devi.K

3. Dhanushya.A

4. Hemalatha.R

5. Divya.H

FRENCH FRIES:

1. Fathima.J

2. Yogalakshmi.K

3. Sangavi.S

4. Soniya.R

5. Tamilarasi.H

chicken 65:

1. Subasri.S

2. Priya dharshini.V

3. Rishika.N.R

4. Karimozhi.S

31



B Com [C.A] I year.

Paper w/p [game]

1. Sharli.M
2. Isha nandhini.p.v

Ball in the Bucket [game]

1. Jaffrin.B

Find the treasure [game]

1. Toufiya.A

Board in the head [game]

1. Nivetha.v

5



B.Com [CA] Iyr

Chicken Pakoda:

1. Neha
2. Tamanna
3. Imanu Fathima

Kat lat:

1. Kausar
2. Aisha Nikath
3. Shamsaad
4. Priya Laxmi

MASALA FRIES:

1. Indira
2. Sharumathi
3. Pooja.G
4. Ramya.R

Gol Gappa:

1. Ayisha Tabassum
2. Jamcheeda
3. Aishwariya
4. Yamuna

Ruti:

1. Ruveena, K
2. ASwini .B
3. madhina .A
4. Aarthi, V
5. Sana Sabreen. A

Gulab Jamun:

1. Swathi.M
2. Lokeshwari .M
3. Sandhi.v
4. Vijaya lakshmi.k
5. Yaga Priya.v

Channa masala:

1. Arshiya
2. Zaiba
3. Raheela



Soda Hub:

1. Keerthiga.S
2. Tamilarasi
3. Mahalakshmi.E
4. Priyanka.M.N
5. Narmadha
6. Sharmila

Popcorn:

1. Mubeena
2. Hajira
3. Pavithra

Ice Cream:

1. Megala
2. Pavithra
3. Poongodi

Biryani

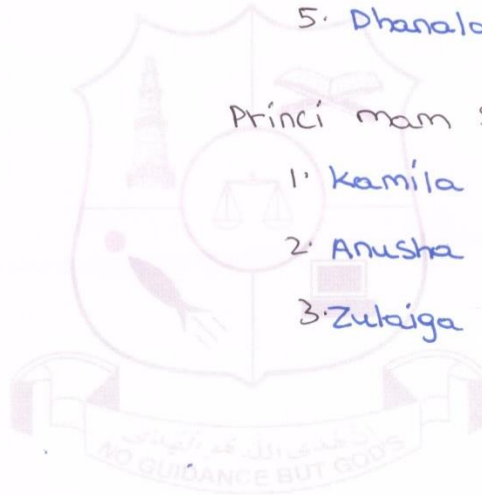
1. Sona
2. Keerthiga.B
3. Subiksha
4. Renuga

Cone Ice Cream:

1. Lithika
2. Priyadharshini
3. Sneha
4. Swathy
5. DhanaLakshmi

Principals Stall:

1. Kamila
2. Anusha
3. Zulaiga Bec



5

24



BlomCC ADITYA

1. Jagathi
2. Jaganthri .R
2. Lavanya .V
3. Vidhya .J
4. Deepika .K
5. Nivetha .N

Balls:

1. Shahin banu - M
2. Jeeva Priya .G
3. Divya Ezhalarasi .P
4. Kalai Porkodi kalaiporkodi .k
5. Parameshwari .E
6. Pavithra .V
7. Hashifa .M

chicken Pakoda:

1. Swapna Priya .R
2. Shabira .S
3. Poongodi .S
4. Swetha .R
5. Sharmila .T
6. Sandhiya .S
7. monisha .M
8. Deepa .k
9. Tamizh selvi . M
10. Nandhini . S

Wallets

1. M. Zuheria Naveen
2. M. Samir
3. P.M.Y. Zarika kalsam
4. K. Yasmin Banu

Earphones

1. Nousheen ^{Musarrath} ~~Musarrath~~ V.N
2. Almas Banu
3. Navema Banu



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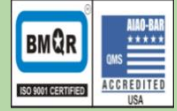


NAAC – SSR CYCLE -I
 7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
 Year : 2019- 2020

| Student stall | Rental stall | General stall |
|--|--------------------------------------|--------------------------|
| 1) Sweet stall - I | 1) Fancy - preetha | 1) Paani puri |
| 2) chicken pokoda stall - I | 2) Nursery Gardening yogalakshmi. | 2) Masala puxi |
| 3) Sweet stall - I | 3) Textile - subashini | 3) Soda Hub |
| 4) Chimley stall Soup stall - I | 4) Facewash - srithas | 4) POP corn |
| 5) Dupatta stall - I | 5) Snacks - D BBA kashwari | 5) SOUP |
| 6) Sweet corn stall - II | 6) Tupperware | 6) Ice cream |
| 7) spicy corn stall - II | 7) Saree - Soppana mam | 7) Briyani. |
| 8) chicken pokoda stall - II | 8) leather Bags - Zuberia Naveen | 8) cone ice. |
| 9) Soup stall - II | 9) Jute Bags } Renuka Devi. T | 9) pane panni |
| 10) Bhel poori - II | 10) Vestige | |
| 11) Egg Noodles - II | 11) Textile - Barun | |
| 12) cauliflower pokoda - II | 12) Bonda | |
| 13) Sweet corn - III | | |
| 14) chicken roll - III | | |
| 15) Rose Milk - III | | |
| 16) Badam Milk - III | | |
| 17) Masala pori - III | | |
| 18) Fuljar soda - III | | |
| 19) chicken frankie - III | | |
| 20) Jigirthanda - III | | |
| 21) Lassi corner - III | | |
| 22) Foot print (Game) - III | | |
| 23) En En kathusa (Game) - III | | |
| 24) Enatha soldra (Game) - III | | |

[Signature]
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Student Stall:

- ✓ 24) Chicken Pakoda I
- ✓ 25) Kattlat I
- ✓ 26) Masala fries I
- ✓ 27) Gulgappa I
- ✓ 28) Bajji II
- ✓ 29) Califlower pakkoda II
- ✓ 30) French fries I
- ✓ 31) Chicken b5 II
- ✓ 32) Bhel pari II
- ✓ 33) Onco Choco Crush II
- ✓ 34) Chicken pakoda III
- ✓ 35) Soya Sticks III
- ✓ 36) Chicken kabab III
- ✓ 37) Paper cup game I
- ✓ 38) Ball in the Bucket I
- ✓ 39) Find the treasure I
- ✓ 40) Keyboard in the Head I
- ✓ Pori masala + I
- ✓ Fruit salad. / Gher - I
- ✓ Gulab Jammun. - I

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3



1 Sweet stall - (225)
 Incharge - 1. pooja devi
 2. poomathi
 3. Madhumitha (10)
 4. Nivedha
 5. Snegha

2) chicken pokoda stall. (200) Rs. 25
 Incharge - 1. Saniyaa Mahim
 2. Durga
 3. Keerthana .M
 4. pushbalatha
 5. Rindhiya

3) Sweet stall
 Incharge - 1. Noor Jahan
 2. Monika
 3. Familaxasi
 4. Aiswariya .c

4) Soup stall . chimley (200) Rs. 10
 Incharge - 1. preethi
 2. Poovarasini
 3. Fairuse
 4. Sakthidevi

5) Dupatta stall.
 Incharge - 1. Buman Taj
 2. padma priya
 3. Keerthana .v
 4. Thejeshwari
 5. Fahreen Taj

1760
 3000 Ad. 1500
 1600 Ad. 500

200 100
 Jamun - 200
 Sweet stall - 170
 420 845

60x4 = 240
 60x4 = 240
 50x4 = 200
 680
 100x1.50 = 150
 83
 170x5 = 850
 5
 900

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1) Sweet corn stall. (150) Rs.10
 Incharge + kowsalya.
 2. Amrin shifa
 3. Ainul. Marlia
 4. Sufiya.
 5. Aishwarya

2) Spicy corn stall. (150) Rs.10
 Incharge - 1. Amreen
 2. Indira
 3. Punitha
 4. Pooja
 5. Lokeshwari

3) chicken pokoda. (100) Rs.20
 Incharge + Swetha. V
 2. Jeeralakshmi. S
 3. Jayavarthini. V
 4. Muthumizharasi. R
 5. priya dharshini. R

4) soup stall.
 Incharge - 1. keesthana priya
 2. sakina Ali
 3. Reena
 4. Nikath
 5. Sangeetha.

5) Bhel poori. (150) Rs.10
 Incharge - 1. Ejanie. P
 2. Pavithra. S
 3. Rashini. R
 4. Sreiga. A
 5. yuvarani. K.

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Noodles . (75) Rs. 15
 Incharge - 1. R. Nandhini
 2. Aashy. M
 3. Ezhilarasu. N
 4. Jayalakshmi. P
 5. Nithya shree .K

7. cauliflower pokoda .(100) Rs: 10
 Incharge - 1. Aabitha . S
 2. Maithili. E
 3. Uma mageswari. R
 4. Poonguil . P
 5. Yazhini. S

B.com - III yr.
 1. Sweet corn . (150) Rs. 10
 Incharge - 1. Soniya . B
 2. Kariyarasu . C
 3. Paritha . V
 4. Karitha . A
 5. Vinodhini . D.

2. chicken roll . (100) Rs. 25 / 15
 Incharge - 1. Marutha . A. V
 2. Nandhini . S
 3. Niretha . C
 4. Tamizhini . R
 5. Archana . V

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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2019- 2020

14 3. ROSE MILK. (150)
Incharge - 1. Jasmine - y
2. Fowziya Banu.k
3. Afsiya Begum.k
Rs. 12 / 8

15 A. Badam Milk: (150)
Incharge - 1. Dulga devi.s
2. Dhanalakshmi.E
3. Hemamalini.R.
Rs. 12 / 8

16 B. Masala pori. (100)
Incharge - 1. Jeevitha.A
2. Deepika.V
3. Sathya.R
4. Monisha.C
Rs. 10

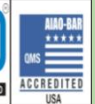
17 C. Fular Sada. (50)
Incharge - 1. Ranjani Monisha.P
2. Raksha.s
3. Sandhya.s
Rs. 15

18 D. chicken Frankie (100)
Incharge - 1. kowsalya.M
2. Vaishali.k
3. Aswini.C
4. V. Kowsalya.
Rs. 15

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NAAC
7.2 Best

- B.Com (CA) T.Yr.
- 21) 1) Chicken Pakoda (100)
 Encharge: 1. Neha
 1120
 500 Ad. 2. Tamanna
 3. Imanu Fathima
- 22) 2) Kachlot (100)
 Encharge: 1. Kausar
 560
 300 Ad. 2. Aisha Nikath
 3. Shamsud
 4. Priya Laxmi
- 23) 3) Masala fries (100)
 Encharge: 1. Indira
 600
 300 Ad. 2. Sharmathi
 3. Pooja G
 4. R. Ramya
- 24) 4) Brol Crappa (100)
 Encharge: 1. Aayisha Tabassum
 2. Jancheeda
 3. Aishwariya
 4. Yamuna

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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2019- 2020

Blom (CA) P & G.

25) Bajji (100)

Exchange : 1. Sandhya . R
2. Nandhini . V
3. Vinitha . A
4. Lavanya . G
5. Kaleshwari . M
6. Sandhya . N

500. Ad. Ps. 10

26) Califlower Parada (150)

Exchange : 1. Jeavitha . N
2. Hemalatha . R
3. Memamalini . A
4. Sangeetha . A
5. Jaya Lakshmi . S

1145 600. Ad. Ps. 15

27) French Frier (200)

Exchange : 1. Fathima . J
2. Yoga Lakshmi . K
3. Sangavi . S
4. Soniya . R
5. Tamilarasi . M

1250 600. Ad. Ps. 15

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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2019- 2020

Handwritten notes on a lined page, organized into numbered sections (28, 29, 30, 31) with red checkmarks. Each section lists an activity, its duration, and a list of participants.

28 ✓ 14:00 - 1:00 Ad. 4) Chicken 65 (100)
Incharge: 1. Subasri.S
2. Priyadharsini.V ps. 25
3. Rishika.N.R
4. Karimoghi.S

29 ✓ 5) Bhel puri (100) NP
Incharge: 1. Kaviya.J ps. 10
2. Devi.K
3. Dhanyakya.A
4. Hemalatha.R
5. Divya.H

30 ✓ 9:50 - 5:00 Ad. 6) Oreo Choco Crush (100) up 3/4
Incharge: 1. Sindhu.M ps. 15
2. Janani.S
3. Bhuvaneshwari.R
4. Seema Anjum.A
5. Vinitha Priyadharsini.S
6. Kalavani.V

31 ✓ B.Com (CA) III yr
1) Chicken kabab (65) ps. 20
Incharge: 1. Jayashree
2. Lavanya
3. Vidhya
4. Deepika
5. Nivetha

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32 → 2) Soya Balls (50)
Incharge : 1. Shahin Banu
2. Jeava Priya
3. Divya Echalarasi Rs. 10
4. Kalai Parthodi
5. Parameshwari
6. Pawithra

33 → 2) Chicken Parota (150)
Incharge : 1. Swapna Priya
2. Shabira
3. Peongedi Rs. 25
4. Suettha
5. Sharmila
6. Sandhya
7. M. Manisha

5. B.com (CAD) 1 year. (15)
Paper cup (game)
Incharge: Shanli M.
Isha Nandhini.p.v

6. Ball in the Bucket (game)
Incharge: Jaffrin.B

7. Find the treasure (game)
Incharge: Toufiqa.A

8. Board in the Head (game)
Incharge: V. Nivetha



Puri (100)

- 34 /
1. K. Ruveetra
 2. B. Aswini
 3. A. Madhina
 4. V. Aarthiy
 5. A-Sana Sabreen
- Rs. 20
1045
600. Ad.

Gulab Jammun (75)

- 35 /
1. M. Swathi
 2. M. Lokeshwari
 3. V. Sandhi
 4. K. Vijaya lakshmi
 5. V. Yoga Priya
- Rs. 10
540

Chunya Masala (50)
~~Fruit Salad / Gheer (30+30)~~

- 36 /
1. Arshiya
 2. Zaiba
 3. Rabeela
- Rs. 5

Potato crispy fries (100)

- R. Indira
 R. Sarumathi
 G. Pooja
 D. Raviya

Games - 5 yr
 (75)



| Masala Common Stall List (700) | |
|---|--|
| <p>1. Panni Pori - 1 (250) (Masala)</p> <p>1. Nivetha.S - B.com (4)</p> <p>2. Roogini</p> <p>3. Susmitha</p> <p>37 4. Preetige</p> <p>5. Astwini Lokeshwari.M</p> <p>6. Paritha.R</p> <p>7. Meena.S</p> | <p>Panni Pori - 2 (250)</p> <p>1. R. Priya - B.com (CA)</p> <p>2. C. Yogeshwari</p> <p>3. S. Hanipriya</p> <p>4. M. Dhana Lakshmi</p> <p>5. G. Yasmine</p> <p>6. A. Janani</p> |
| <p>2. Rasam Pori - 1 (250)</p> <p>1. Keerthige - 1 M.com</p> <p>2. Sowthamya</p> <p>3. Raiyanga</p> <p>39 4. Deepa</p> <p>5. Bhuvaneshwari</p> <p>6. Shilpa</p> <p>7. Thasleema</p> | <p>Rasam Pori - 2 (250)</p> <p>1. D. Preetha - B.com (4)</p> <p>2. Farha</p> <p>3. Ramya Ravi</p> <p>4. Archana</p> <p>5. Anitha</p> <p>4. Nandhini.T</p> <p>5. Ramya.M</p> <p>6. Anitha.V</p> |



3. Soda Hub : 11 M.com (1000)
1. Keerthiga . S
 2. Kamila
 3. Tamilarasi
 4. E. Mahalakshmi
 - 41 5. Anusha
M.N. Priyanka ps. 12
 6. Narmadha
 6. Sharmila
4. Popcorn (200)
1. Mubeena
 - 42 2. Hajira ps. 10
 3. Paritha
5. Ice-cream (150)
1. Megala
 2. Paritha
 - 43 3. Poongodi ps. 15
 4. ~~Zulaifa Bee~~
6. Biryani
1. Sona . D M.com .
 2. Keerthiga . S
 3. Keerthiga . B
 4. Radhika
 5. Yasmin ps. 12
 6. Subeksha
 7. M.N. Priyanka
 8. Renuka
 9. Hemabharathi .
7. Cone Ice Cream (500)
1. Lethika . K
 2. Priyadharshini . Y
 - 44 3. Sneha . K ps. 10
 4. Swathy . B
 5. Dhana Lakshmi . K ps. 12
8. Princi Manu Stall
1. Kamila
 2. Anusha
 3. Zulaifa Bee
- 2




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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2018- 2019



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 Walaja Taluk, Arcot Block Phone:04172 266167, 266463
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COMMERCE TRADE EXPO 2017

OUR MOTIVE

- > To enhance practical knowledge
- > To double the joy of students
- > To display talent of our buddies


**IT'S NOT ONLY A TRADE FAJR...
 IT IS ALSO A FUN FAJR...**

*Bring your wallet full...
 Enjoy the shopping event...*

**WE WELCOME EVERYONE FOR
 OUR EXPO ON 12 SEP 2017**

*Enjoy your chat with
 Our chat items*

| FOOD COURT | | FANCY ITEMS | |
|-------------------|----------------------|--------------------|-----------------|
| Soda-hub | French fries | Accessories | ORI flame |
| Pop -corn | Ice-cream | Tupperware | Fancy Items |
| Soup | Nursery (Plant) | Bags & wallets | FUN CLUB |
| Masala poori | Home made Chocolates | Sarees | Games |
| Panni poori | Chimili | Kuzhi paniyaram | Nail art |
| Burger | Sandwich | Ear ring | Mehandhi |
| Sweet corn | Candy | Home furnishes | Western wears |



PRINCIPAL
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NAAC SSR Cycle 1 Reports IPR_Research Methodology_Entrepreneurship



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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2018- 2019



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HAKEEM NAGAR - MELVISHARAM- 632 509



TRADE FAIR

Date: 10.09.2018

Venue: Auditorium.


Beneficiaries: UG & PG Students

No. of Participants:

Resource Person: Dr. K. Anees Ahmed,
Correspondent,
MMES Women's Arts and science College,
Melvisharam.

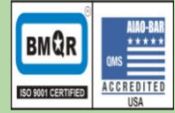
Students participated in trade fair, they learned about how to become an entrepreneur and how to sell goods to the customer. They gained knowledge on advertising, attracting customers to buy their products and business tactics. Students also learned how to earn profit from their goods.


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HEAD OF THE DEPARTMENT
Head of the Department
Department of Commerce
M.M.E.S. Women's Arts & Science College
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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2018- 2019



Display of students products for sale during Trade Fair

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
 7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
 Year : 2018- 2019

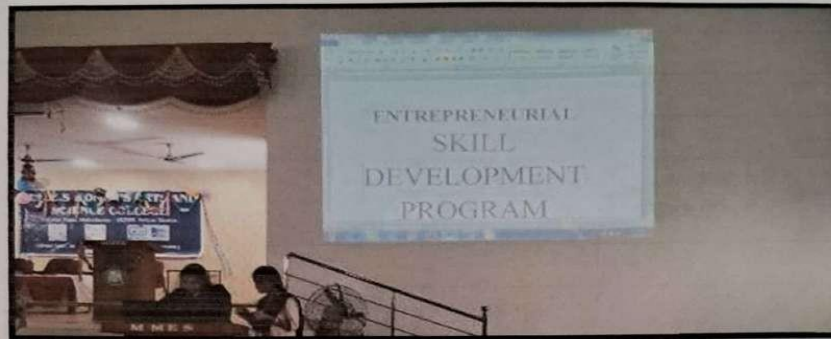


Principal

Dr. Freda Gnanaselvam
 Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509



Entrepreneurial Skill Development Program was conducted for the students of Commerce(CA),in the year 2018 **Product launch and Corporate Brochure Designing Competitions** are conducted to develop the Entrepreneurial and Marketing Skills of the Students



PRODUCT LAUNCH




Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2018- 2019

CANDLE MAKING WORKSHOP

A Workshop on Candle Making was organized by the department of BBA on 3 rd October 2018. Certificates were issued to the participants.



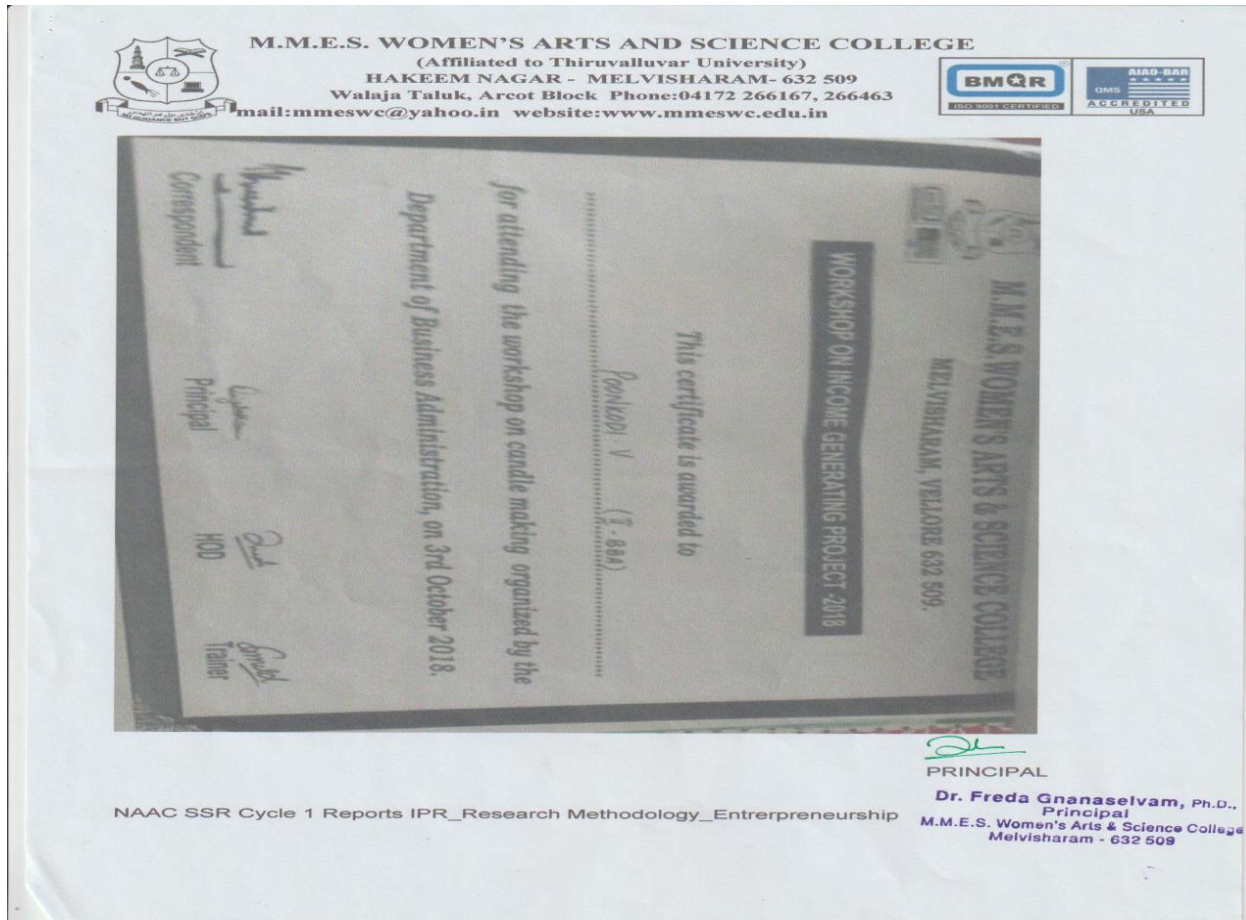


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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Entrepreneurial Skill Development
Year : 2017- 2018



Department of Commerce organized State Level Symposium on 7.2. 2018. Students from various Colleges took part and the Resource person Dr. Dr. N. FathimaThabassum, Assistant Professor and Research Supervisor, MazharulUloom Arts and Science College.



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NAAC – SSR CYCLE - I
7.2 Best Practice I

7.2.1 Evidence of success



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HAKEEM NAGAR - MELVISHARAM- 632 509



DEPARTMENT OF INTERIOR DESIGN AND DECOR

ENTREPRENEUR DETAILS

| S.NO | NAME OF STUDENT | REGISTER NO | BATCH | DESIGNATION |
|------|-------------------|-------------|-----------|-----------------|
| 1 | MONICA R | 34617U24016 | 2017-2020 | ONLINE BUSINESS |
| 2 | MAHALAKSHMI P | 34619U24017 | 2019-2022 | DRESS DESIGNER |
| 3 | JEEVITHA S | 34619U24015 | 2019-2022 | TAILOR |
| 4 | SHALINI P | 34619U24029 | 2019-2022 | ONLINE BUSINESS |
| 5 | NAZNEEN FARHATH N | 34619U24018 | 2019-2022 | ONLINE BUSINESS |
| 6 | HABIBEYA G | 34620U24004 | 2020-2023 | ONLINE BUSINESS |
| 7 | MASEERA IFFATH N | 34620U24009 | 2020-2023 | ONLINE BUSINESS |
| 8 | FATHIMA TAKREEM K | 34621U24011 | 2021-2024 | ONLINE BUSINESS |
| 9 | KUBRA T | 34622U24011 | 2022-2025 | ONLINE BUSINESS |
| 10 | FAUZIYA TAZEEN A | 34622U24006 | 2022-2025 | ONLINE BUSINESS |
| 11 | SHAMAYILA SADAF G | 34622U24021 | 2022-2025 | ONLINE BUSINESS |


Dr. Freda Gnanaseivam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Evidence of success



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DEPARTMENT OF COMMERCE
ENTREPRENEUR DETAILS

| S.NO | NAME OF STUDENT | REGISTER NO | BATCH | DESIGNATION |
|------|-----------------|-------------|-----------|----------------|
| 1 | Y.JASMINE | 34617U10017 | 2017-2020 | BEAUTY PARLOUR |
| 2 | S.H.HAFISUNNISA | 34619P09003 | 2019-2021 | ARTIST MAKEUP |


Dr. Freda Gnanasri Ivam, Ph.D.
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Evidence of success





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NAAC – SSR CYCLE -I
7.2 Best Practice I

7.2.1 Evidence of success




Dr. Freda Gnanaselvam, Ph.D.,
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NAAC – SSR CYCLE -I
 7.2 Best Practice I


7.2.1 Evidence of success

M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
 HAKEEM NAGAR, MELVISHARAM -632509
 (Affiliated to Thiruvalluvar University)
 Serkkadu, Vellore District – 632115
 E. mail: mmeswc@yahoo.in website :www.mmeswc.edu.in
 Phone 04172 266167, 266463

DEPARTMENT OF ENGLISH



Name: Aakifa Najam
Batch: 2020-2023 (UG)



Cakes and Bakes
 @cakesanddbakes
 9994500445
 By Aakifa Najam

Head of the Department of ENGLISH
M.M.E.S. Women's Arts & Science College
 Hakeem Nagar,
 Melvisharam-632509

Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632509



PERMISSION LETTER

From,

B. Anbarasi
Head Department of Nutrition, Food Service Management and dietetics
MMES women's Arts and Science College
Melvisharam.

To,

The Correspondent
Through Principal
MMES women's Arts and Science College
Melvisharam.

Sub: Regarding asking permission for Nutrition department Activities

Respected Sir/Madam,

I hereby bring to your kind notice that we the Department of Nutrition, Food Service Management and Dietetics plan for Nutrition Lab Inauguration and also conduct a workshop for our college students like 'Cooking' (Healthy Lunch Box), 'Grain Carpet' and 'Wealth from Waste' on September last week. Kindly grant us permission to invite participants from other departments (5 students from each department)

Thanking you,

Date: 10.09.18
Place: Melvisharam

Yours Faithfully,

B. Anbarasi
10/9/18

Dr. Freda Gnanaseivam
10/9/18

B. Anbarasi
10/9/18

Dr. Freda Gnanaseivam
Dr. Freda Gnanaseivam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



28/09/18
PERMISSION LETTER

28.09.2018
Melvisharam

From,

B. Anbarasi

Head, Department of Nutrition, Food Service Management and
Dietetics
MMES Women's Arts and Science College
Melvisharam.

To, The Correspondent
through The Principal
MMES Women's Arts and Science College
Melvisharam.

Sub : Regarding Permission for Auditorium

Respected Madam,

I hereby bring to your kind notice that We
the department of Nutrition, Food Service Management and
Dietetics conduct Competitions (Healthy Lunch Box, Grain
Carpet), Exhibition, and other Nutrition programmes, for
that We need auditorium on (08.10.2018) Monday,
So, kindly I request you to grant permission for that.

Thanking you,

[Signature]
28/9/18

Yours Faithfully
[Signature] 28/9/18
[B. ANBARASI]



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM
DEPARTMENT NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS
CORDIALLY INVITE

ALL THE HEAD OF THE DEPARTMENT AND FACULTY FOR OUR DEPARTMENT ACTIVITY
ON 08.10.2018

INAUGURATION CHIEF GUEST

ALI JANAB HAJI. K. ANEES AHMED SAHIB,
CORRESPONDENT

MRS. ELIZABETH RANI
PRINCIPAL IN-CHARGE

TIMING: 10:30AM

VENUE: IDD LAB PG BLOCK



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



DEPARTMENT OF NUTRITION, FSM & DIETETICS- DEPARTMENT ACTIVITY

DATE: 08.10.2018

ACTIVITY: "NUTRI EXHIBITION"

TIME:10.30- 3.00PM

NO.OF PARTICIPANTS: 48

VENUE: IDD LAB PG BLOCK

THEME: "HEALTHY LUNCH BOX" & "GRAIN CARPET"

CHIEF GUEST: ALIJANAB HAJI K. ANEES AHMED SAHIB.,
CORRESPONDENT,
M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE.

Students from our department participated in the Nutri Exhibition enthusiastically on the theme Healthy Lunch box and Grain carpet, thereby they emphasised on different healthy lunches that students could bring it to college. They also displayed various grain carpets using different cereals and pulses. Our correspondent encouraged our students and appreciated them for their good exhibits. Mrs. Y. Elizabeth Rani, Principal In charge, also motivated the students. Other department faculty and students visited our Exhibits and gained knowledge of different variety of dishes and its nutrient content.



CORRESPONDENT VISIT

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



STUDENT EXHIBITS CHARTS& MODELS



HEALTHY LUNCH BOX DISPLAYED

Dr. Freda Gnanaseivam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS

“HEALTHY LUNCH BOX” 2019

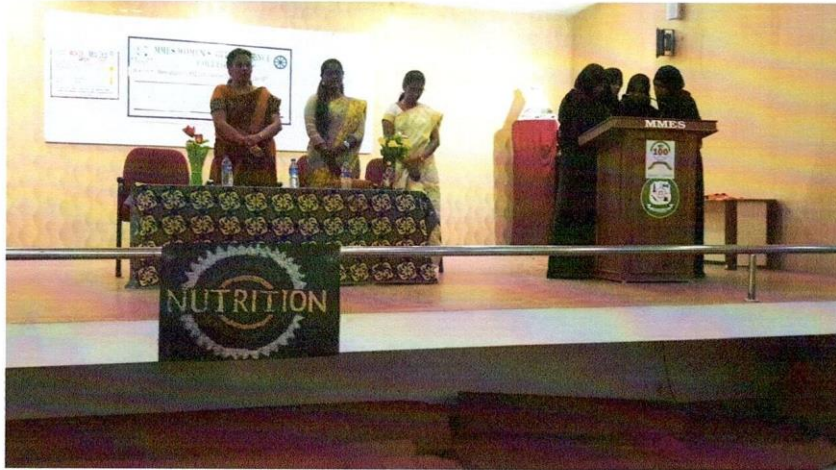
GRAIN CARPETS COMPETITION STUDENTS PARTICIPANTS NAMES LIST

| S.NO. | NAMES | DEPARTMENT |
|-------|----------------------|----------------------|
| 1. | MUTHULAKSHMI | IDD |
| 2. | SAMEERA | IDD III YEAR |
| 3. | SANIYA | IDD III YEAR |
| 4. | ASMATH NIHAR | IDD III YEAR |
| 5. | NAHIDA | IDD III YEAR |
| 6. | LUTHFIYA | IDD III YEAR |
| 7. | FOUKIYA | IDD III YEAR |
| 8. | JASMINE BANU Z | B.COM II YEAR |
| 9. | MARUFA K.Y | B.COM II YEAR |
| 10. | RANJINI MONISHA P | B.COM II YEAR |
| 11. | RAKSHA S | B.COM II YEAR |
| 12. | RIZWANA TABASSUM S | B.COM III YEAR |
| 13. | SAMEERA BANU J | B.COM III YEAR |
| 14. | AFIFA FATHIMA S | B.A. ARABIC III YEAR |
| 15. | KUBRA PARVEEN S | B.A. ARABIC III YEAR |
| 16. | SAIRA | BIOTECH II YEAR |
| 17. | SANGEETHA | BIOTECH II YEAR |
| 18. | RAZIYA SULTHANA I | B.A. ENGLISH II YEAR |
| 19. | JANNATHUL FIRDOUSE L | B.A. ENGLISH II YEAR |
| 20. | PARIMALA | B.A. ARABIC III YEAR |
| 21. | SAJIDA | BIOTECH II YEAR |



| | | |
|-----|---------------------|----------------------|
| 22. | MEHATAJ | BIOTECH II YEAR |
| 23. | HAFEEZA | MATHS III YEAR |
| 24. | RUKSHANA L | III C.S. B |
| 25. | TAHURA FATHIMA M | B.A. ARABIC III YEAR |
| 26. | NANDHINI K | B.B.A. III YEAR |
| 27. | DEVIPRIYA S | B.B.A. III YEAR |
| 28. | NAZIYA PARVEEN | IDD II YEAR |
| 29. | NANDHINI | IDD I YEAR |
| 30. | BARGAVI SRI | MATHS II YEAR |
| 31. | PARVEENA M | III C.S. B |
| 32. | SHABRIN | B.A. ENGLISH I YEAR |
| 33. | SUMAIRA SULTHANA M | B.A. ARABIC III YEAR |
| 34. | JANANI R | B.B.A. III YEAR |
| 35. | AYISHA SAHADUNA C U | IDD II YEAR |
| 36. | FATHIMA A | IDD II YEAR |
| 37. | SASIKALA | IDD I YEAR |
| 38. | NANDHINI | IDD I YEAR |
| 39. | SABEENA Y | MATHS II YEAR |
| 40. | AFREEN SULTHANA F | MATHS II YEAR |


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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STUDENTS RECITING NATH



DURING THE SESSION - STUDENTS ACTIVITY



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE

(Affiliated to Thiruvalluvar University)

HAKEEM NAGAR, MELVISHARAM- 632509



DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES


| DATE | LIST OF PROGRAM | TOPIC | CHIEF GUEST AND OTHER DETAILS |
|------------|---|--------------------------------------|---|
| 28.12.2018 | GUEST LECTURE (MORNING SESSION) | SPEECH ON INTEGRATED ORGANIC FARMING | Mrs. S. Deepalakshmi, Managing Director, SD Farms, Vellore |
| 28.12.2018 | 1. Quiz competition 2. Connection word | | Dr. FREDAGNANASELVAM, Principal M.M.E.S Women's Arts And Science College, Melvisharam. |

TIME: 11. 30 AM TO 12.30 PM (LECTURE)

2.00 PM TO 3.30 PM (COMPETITION)

VENUE: AUDITORIUM


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509


HEAD OF THE DEPARTMENT
Dr.V.R.Punithavathi, Ph.F
Head, Dept of Biotechnology
M.M.E.S Women's Arts & Science College
Melvisharam - 632509



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2. Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



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HAKEEM NAGAR, MELVISHARAM- 632509



“INTEGRATED ORGANIC FARMING”- REPORT

VENUE: Auditorium

DATE: 28.12.2018

TIMING: 11.30 am to 3.30 pm

The Department of Biotechnology organized a “Guest Lecture” on 28.12.2018 Entitled “Integrated Organic Farming” Mrs. S. Deepalakshmi, Managing Director, SD Farms; Vellore was the resource person for the Seminar. The Department of Biotechnology Organized “Quiz competition & Connection word” on 28.12.2018 Dr. Freda Gnanaselvam, Principal M.M.E.S Women's Arts and Science College, Melvisharam was the Judge. All Our UG and PG Students were actively participated in the Competition.

PRINCIPAL

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

HEAD OF THE DEPARTMENT

Dr. V.R. Punitnavathi, Ph.D.
Head, Dept of Biotechnology
M.M.E.S Women's Arts & Science College
Melvisharam - 632509



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE

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HAKEEM NAGAR, MELVISHARAM- 632509

2018-2019

CIRCULAR NO: 1

Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts &Science College is scheduled to be held on 06.07.2018 at Principal office (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------|-----------|
| 1 | Dr. Freda Gnanaselvam | Chairman | |
| 2 | Dr. V. R. Punithavathi | Co-ordinator | |
| 3 | Ms. A. Shabnam Shereen | Member | |
| 4 | Ms. P. Tharanya | Member | |
| 5 | Ms. A. Lavanya | Member | |

Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
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HAKEEM NAGAR, MELVISHARAM- 632509



Minutes of Meeting

Environmental club meeting was conducted on 06.07.2018 at the Principal office to discuss the following agenda in presence of the following members along with the student members

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|-------------|-------------------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | |
| 2 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | V.R. Punithavathi |
| 3 | Ms. A. Shabnam Shereen | Assistant Professor | Member | Shabnam Shereen |
| 4 | Ms. P. Tharanya | Assistant Professor | Member | P. Tharanya |
| 5 | Ms. A. Lavanya | Assistant Professor | Member | A. Lavanya |

The Following points were discussed.

- Plan to start environmental club in the month end of July
- The participation of students for various activities to be decided
- Voluntary participation of students to be trained.
- Preparation of schedule for various events
- Purchase of tools for Students
- Selection of President and Secretary for environmental club based on the nominee

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

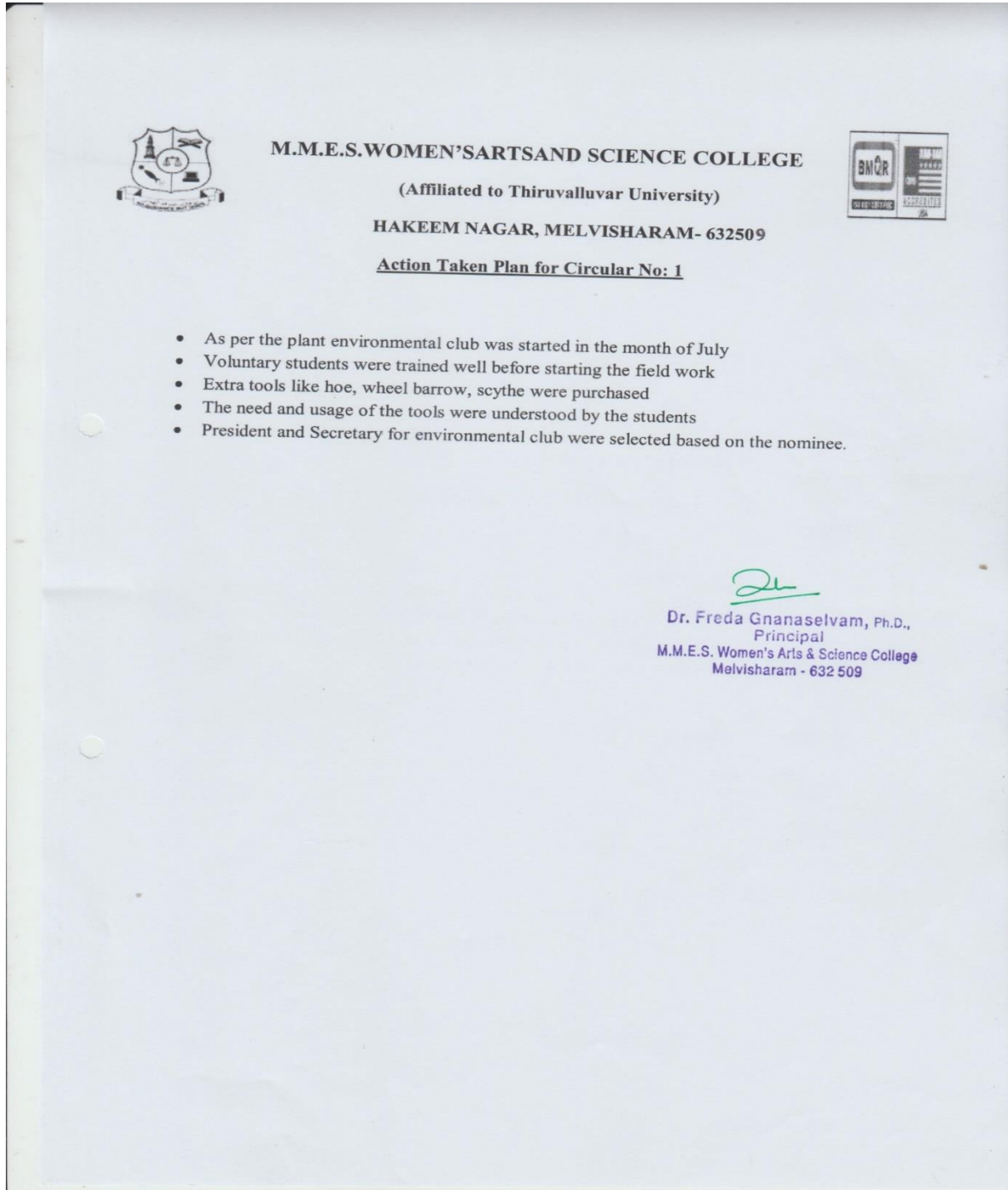


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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023





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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



CIRCULAR NO: 2

Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts &Science College is scheduled to be held on 11.09.2018 at M.M.E.S Biotechnology UG Lab (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------|---------------------|
| 1 | Dr. Freda Gnanaselvam | Chairman | |
| 2 | Dr. V. R. Punithavathi | Co-ordinator | V.R.P. Punithavathi |
| 3 | Ms. A. Shabnam Shereen | Member | Shabnam Shereen A |
| 4 | Ms. P. Tharanya | Member | Pithara |
| 5 | Ms. A. Lavanya | Member | Ash |
| 6 | K. Preethi | President | K. Preethi |
| 7 | B. Revathi | Secretary | Revathi B |

Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



Minutes of Meeting

Environmental club meeting was conducted on 11.09.2018 at the M.M.E.S Biotechnology UG Lab to discuss the following agenda in presence of the following members and students

MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|-------------|----------------------------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | <i>[Signature]</i> |
| 2 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | <i>V.R.P. Punithavathi</i> |
| 3 | Ms. A. Shabnam Shereen | Assistant Professor | Member | <i>Shabnam Shereen A</i> |
| 4 | Ms. P. Tharanya | Assistant Professor | Member | <i>P. Tharanya</i> |
| 5 | Ms. A. Lavanya | Assistant Professor | Member | <i>[Signature]</i> |

STUDENT MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | DEPARTMENT | STUDENT SIGNATURE |
|------|-----------------|-------------|-----------|---------------|-------------------------|
| 1 | Preethi.K | Student | President | Biotechnology | <i>K. Preethi</i> |
| 2 | Revathi.B | Student | Secretary | Biotechnology | <i>Revathi B</i> |
| 3 | Shakira.A | Student | Member | Biotechnology | <i>A. Shakira</i> |
| 4 | NadiyaBegum.J | Student | Member | Biotechnology | <i>Nadiya Begum J</i> |
| 5 | Aishwarya.S | Student | Member | Biotechnology | <i>Aishwarya S</i> |
| 6 | Arishma.S | Student | Member | Biotechnology | <i>Arishma S</i> |
| 7 | AsfiyaTaskeen.C | Student | Member | Biotechnology | <i>Asfiya Taskeen C</i> |
| 8 | AzimaHaram.Y | Student | Member | Biotechnology | <i>Azima Haram Y</i> |
| 9 | Bhagyalakshmi.A | Student | Member | Biotechnology | <i>Bhagyalakshmi A</i> |
| 10 | Dhivya.P | Student | Member | Biotechnology | <i>Dhivya P</i> |
| 11 | FakiyaAfrin.A | Student | Member | Biotechnology | <i>Fakiya Afrin A</i> |
| 12 | FathimaBi.N | Student | Member | Biotechnology | <i>Fathimabi N</i> |
| 13 | FirdoseBanu.A | Student | Member | Biotechnology | <i>Firdose Banu A</i> |
| 14 | Gayatri.D | Student | Member | Biotechnology | <i>Gayathri D</i> |
| 15 | HemaMalini.S | Student | Member | Biotechnology | <i>Hema Malini S</i> |
| 16 | Indhumathi.S.V | Student | Member | Biotechnology | <i>Indhumathi S.V</i> |
| 17 | Pooja.V | Student | Member | Biotechnology | <i>Pooja V</i> |
| 18 | Porkodi.S | Student | Member | Biotechnology | <i>Porkodi S</i> |



| | | | | | |
|----|----------------------|---------|--------|-------------------------|-----------------------|
| 19 | Rajeshwari.A | Student | Member | Biotechnology | Rajeshwari.A |
| 20 | Rajeshwari.B | Student | Member | Biotechnology | Rajeshwari.B |
| 21 | Rajeshwari.P.L | Student | Member | Biotechnology | P.L Rajeshwari |
| 22 | RathinaPriya.A | Student | Member | Biotechnology | Rathina Priya.A |
| 23 | Revathi.A | Student | Member | Biotechnology | Revathi.A |
| 24 | SadiyaBanu.M | Student | Member | Biotechnology | Sadiya Banu.M |
| 25 | AffrinSulthana.J | Student | Member | Business Administration | Affrin Sulthana.J |
| 26 | Amreen.C | Student | Member | Business Administration | Amreen C |
| 27 | Bhavani.G | Student | Member | Business Administration | Bhavani.G |
| 28 | Devi Priya.S | Student | Member | Business Administration | Devi Priya.S |
| 29 | Divya.M | Student | Member | Business Administration | Divya.M |
| 30 | Lavanya.P | Student | Member | Computer Science | Lavanya.P |
| 31 | MahiraTabassum.A | Student | Member | Computer Science | Mahira Tabassum.A |
| 32 | Masthana.H | Student | Member | Computer Science | Masthana.H |
| 33 | MisbahMariyam.H | Student | Member | Computer Science | Misbah Mariyam.H |
| 34 | Mubeena.H | Student | Member | Computer Science | Mubeena.H |
| 35 | Heera.B | Student | Member | Computer Application | Heera.B |
| 36 | Jasmine.S | Student | Member | Computer Application | Jasmine.S |
| 37 | Gousia.A | Student | Member | Computer Application | Gousia.A |
| 38 | Jayashree.R | Student | Member | Computer Application | Jayashree.R |
| 39 | Keerthana.P | Student | Member | Computer Application | Keerthana.P |
| 40 | HajeeraSamreen.R | Student | Member | English | Hajeera.SR |
| 41 | HajiraThasneem.P.M.Y | Student | Member | English | Hajira Thasneem P.M.Y |
| 42 | Jayalakshmi.K | Student | Member | English | Jayalakshmi.K |
| 43 | Kamali.J | Student | Member | English | Kamali.J |
| 44 | KulsumUnisa.S | Student | Member | English | Kulsum Unisa.S |
| 45 | Lavanya.S | Student | Member | English | Lavanya.S |
| 46 | Gayathri. S | Student | Member | Mathematics | Gayathri.S |
| 47 | Geethalakshmi. V | Student | Member | Mathematics | Geethalakshmi.V |
| 48 | Gomathi. R | Student | Member | Mathematics | Gomathi.R |
| 49 | Indhumathi. M | Student | Member | Mathematics | Indhumathi.M |
| 50 | Indhumathi. R | Student | Member | Mathematics | Indhumathi.R |

The Following points were discussed.

- The students of various department has to be divided into groups
- The place has to be allotted
- Students were instructed to clean the allocated place
- Different kind of seeds and plants were seeded in the allocated place
- The field trip was discussed
- Plan to conduct lecture in the month of December 2018


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'S ARTS AND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



Action Taken Plan for Circular No: 2

- The students of various department were divided into groups
- The place was allotted
- Students has cleaned the allocated places
- Seeds were sowed in the allocated places and some plant saplings were also planted by the students
- Guest lecture was conducted on 28.12.2018 entitled with a topic Integrated Organic Farming by Mrs. S. Deepalakshmi, Managing Director, SD Farms, Vellore

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509





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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

 **M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE**
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509




CIRCULAR NO: 3


Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts &Science College is scheduled to be held on 18.02.2019 at M.M.E.S Biotechnology UG Lab (1.30 pm). All the members of the club are requested to attend meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------|---|
| 1 | Dr. Freda Gnanaselvam | Chairman |  |
| 2 | Dr. V. R. Punithavathi | Co-ordinator | V.R.Punithavathi |
| 3 | Ms. A. Shabnam Shereen | Member | Shabnam Shereen A |
| 4 | Ms. P. Tharanya | Member | P.Tharanya |
| 5 | Ms. A. Lavanya | Member | A.Lavanya |
| 6 | K. Preethi | President | K.Preethi |
| 7 | B. Revathi | Secretary | Revathi.B |


Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



Minutes of Meeting

Environmental club meeting was conducted on 18.02.2019 at the M.M.E.S Biotechnology UG Lab to discuss the following agenda in presence of the following members and students

MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|-------------|----------------------------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | <i>[Signature]</i> |
| 2 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | <i>V.R.P. Punithavathi</i> |
| 3 | Ms. A. Shabnam Shereen | Assistant Professor | Member | <i>Shabnam Shereen A</i> |
| 4 | Ms. P. Tharanya | Assistant Professor | Member | <i>P. Tharanya</i> |
| 5 | Ms. A. Lavanya | Assistant Professor | Member | <i>A. Lavanya</i> |

STUDENT MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | DEPARTMENT | STUDENT SIGNATURE |
|------|------------------|-------------|-----------|---------------|-------------------------|
| 1 | Preethi.K | Student | President | Biotechnology | <i>K-Preethi</i> |
| 2 | Revathi.B | Student | Secretary | Biotechnology | <i>Revathi.B</i> |
| 3 | Shakira.A | Student | Member | Biotechnology | <i>A. Shakira</i> |
| 4 | NadiyaBegum.J | Student | Member | Biotechnology | <i>Nadiya Begum J</i> |
| 5 | Aishwarya.S | Student | Member | Biotechnology | <i>Aishwarya.S</i> |
| 6 | Arishma.S | Student | Member | Biotechnology | <i>Arishma.S</i> |
| 7 | Asfiya Taskeen.C | Student | Member | Biotechnology | <i>Asfiya Taskeen C</i> |
| 8 | AzimaHaram.Y | Student | Member | Biotechnology | <i>AzimaHaram.Y</i> |
| 9 | Bhagyalakshmi.A | Student | Member | Biotechnology | <i>Bhagyalakshmi.A</i> |
| 10 | Dhivya.P | Student | Member | Biotechnology | <i>Dhivya.P</i> |
| 11 | FakiyaAfrin.A | Student | Member | Biotechnology | <i>Fakiya Afrin A</i> |
| 12 | FathimaBi.N | Student | Member | Biotechnology | <i>Fathimabi.N</i> |
| 13 | FirdoseBanu.A | Student | Member | Biotechnology | <i>Firdose Banu A</i> |
| 14 | Gayatri.D | Student | Member | Biotechnology | <i>Gayatri.D</i> |
| 15 | HemaMalini.S | Student | Member | Biotechnology | <i>Hema Malini.S</i> |
| 16 | Indhumathi.S.V | Student | Member | Biotechnology | <i>Indhumathi.S.V</i> |
| 17 | Pooja.V | Student | Member | Biotechnology | <i>Pooja.V</i> |
| 18 | Porkodi.S | Student | Member | Biotechnology | <i>Porkodi.S</i> |



| | | | | | |
|----|----------------------|---------|--------|-------------------------|-----------------------|
| 19 | Rajeshwari.A | Student | Member | Biotechnology | Ros A |
| 20 | Rajeshwari.B | Student | Member | Biotechnology | Rajeshwari |
| 21 | Rajeshwari.P.L | Student | Member | Biotechnology | P.L. Rajeshwari |
| 22 | RathinaPriya.A | Student | Member | Biotechnology | Rathina Priya A |
| 23 | Revathi.A | Student | Member | Biotechnology | Revathi. A |
| 24 | SadiyaBanu.M | Student | Member | Biotechnology | Sadiya Banu .M |
| 25 | AffrinSulthana.J | Student | Member | Business Administration | Affrin |
| 26 | Amreen.C | Student | Member | Business Administration | Amreen.C |
| 27 | Bhavani.G | Student | Member | Business Administration | Bhavani.G |
| 28 | Devi Priya.S | Student | Member | Business Administration | Devi Priya.S |
| 29 | Divya.M | Student | Member | Business Administration | Divya.M |
| 30 | Lavanya.P | Student | Member | Computer Science | Lavanya.P |
| 31 | MahiraTabassum.A | Student | Member | Computer Science | Mahira Tabassum .A |
| 32 | Masthana.H | Student | Member | Computer Science | Masthana.H |
| 33 | MisbahMariyam.H | Student | Member | Computer Science | Misbah Mariyam.H |
| 34 | Mubeena.H | Student | Member | Computer Science | Mubeena.H |
| 35 | Heera.B | Student | Member | Computer Application | Heera.B |
| 36 | Jasmine.S | Student | Member | Computer Application | Jasmine.S |
| 37 | Gousia.A | Student | Member | Computer Application | Gousia.A |
| 38 | Jayashree.R | Student | Member | Computer Application | Jayashree.R |
| 39 | Keerthana.P | Student | Member | Computer Application | Keerthana.P |
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| 47 | Geethalakshmi. V | Student | Member | Mathematics | Geethalakshmi.V |
| 48 | Gomathi. R | Student | Member | Mathematics | Gomathi.R |
| 49 | Indhumathi. M | Student | Member | Mathematics | Indhumathi.M |
| 50 | Indhumathi. R | Student | Member | Mathematics | Indhumathi.R |

The Following points were discussed.

- The seeded plants were grown well and vegetables were ready to harvest
- The students were instructed to harvest the vegetables in proper manner

Dr. Freda Gnanaselvam

Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE



(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509




DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC | CHIEF GUEST AND OTHER DETAILS |
|------------|--------------------|---|--|
| 07.02.2020 | Science Exhibition | 1. Harmful Effects of Plastics on Ecosystem & 2. Importance of Environment Microbial World Around You 3. Medical Diagnostic Techniques And Health Management Mobile Apps | JUDGES: Dr. Sasirekha HOD, B.Com(G) Mrs. Kathy HOD, N&D Miss. Jyothimani HOD, Math's M.M.E.S Women's Arts & Science College |

TIME: 10.00 AM TO 3.30 PM

VENUE: AUDITORIUM


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509


HEAD OF THE DEPARTMENT
Dr.V.R.Punithavathi, Ph.D
Head, Dept of Biotechnology
M.M.E.S Women's Arts & Science College
Melvisharam - 632509

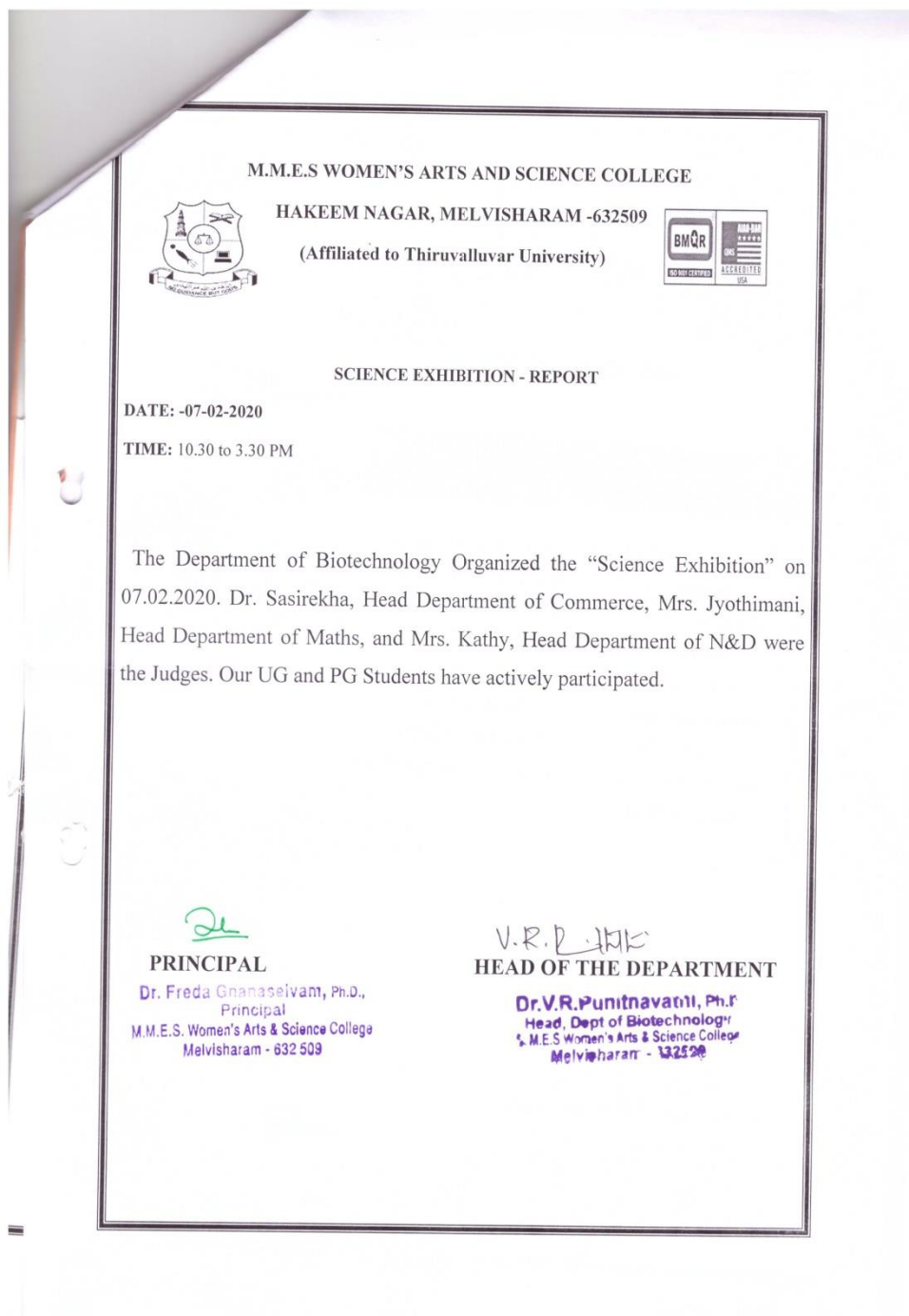


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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023





M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)



HAKEEM NAGAR, MELVISHARAM- 632509

DEPARTMENT OF NUTRITION, FSM& DIETETICS

DEPARTMENT ACTIVITY

DATE: 27.02.2020

TIME: 11.00 AM to 3.00 PM

VENUE: PG SEMINAR HALL & FOOD SCIENCE LAB

THEME: "NUTRI - FEST"

NO OF PARTICIPANTS: 97

JUDGES OF THE EVENT:

1. DR. SASIREKHA.,
HEAD&ASSISTANT PROFESSOR,
DEPARTMENT OF B.COM (G)
2. DR. PUNITHAVATHI.,
HEAD&ASSISTANT PROFESSOR,
DEPARTMENT OF BIOTECHNOLOGY

Department activity conducted on the theme "Nutri- Fest". We had organized Cookery and Powerpoint Presentations as competitions. Many students participated and won prizes.

The College Principal Dr. Freda Gnanaselvam and our Beloved Correspondent Sir joined the programme and motivated the students. Heads and faculties of the various departments also attended our Department activity. Invited judges for the competitions where students were judged for their performances and gave feedback of their preparations.



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM
DEPARTMENT NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS

CORDIALLY INVITE

ALL THE HEAD OF THE DEPARTMENT AND FACULTY FOR OUR DEPARTMENT ACTIVITY

ON 27.02.2020

Nutri-Fest

2020

INAUGURATION CHIEF GUEST

ALI JANAB HAJI. K. ANEES AHMED SAHIB,

CORRESPONDENT

DR. FREDA GNANASELVAM,

PRINCIPAL

TIMING: 10:30AM

VENUE: PG SEMINAR HALL



RECIPIES FOR COMPETITION DISPLAYED




Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



**DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT AND
DIETETICS**

POWERPOINT PRESENTATION

RULES AND REGULATIONS.

TOPICS:

1. Micro and Macro nutrients.
2. Different Disease Conditions.

TIMING: 5 Minutes per each participant.

RULES:

- Use a Maximum of 15 Slides
- Make Your Titles Headlines, Not Descriptions
- Choose readable colors and fonts
- Don't overload your presentation with animations

EVALUATION:

Evaluation is based on the following criteria:

- Content
- Clarity
- Slides presentation
- Communication skill
- Overall presentation



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

STUDENT PARTICIPANT NAMES LIST

| S.NO. | ROLL NO. | STUDENT NAME | 1 | MI91828 | AKSHAYA. M |
|--------------------|----------|----------------------------|-------------------|---------|---------------------|
| 1 | M181842 | AALIYAH LAEEK AHMED BARGIR | 2 | MI91823 | AMEENA THABASUM.S |
| 2 | M181802 | AARIFA BATHOOL. J | 3 | MI91814 | AMREEN BANU.T |
| 3 | M181810 | ABITHA. K | 4 | MI91830 | AMREEN. A |
| 4 | M181804 | AFRINFARHANA. K | 5 | MI91834 | ARIVARASI. K |
| 5 | M181833 | AFRIN TAJ. H | 6 | MI91836 | AYISHA BANU |
| 6 | M181808 | ANGELIN PETHISHA. DJ | 7 | MI91802 | DHAMINI PRIYA.R |
| 7 | M181836 | ARSHEYA ANJUM. R | 8 | M191848 | DHINAR SHAMSHATH. A |
| 8 | M181839 | ASHWINI. P | 9 | MI91820 | FARHANA.H |
| 9 | M181816 | ASIFA BEGUM | 10 | MI91807 | FARZANA.A |
| 10 | M181811 | ASIYA FATHIMA. M | 11 | MI91831 | FATHIMA NIHALA. Y |
| 11 | M181828 | BADRUNISA.T | 12 | MI91833 | FATHIMA TABASSUM. S |
| 12 | M181845 | DECIKA. K | 13 | MI91826 | FYROSE.M |
| 13 | M181817 | DEEPALAKSHMI. M | 14 | MI91815 | HUSNA TAJ.T.H |
| 14 | M181837 | DIVYA DHARASHINI. T | 15 | MI91835 | INDHU. N |
| 15 | M181824 | FAIZA SUMAN. T | 16 | MI91841 | ISRATH BEGUM. S |
| 16 | M181840 | FARHEEN. G | 17 | MI91822 | JEEVITHA.K |
| 17 | M181849 | FATHIMA FIRTHOSH | 18 | MI91811 | JUVAIRIYA |
| 18 | M181827 | FATHIMA ZOHRA. A | 19 | MI91839 | KAMALI. D |
| 19 | M181834 | GOMATHI. V | 20 | M191845 | KAVIYA. E |
| 20 | M181829 | HABEEBA. A | 21 | MI91827 | MADHINA.F |
| 21 | M181843 | HEENA. N | 22 | MI91838 | MARIYAM. A |
| 22 | M181809 | KALAIYARASI. P | 23 | M191844 | MEENAKCHI. R |
| 23 | M181825 | KARTHIKA. P | 24 | MI91803 | NANDHINI.T |
| 24 | M181820 | KEERTHANA. T | 25 | MI91819 | NAZIFA SAMEEN.M |
| 25 | M181844 | MUBIN.A | 26 | MI91818 | NIHA AFFRIN.A |
| 26 | M181823 | MUSAVIRA UROOJ. N | 27 | MI91804 | NIVETHA.R |
| 27 | M181835 | PAVINAYA.R | 28 | MI91817 | NOORUL AEIN |
| 28 | M181815 | RABIYA BASRI. C | 29 | MI91840 | PAVITHRA. B |
| 29 | M181805 | RAFIYA NAZNEEN. I | 30 | MI91806 | PAVITHRA.S |
| 30 | M181814 | RAHEELA. M | 31 | M191850 | PREETHI. V |
| 31 | M181803 | RENU PRIYA. A | 32 | MI91824 | RESHMA.R |
| 32 | M181801 | RIZWANA. M | 33 | M191847 | SABA FATHIMA. M |
| 33 | M181807 | RUKSANA BEGUM | 34 | M191844 | SABANA ASMIN. S |
| 34 | M181806 | SAIRASUMAN. G | 35 | MI91825 | SAMREEN ANJUM.M.R |
| 35 | M181831 | SAVITHA. P | 36 | MI91808 | SHABREEN FATHIMA.M |
| 36 | M181813 | SHAFEEQUA SAMREEN. A | 37 | MI91821 | SHAFIKA SHEERIN.S |
| 37 | M181812 | SHAMMU. B | 38 | MI91810 | SHAZIYA PARVEEN.A |
| 38 | M181818 | SHEERIN MUMTAJ. A | 39 | MI91832 | SNEKA. K |
| 39 | M181850 | SINDU.I | 40 | MI91829 | SUBASHINI. M |
| 40 | M181838 | SOWMIYA. V | 41 | MI91805 | SUJITHA.G |
| 41 | M181848 | SUJITHA.V | 42 | MI91842 | SULTANA. A |
| 42 | M181847 | SULTHANA BEGUM. S | 43 | MI91843 | SWETHA. A |
| 43 | M181819 | SUMAIYA. S | 44 | MI91813 | TASNEEM BEGUM.L |
| 44 | M181826 | SWATHI. D | 45 | M191846 | THANSIRA BANU |
| 45 | M181832 | SWATHI. S | 46 | MI91809 | UMIBA FATHIMA.V.I |
| 46 | M181821 | THABASUM. S | 47 | MI91837 | USMA NAHID. A |
| 47 | M181822 | UMMAHABEEBA | 48 | MI91816 | UZMA NOUSHEEN.B.A |
| 48 | M181846 | YUVARANI.S | 49 | MI91812 | VISALI.S.S |
| | | | 50 | MI91801 | WAJEEHA |
| TOTAL II NFSMD- 48 | | | TOTAL I NFSMD- 50 | | |

*Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509*



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
 Affiliated to Thiruvalluvar University
 Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
 7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
 Year: 2018- 2023



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
 (Affiliated to Thiruvalluvar University)
 HAKEEM NAGAR, MELVISHARAM- 632509



DEPARTMENT OF NUTRITION, FSM& DIETETICS

DEPARTMENT ACTIVITY 2019-2020
 INVITATION



Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509



The Nutrition Week for the year 2019. Our dept. organized Awareness Program about Healthy Foods by Department of Nutrition, Food Service Management & Dietetics.

Mrs.M. Kathy, Head & Assistant Professor, & **Ms. V. Srikavitha**, Assistant Professor.

The students participated in street play & traditional villupaatu enthusiastically. All Department students, staffs participated in this program. The students enacted on the topic nutrition vs corporate company and villupattu on the topic Nutritious foods vs Un healthy foods. Our correspondent sir **Haji K.Anees Ahmed Sahib** encouraged our students and appreciated them for their awareness program. **Dr. Freda Gnanaselvam**, Principal, also motivated the students. Other department faculty and students participated in this awareness program and gained knowledge.



STREET PLAY

**Dr. Freda Gnanaselvam, Ph.D.,
Principal**

M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

 **M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE**
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509
2019-2020



CIRCULAR NO: 1

Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts &Science College is scheduled to be held on 13.09.2019 at Principal office (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------|--|
| 1 | Dr. Freda Gnanaselvam | Chairman |  |
| 2 | Dr. V. R. Punithavathi | Co-ordinator | V.R.P.  |
| 3 | Ms.P. Tharanya | Member | P.Thanya  |
| 4 | Ms. A. Lavanya | Member |  |


Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



Minutes of Meeting

Environmental club meeting was conducted on 13.09.2019 at the Principal office to discuss the following agenda in presence of the following members

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|-------------|-----------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | |
| 2 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | V.R.P. |
| 3 | Ms. P. Tharanya | Assistant Professor | Member | P.Thara |
| 3 | Ms. A. Lavanya | Assistant Professor | Member | |

The Following points were discussed.

- Plan to start environmental club in the month of September 2019
- The participation of students for various activities to be decided
- Voluntary participation of students to be trained.
- Purchase of extra tools for Students
- Need and usage methods of tools to be instructed
- Selection of President and Secretary for environmental club, based on the nominee.

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
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HAKEEM NAGAR, MELVISHARAM- 632509



Action Taken Plan for Circular No: 1

- As per the plant environmental club was started in the month of September
- Voluntary students were trained well before starting the field work
- Extra tools like Spades, Buckets, Sickles were purchased
- The need and usage of the tools were understood by the students
- President and Secretary for environmental club were selected based on the nominee.


Dr. Freda Gnanaselvam, Ph.D.,
Principal
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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
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CIRCULAR NO: 2

Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts & Science College is scheduled to be held on 05.12.2019 at M.M.E.S Biotechnology UG Lab (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------|-----------|
| 1 | Dr. Freda Gnanaselvam | Chairman | |
| 2 | Dr. V. R. Punithavathi | Co-ordinator | |
| 3 | Ms. P. Tharanya | Member | |
| 4 | Ms. A.Lavanya | Member | |
| 5 | M. Shajitha Farhana | President | |
| 6 | A. MuddassiraFathima | Secretary | |

Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



Minutes of Meeting

Environmental club meeting was conducted on 05.12.2019 at the M.M.E.S Biotechnology UG Lab to discuss the following agenda in presence of the following members and students

MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|-------------|-------------------------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | <i>[Signature]</i> |
| 2 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | <i>V.R.Punithavathi</i> |
| 3 | Ms. P. Tharanya | Assistant Professor | Member | <i>P.Thara</i> |
| 4 | Ms. A. Lavanya | Assistant Professor | Member | <i>A.Lavanya</i> |

STUDENT MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | DEPARTMENT | STUDENT SIGNATURE |
|------|---------------------|-------------|-----------|---------------|-------------------------|
| 1 | ShajithaFarhana.M | Student | President | Biotechnology | <i>Shajitha Farhana</i> |
| 2 | MuddassiraFathima.A | Student | Secretary | Biotechnology | <i>Muddassira F.A</i> |
| 3 | Aaliya.A | Student | Member | Biotechnology | <i>Aaliya</i> |
| 4 | Abarna.K | Student | Member | Biotechnology | <i>Abarna</i> |
| 5 | Abinaya.K | Student | Member | Biotechnology | <i>Abinaya</i> |
| 6 | Fathima.H | Student | Member | Biotechnology | <i>Fathima</i> |
| 7 | Hemavathi.R | Student | Member | Biotechnology | <i>Hemavathi.R</i> |
| 8 | Indumathi.G | Student | Member | Biotechnology | <i>Indumathiga</i> |
| 9 | Iswarya.C | Student | Member | Biotechnology | <i>Ishwarya</i> |
| 10 | Jayadurga.V | Student | Member | Biotechnology | <i>Jayadurga.V</i> |
| 11 | Jayashree.A | Student | Member | Biotechnology | <i>Jayashree.A</i> |
| 12 | Madhumathi.T | Student | Member | Biotechnology | <i>Madhumathi.T</i> |
| 13 | RameezaSulthana.A | Student | Member | Biotechnology | <i>Rameeza Sulthana</i> |
| 14 | Salma.J.S | Student | Member | Biotechnology | <i>Salma.J.S.</i> |
| 15 | Sangeetha.R | Student | Member | Biotechnology | <i>Sangeetha</i> |
| 16 | Poongodi.S | Student | Member | Commerce (CA) | <i>Poongodi.S</i> |
| 17 | Monisha.M | Student | Member | Commerce (CA) | <i>Monisha.M</i> |
| 18 | SwapnaPriya.R | Student | Member | Commerce (CA) | <i>Swapna Priya</i> |



| | | | | | |
|----|--------------------|---------|--------|-------------------------|--------------------|
| 19 | Deepa.K | Student | Member | Commerce (CA) | |
| 20 | Tamizhselvi.M | Student | Member | Commerce (CA) | Deepa.k |
| 21 | Aishwaraya.N | Student | Member | English | Tamizhselvi.M |
| 22 | Rajeshwari.M | Student | Member | English | Aishwaraya.N |
| 23 | ThasleemBanu.H | Student | Member | English | Rajeshwari.M |
| 24 | Vijayalakshmi.K | Student | Member | English | ThasleemBanu.H |
| 25 | Afrin Sulthana.F | Student | Member | Mathematics | Vijayalakshmi.K |
| 26 | Dhanalakshmi.S | Student | Member | Mathematics | Afrin Sulthana.F |
| 27 | FathimaThabassum.S | Student | Member | Mathematics | Dhanalakshmi.S |
| 28 | Gayathri.R | Student | Member | Mathematics | FathimaThabassum.S |
| 29 | Sandhiya.M | Student | Member | Mathematics | Gayathri.R |
| 30 | Vanitha.G | Student | Member | Mathematics | Sandhiya.M |
| 31 | Syed Ali Fathima.M | Student | Member | Mathematics | Vanitha.G |
| 32 | Noorunnisa.A | Student | Member | Computer Science | Syed Ali Fathima.M |
| 33 | Priya.J | Student | Member | Computer Science | Noorunnisa.A |
| 34 | Sangeetha.V | Student | Member | Computer Science | Priya.J |
| 35 | Shakila.J | Student | Member | Computer Science | Sangeetha.V |
| 36 | Thenmozhi.S | Student | Member | Computer Science | Shakila.J |
| 37 | Vinodhini.S | Student | Member | Computer Science | Thenmozhi.S |
| 38 | Anjali.G | Student | Member | Business Administration | Vinodhini.S |
| 39 | Dayana.V | Student | Member | Business Administration | Anjali.G |
| 40 | Komathi.M | Student | Member | Business Administration | Dayana.V |
| 41 | Selvarani.J | Student | Member | Business Administration | Komathi.M |
| 42 | Vinitha.V | Student | Member | Business Administration | Selvarani.J |
| 43 | Aswini.C | Student | Member | B.Com(G) | Vinitha.V |
| 44 | Kowsalya.V | Student | Member | B.Com(G) | Aswini.C |
| 45 | Preetha.D | Student | Member | B.Com(G) | Kowsalya.V |
| 46 | Sathya.R | Student | Member | B.Com(G) | Preetha.D |
| 47 | Ramya.M | Student | Member | B.Com(G) | Sathya.R |
| 48 | ArshiyaAnjum B | Student | Member | Arabic | Ramya.M |
| 49 | ShaziyaKousar R | Student | Member | Arabic | ArshiyaAnjum B |
| 50 | Sabeera Begum A | Student | Member | Arabic | ShaziyaKousar R |

The Following points were discussed.

- The students of various department has to be divided into groups
- The place has to be allocated
- Students were instructed to clean the allocated place
- Different kind of seeds and plants were seeded in the allocated place
- Discussion to go Organic Farm, Gulamaduggu


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'S ARTS AND SCIENCE COLLEGE

(Affiliated to Thiruvalluvar University)

HAKEEM NAGAR, MELVISHARAM- 632509

Action Taken Plan for Circular No: 2



- The students of various departments were divided into groups
- The place for students were allocated
- Allocated places were cleaned by the environmental club students with appropriate tools
- Different kind of seeds and plants were seeded in the allocated place
- Environmental club students were taken to Organic Farm, Gulamaduggu along with 2 staff members (Dr. V. R. Punithavathi and Ms. S. AsifaTabassum)


Dr. Freda Gnanaselvam, Ph.D.,
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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



CIRCULAR NO: 3

Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts & Science College is scheduled to be held on 11.03.2020 at M.M.E.S PG Seminar Halls (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------|------------------|
| 1 | Dr. Freda Gnanaselvam | Chairman | |
| 2 | Dr. V. R. Punithavathi | Co-ordinator | V.R.P. JAKK |
| 3 | Ms. P. Tharanya | Member | P.Tharya |
| 4 | Ms. A. Lavanya | Member | |
| 5 | M.ShajithaFarhana | President | Shajitha Farhana |
| 6 | A. MuddassiraFathima | Secretary | Muallassira F.A |

Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



Minutes of Meeting

Environmental club meeting was conducted on 11.03.2020 at the M.M.E.S PG Seminar Hall to discuss the following agenda in presence of the following members and students

MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|-------------|-------------------------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | <i>[Signature]</i> |
| 2 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | <i>V.R.Punithavathi</i> |
| 3 | Ms. P. Tharanya | Assistant Professor | Member | <i>[Signature]</i> |
| 4 | Ms. A. Lavanya | Assistant Professor | Member | <i>[Signature]</i> |

STUDENT MEMBERS


| S.NO | NAME | DESIGNATION | ROLE | DEPARTMENT | STUDENT SIGNATURE |
|------|---------------------|-------------|-----------|---------------|-------------------------|
| 1 | ShajithaFarhana.M | Student | President | Biotechnology | <i>Shajitha Farhana</i> |
| 2 | MuddassiraFathima.A | Student | Secretary | Biotechnology | <i>Muddassira F.A</i> |
| 3 | Aaliya.A | Student | Member | Biotechnology | <i>Aaliya</i> |
| 4 | Abarna.K | Student | Member | Biotechnology | <i>Abarna</i> |
| 5 | Abinaya.K | Student | Member | Biotechnology | <i>Abinaya</i> |
| 6 | Fathima.H | Student | Member | Biotechnology | <i>Fathima</i> |
| 7 | Hemavathi.R | Student | Member | Biotechnology | <i>Hemavathi.R</i> |
| 8 | Indumathi.G | Student | Member | Biotechnology | <i>Indumathi.G</i> |
| 9 | Iswarya.C | Student | Member | Biotechnology | <i>Iswarya</i> |
| 10 | Jayadurga.V | Student | Member | Biotechnology | <i>Jayadurga V</i> |
| 11 | Jayashree.A | Student | Member | Biotechnology | <i>Jayashree.A</i> |
| 12 | Madhumathi.T | Student | Member | Biotechnology | <i>Madhumathi.T</i> |
| 13 | RameezaSulthana.A | Student | Member | Biotechnology | <i>Rameeza Sulthana</i> |
| 14 | Salma.JS | Student | Member | Biotechnology | <i>Salma J.S.</i> |
| 15 | Sangeetha.R | Student | Member | Biotechnology | <i>Sangeetha</i> |
| 16 | Poongodi.S | Student | Member | Commerce (CA) | <i>Poongodi.S</i> |
| 17 | Monisha.M | Student | Member | Commerce (CA) | <i>Monisha.M</i> |
| 18 | SwapnaPriya.R | Student | Member | Commerce (CA) | <i>Swapna Priya</i> |
| 19 | Deepa.K | Student | Member | Commerce (CA) | <i>Deepa.K.</i> |



| | | | | | |
|----|--------------------|---------|--------|-------------------------|--------------------|
| 20 | Tamizhselvi.M | Student | Member | Commerce (CA) | Tamizh.M |
| 21 | Aishwaraya.N | Student | Member | English | Aishwaraya.N |
| 22 | Rajeshwari.M | Student | Member | English | Rajeshwari.M |
| 23 | ThasleemBanu.H | Student | Member | English | Thasleem.H |
| 24 | Vijayalakshmi.K | Student | Member | English | Vijayalakshmi.K |
| 25 | Afrin Sulthana.F | Student | Member | Mathematics | AfrinSulthana.F |
| 26 | Dhanalakshmi.S | Student | Member | Mathematics | Dhanalakshmi.S |
| 27 | FathimaThabassum.S | Student | Member | Mathematics | FathimaThabassum.S |
| 28 | Gayathri.R | Student | Member | Mathematics | Gayathri.R |
| 29 | Sandhiya.M | Student | Member | Mathematics | Sandhiya.M |
| 30 | Vanitha.G | Student | Member | Mathematics | Vanitha.G |
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| 32 | Noorunnisa.A | Student | Member | Computer Science | Noorunnisa.A |
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| 36 | Thenmozhi.S | Student | Member | Computer Science | Thenmozhi.S |
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| 41 | Selvarani.J | Student | Member | Business Administration | Selvarani.J |
| 42 | Vinitha.V | Student | Member | Business Administration | Vinitha.V |
| 43 | Aswini.C | Student | Member | B.Com(G) | Aswini.C |
| 44 | Kowsalya.V | Student | Member | B.Com(G) | Kowsalya.V |
| 45 | Preetha.D | Student | Member | B.Com(G) | Preetha.D |
| 46 | Sathya.R | Student | Member | B.Com(G) | Sathya.R |
| 47 | Ramya.M | Student | Member | B.Com(G) | Ramya.M |
| 48 | ArshiyaAnjum B | Student | Member | Arabic | ArshiyaAnjum B |
| 49 | ShaziyaKousar R | Student | Member | Arabic | ShaziyaKousar R |
| 50 | Sabeera Begum A | Student | Member | Arabic | Sabeera Begum A |

The Following points were discussed.

- The seeded plants were grown well and vegetables were ready to harvest
- The students were instructed to harvest the vegetables in proper manner
- The vegetables and greens from the harvest were planned to sale in the college campus


Dr. Freda Gnanaselvam, Ph.D.,
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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S WOMENS ARTS AND SCIENCE COLLEGE
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Hakeem Nagar, Melvisharam – 632509, Ranipet District.

DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS

**ORGANIZE WEBINAR ON
NUTRITIONAL MANAGEMENT IN
OBESITY**

SPEAKER:
MS. LAVANYA SUNDARAM
QUALIFIED PREVENTIVE AND SPORTS NUTRITIONIST
FOUNDER & CHIEF NUTRITIONIST AT NUTRISPORTS

DATE: 05.03.2021
TIMING: 11.00 – 12.00 PM
MODE OF DELIVERY- GOOGLE MEET

DR. K. ANEES AHMED, B.A., D.Lit
CORRESPONDENT

Dr. FREEDA GNANASELVAM, Ph.D.,
PRINCIPAL

MRS. M. KATHY, M.sc., NET
HOD


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



CAUSES OF OBESITY

- ◆ Genetic (50-70%)
- ◆ Age & Gender
- ◆ Eating habits
- ◆ Behavioural
- ◆ Social
- ◆ Psychological
- ◆ Lack of physical activity
- ◆ Endocrine factors
- ◆ Trauma
- ◆ Stress
- ◆ Prosperity and Civilization

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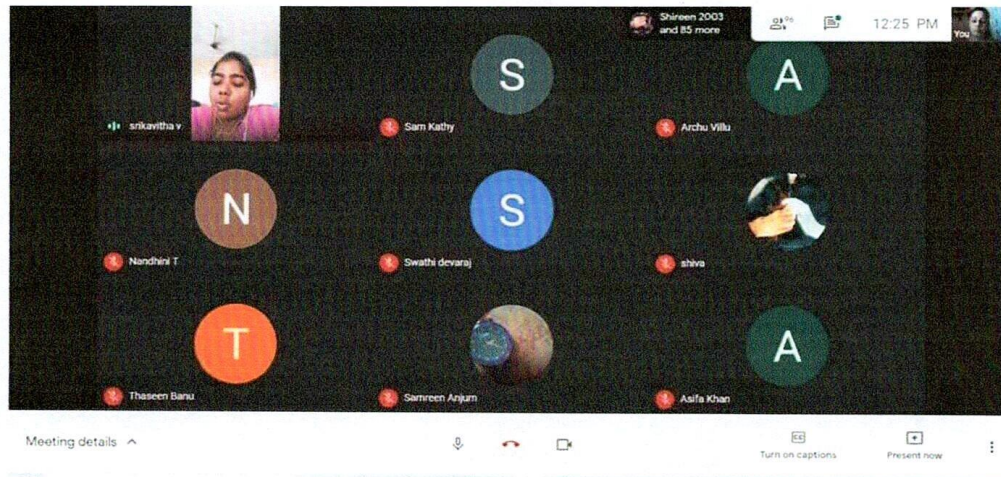
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Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023




Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

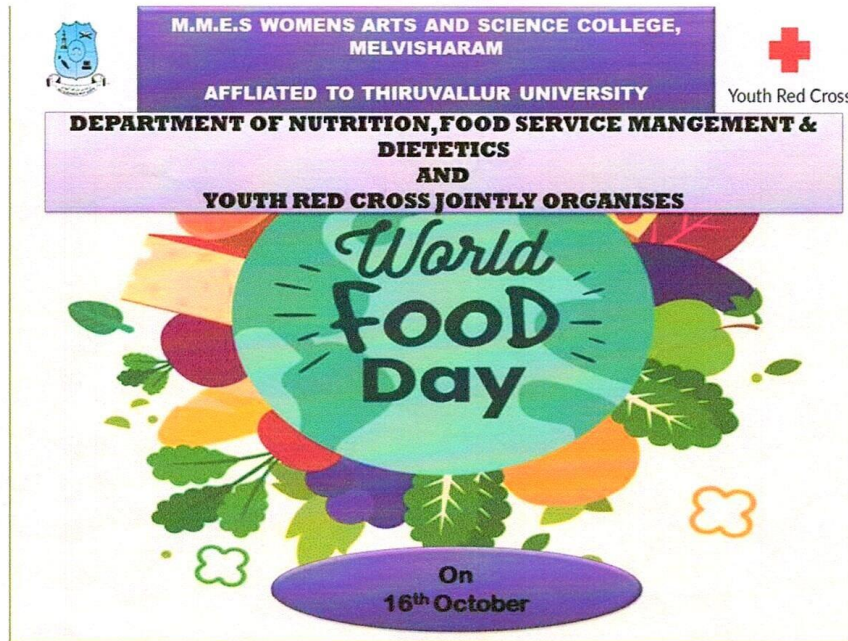


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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S WOMEN'S ARTS AND SCIENCE, MELVISHARAM
DEPARTMENT OF NUTRITION, FSM & DIETETICS & YRC

Date : 16.10.2021

Timing: 11.00AM- 12.00 PM

Department of Nutrition, FSM & Dietetics & YRC organised World Food Day. We had Food Exhibition by Students of Nutrition, FSM & Dietetics. They displayed varieties of food and also explained its importance. Correspondent sir Dr. Anees Ahmed Sahib, Principal Dr. Freda Gnanaselvam and Heads of various departments, Faculty Members and students of other departments joined the Food Exhibition.

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science Collage
Melvisharam - 632 509



CORRESPONDENT VISIT - WORLD FOOD DAY

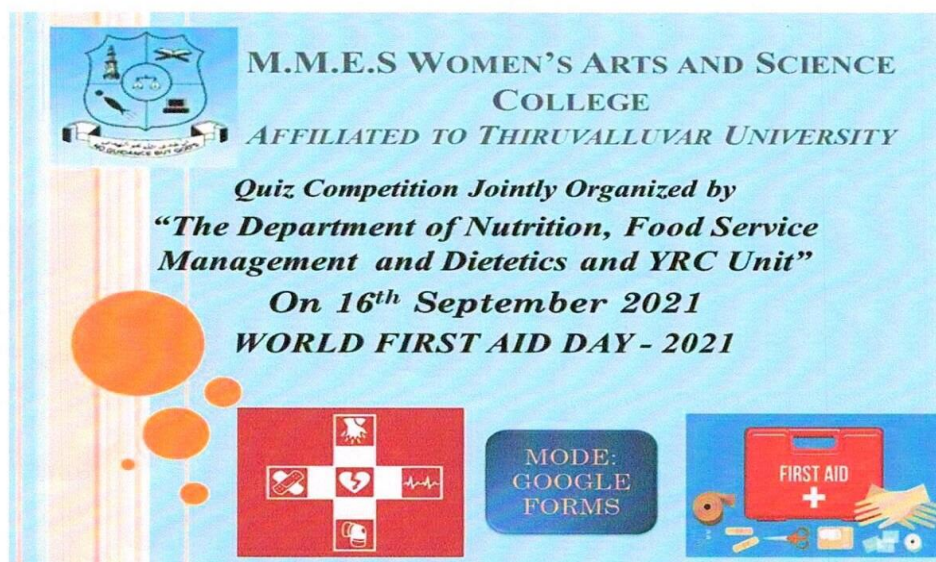


M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S WOMEN'S ARTS AND SCIENCE, MELVISHARAM
DEPARTMENT OF NUTRITION, FSM & DIETETICS & YRC

Date : 16.09.2021

Timing: 11.00AM

Department of Nutrition, FSM & Dietetics & YRC organised Quiz Competition on World First Aid Day. Department of Nutrition, FSM& Dietetics conducted Inter- Departmental Online Quiz Competition. Google forms were sent to students and we collected the data. We conducted this quiz as to educate the students about various First Aid methods and measures.

Dr. Freda Gnanaselvam, Ph.D.,
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Melvisharam - 632 509



Melvisharam, Tamil Nadu, India
4/1, Anna Salai Main Rd, Ramdas nagar, Melvisharam, Tamil Nadu
632509, India
Lat 12.911106°
Long 79.292023°
13/10/21 11:45 AM


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S WOMEN'S ARTS & SCIENCE COLLEGE, MELVISHARAM
DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT & DIETETICS
NATIONAL NUTRITION WEEK CELEBRATION - 2021

M.M.E.S Women's Arts and Science College
Affiliated to Thiruvalluvar University

In accordance with the National Nutrition Week-2021 Celebrations, the Department of Nutrition & Dietetics is Organizing a Webinar on "Medical Nutritional Therapy in Non-Communicable Diseases"
Tuesday|07 September 2021| 11:00 A.M-12.00P.M.(IST)
E-Certificates will be awarded to all the attendees

Link for Google Meet: meet.google.com/oht-duhw-fdp

Webinar is open to Students of Our College

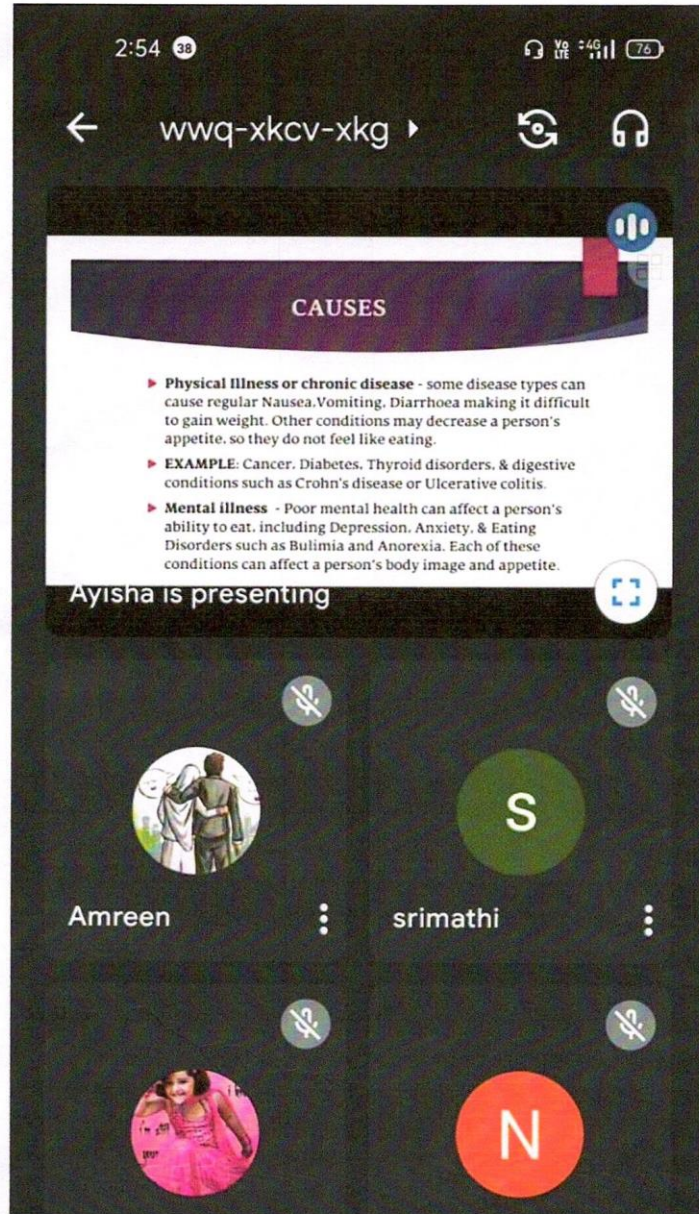
Organizing Committee members:
Mrs. M.Kathy M.Sc., NET.,
Mrs. V. Fathima Thaskin M.Sc.,
Ms. R. Sujetha M.Sc., NET.,


Resource Person:
Mrs. Rajalakshmi Senior Dietitian, Apollo Hospitals, Chennai

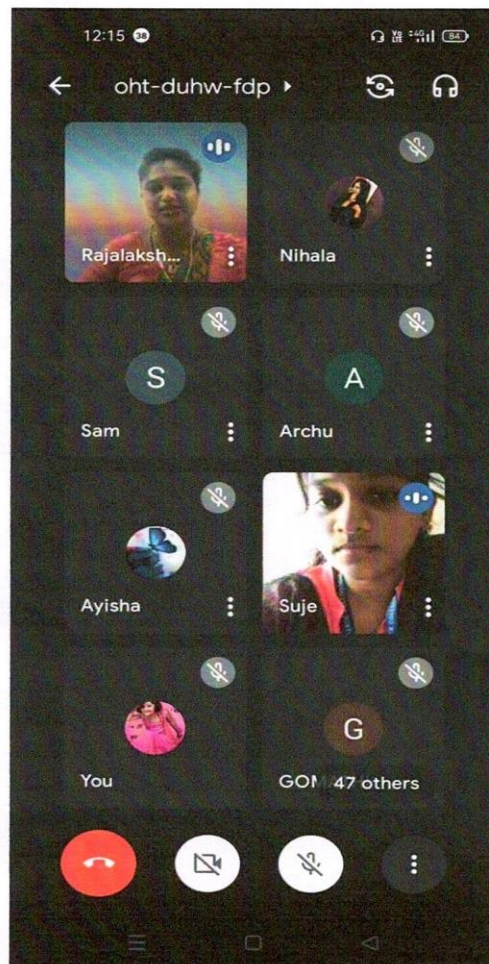
In accordance with the National Nutrition Week -2021 Celebrations, Department of Nutrition, Food Service Management & Dietetics conducted the Online Webinar on "Medical Nutritional Therapy in Non-communicable Disease" 07.09.2021. Through Google Meet. Mrs. Raja Lakshmi Senior Dietitian, (Apollo Hospitals, Chennai) was the Resource person of the Webinar. Haji Dr. K. Anees Ahmed Correspondent, Dr.Freda GnanaSelvam principal, Head & Staff Members & Students were participated in the Online Webinar.

Mrs. Rajalakshmi spoke about the Nutritional Therapy in Non- communicable Diseases such as Diabetes, Heart Diseases, and Cancer. Followed by her talk we conducted competitions like Quiz Program and Power Point Presentation for Students in the Department. Students participated and won the Prizes.

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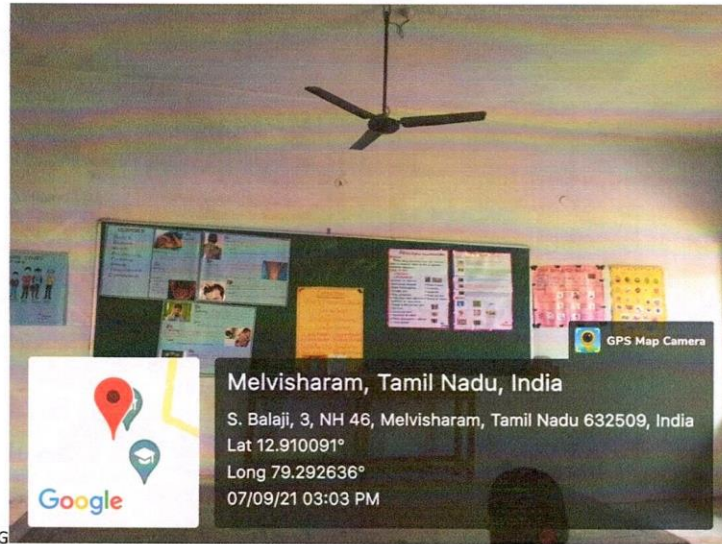



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GUEST SPEAKER MRS. RAJALAKSHMI, SENIOR DIETETIAN, APOLLO HOSPITALS.


Dr. Freda Gnanavelvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



STUDENT'S CHART EXHIBITION



QUIZ COMPETITION CONDUCTED BY MS. SUJETHA, ASSISTANT PROFESSOR


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



PARTICIPATED STUDENT NAME LIST

| S.NO. | ROLL NO | NAMES |
|-------|---------|---------------------|
| 1. | MI91828 | AKSHAYA. M |
| 2. | MI91823 | AMEENA THABASUM.S |
| 3. | MI91830 | AMREEN. A |
| 4. | MI91834 | ARIVARASI. K |
| 5. | MI91836 | AYISHA BANU |
| 6. | MI91848 | DHINAR SHAMSHATH. A |
| 7. | MI91820 | FARHANA.H |
| 8. | MI91807 | FARZANA.A |
| 9. | MI91831 | FATHIMA NIHALA. Y |
| 10. | MI91815 | HUSNA TAJ.T.H |
| 11. | MI91835 | INDHU. N |
| 12. | MI91841 | ISRATH BEGUM. S |
| 13. | MI91822 | JEEVITHA.K |
| 14. | MI91839 | KAMALL.D |
| 15. | MI91845 | KAVIYA. E |
| 16. | MI91838 | MARIYAM. A |
| 17. | MI91844 | MEENAKCHI. R |
| 18. | MI91803 | NANDHINI.L |
| 19. | MI91819 | NAZIFA SAMEEN.M |
| 20. | MI91804 | NIVETHA.R |
| 21. | MI91817 | NOORUL AEIN |
| 22. | MI91840 | PAVITHRA. B |
| 23. | MI91806 | PAVITHRA.S |
| 24. | MI91850 | PREETHI. V |
| 25. | MI91824 | RESHMA.R |
| 26. | MI91849 | SABA FATHIMA. M |
| 27. | MI91847 | SABANA ASMIN. S |
| 28. | MI91825 | SAMREEN ANJUM. M. R |
| 29. | MI91808 | SHABREEN FATHIMA.M |
| 30. | MI91810 | SHAZIYA PARVEEN.A |
| 31. | MI91832 | SNEKA. K |
| 32. | MI91829 | SUBASHINI. M |
| 33. | MI91805 | SUJITHA.G |
| 34. | MI91842 | SULTANA. A |
| 35. | MI91843 | SWETHA. A |
| 36. | MI91813 | TASNEEM BEGUM.L |
| 37. | MI91846 | THANSIRA BANU |
| 38. | MI91809 | UMIBA FATHIMA.V.I |
| 39. | MI91837 | USMA NAHID. A |
| 40. | MI91812 | VISALLS.S |
| 41. | MI91801 | WAJEEHA |
| 42. | M181802 | AARIFA BATHOOL. J |

Mrs. M. KATHY, M.Sc., NET.,
HEAD & ASSISTANT PROFESSOR,
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Dr. Freda Gnanaselvam, Ph.D.,
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NAAC – SSR CYCLE -I
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7.2.1 Connecting all to Respect Health and Eco-friendly campus
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| | | |
|-----|---------|-----------------------|
| 43. | M181810 | ABITHA. K |
| 44. | M181804 | AFRINFARHANA. K |
| 45. | M181833 | AFRIN TAJ. H |
| 46. | M181808 | ANGELIN PETHISHA. D.J |
| 47. | M181836 | ARSHEYA ANJUM. R |
| 48. | M181839 | ASHWINI. P |
| 49. | M181816 | ASIFA BEGUM |
| 50. | M181811 | ASIYA FATHIMA. M |
| 51. | M181828 | BADRUNISA.T |
| 52. | M181845 | DECIKA. K |
| 53. | M181817 | DEEPALAKSHMI. M |
| 54. | M181837 | DIVYA DHARASHINI. T |
| 55. | M181824 | FAIZA SUMAN. T |
| 56. | M181840 | FARHEEN. G |
| 57. | M181849 | FATHIMA FIRTHOSH |
| 58. | M181827 | FATHIMA ZOHRA. A |
| 59. | M181834 | GOMATHI. V |
| 60. | M181829 | HABEEBA. A |
| 61. | M181843 | HEENA. N |
| 62. | M181809 | KALAIYARASI. P |
| 63. | M181825 | KARTHIKA. P |
| 64. | M181820 | KEERTHANA. T |
| 65. | M181844 | MUBIN.A |
| 66. | M181823 | MUSAVIRA UROOJ. N |
| 67. | M181835 | PAVINAYA.R |
| 68. | M181815 | RABIYA BASRI. C |
| 69. | M181805 | RAFIYA NAZNEEN. I |
| 70. | M181814 | RAHEELA. M |
| 71. | M181803 | RENU PRIYA. A |
| 72. | M181801 | RIZWANA. M |
| 73. | M181807 | RUKSANA BEGUM |
| 74. | M181806 | SAIRASUMAN. G |
| 75. | M181831 | SAVITHA. P |
| 76. | M181813 | SHAFEEQUA SAMREEN. A |
| 77. | M181812 | SHAMMU. B |
| 78. | M181818 | SHEERIN MUMTAJ. A |
| 79. | M181850 | SINDU.I |
| 80. | M181838 | SOWMIYA. V |
| 81. | M181848 | SUJITHA.V |
| 82. | M181847 | SULTHANA BEGUM. S |
| 83. | M181819 | SUMAIYA. S |
| 84. | M181826 | SWATHI. D |
| 85. | M181832 | SWATHI. S |
| 86. | M181821 | THABASUM. S |
| 87. | M181822 | UMMAHABEEBA |
| 88. | M201837 | AAMINA MISBAH A |

 Kathy

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| | | |
|------|---------|--------------------|
| 89. | M201812 | AIMAN NIHA.M |
| 90. | M201815 | ARCHANA.V |
| 91. | M201821 | ASFIYA ZULEKHA.N |
| 92. | M201819 | AYESHA.K |
| 93. | M201825 | BUSHRA.H |
| 94. | M201829 | DEEPIKA.M |
| 95. | M201838 | DIANA R |
| 96. | M201814 | GOMATHI.T |
| 97. | M201808 | HAFAH SUMAIYA |
| 98. | M201810 | KAVIYA.T |
| 99. | M201840 | KAVIYA.T |
| 100. | M201824 | LOKESHWARI.S |
| 101. | M201843 | MAJIDA TABASSUM |
| 102. | M201842 | MUGANTHI A |
| 103. | M201805 | NIDHA HARMAIN.N |
| 104. | M201817 | PARIMALA.E |
| 105. | M201823 | RABIYA BASHEER.I.A |
| 106. | M201807 | RAHEELA FATHIMA.A |
| 107. | M201806 | RAHIYA ANJUM.S.A |
| 108. | M201830 | RANJANI.P |
| 109. | M201804 | SAHIRA BANU |
| 110. | M201836 | SAKTHI. S |
| 111. | M201826 | SANIYA MEHREEN.B.N |
| 112. | M201827 | SAQIYA FIRDOSE.K |
| 113. | M201820 | SHIREEN FAZANA.M.K |
| 114. | M201818 | SNEHA.V |
| 115. | M201816 | SNEKHA.R |
| 116. | M201834 | SRIMATHI. S |
| 117. | M201841 | SUBHA S |
| 118. | M201813 | TASLEEM BANU.A.K |
| 119. | M201831 | TASMIYA ZAMZAM.G |
| 120. | M201803 | TASNEEM.A |
| 121. | M201835 | THASEEN A |
| 122. | M201822 | THASEEN BANU.T |
| 123. | M201802 | THASLIMA.A |
| 124. | M201809 | VINISHA.B |
| 125. | M201832 | YOGAPRIYA.D |

P. Kathy

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Dr.

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HAKEEEM NAGAR, MELVISHARAM- 632509

DEPARTMENT OF NUTRITION, FSM& DIETETICS
ORGANISED WEBINAR



DATE: 05.03.2021

TIME: 11.00 AM to 12.00 PM

TOPIC: -NUTRITIONAL MANAGEMENT IN OBESITY NO OF PARTICIPANTS: 93

GUEST SPEAKER:

Ms. Lavanya Sundram, M.Sc.,
Sports Nutritionist, Chennai.

In Department of Nutrition, Food Service Management & Dietetics conducted the Online Webinar on "Dietary Management in Obesity" 05.03.2021. Through Google Meet. Ms. Lavanya Sundaram (Sports Nutritionist & Chennai) was the Resource person of the Webinar.

Haji Dr. K. Anees Ahmed Correspondent, Dr. Freda Gnanaselvam Principal, Head & Staff Members & Students were participated in the Online Webinar.

Ms. Lavanya Sundaram spoke about the "Dietary Management in Obesity such as Diabetes, Heart Diseases, and Cancer. Followed by her talk we conducted competitions like Quiz Program and Power Point Presentation for Students in the Department. Students participated and won the Prizes.

Dr. Freda Gnanaselvam, Ph.D.,
Principal
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Melvisharam - 632 509



PRACTICE NO 3

CLEAN & GREEN CAMPUS AWARENESS PROGRAM

DATE: 30/11/2021

TIME: 10.00 AM

ORGANIZING: DEPARTMENT OF BIOTECHNOLOGY

CAMPAIGN: M.M.E.S AUDITORIUM

The college undertook a cleanliness campaign of the college campus. The cleanliness campaign was initiated by the Department of Biotechnology & IQAC. The Classrooms & Labs were cleaned by the students. They cleaned the doors, windows, desks, benches and fans. The front side of the College including gardens, drive, staircase, were cleaned, along with Green Club members and the NCC students. The Principal, Dr. Freda Gnanaselvam expressed gratitude to those involved in carrying out the responsibility of guiding the students in making the cleanliness drive successful. She said that it was a pleasure to see the enthusiasm of the students engaged in cleaning the campus. The main idea of the cleaning drive was to make the people aware of the need to maintain the surroundings' clean.

DATE: 30-11-2021



V.R.PUNITHAVATHI

Dr.V.R.Punithavathi, Ph.D.
Head & Assistant Professor
Department of Biotechnology
M.M.E.S. Women's Arts and Science College
Melvisharam - 632509.

Freda

Dr. Freda Gnanaselvam, Ph.D.,
Principal
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DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC | CHIEF GUEST AND OTHER DETAILS |
|------------|---|-----------------------------|--|
| 28.02.2022 | DEPARTMENT OF BIOTECHNOLOGY, IQAC, YRC UNIT ORGANIZED AWARENESS PROGRAM | "NATIONAL SCIENCE DAY 2022" | Dr. FREDA GNANASELVAM, Principal M.M.E.S Women's Arts And Science College, Melvisharam. |

TIME: 2 PM TO 3.30 PM

VENUE: BIOTECHNOLOGY UG LAB

B. Suresh

D. Suresh

YRC Programme Officer,
 M.M.E.S. Women's Arts and Science College,
 Melvisharam - 632 509

Freda

Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
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V.R. Punithavathi

HEAD OF THE DEPARTMENT
 Dr.V.R.Punithavathi, Ph.D
 Head, Dept of Biotechnology
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7.2. Best Practices II

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SCIENCE DAY- REPORT

VENUE: BIOTECHNOLOGY LAB

DATE: 28.02.2022

TIMING: 2 PM to 3.30 PM

The Department of Biotechnology IQAC & YRC Unit Organized "NATIONAL SCIENCE" on 28.02.2022. **Dr. FREDA GNANASELVAM**, Principal was the Chief Guest. All Our UG & PG Students were actively participated.

PRINCIPAL

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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V.R.R. Ithik
HEAD OF THE DEPARTMENT



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NAAC – SSR CYCLE -I
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DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC | OTHER DETAILS |
|------------|-----------------|---------------------------------|---------------|
| 07.11.2021 | E- QUIZ | "NATIONAL CANCER AWARENESS DAY" | |

VENUE: GOOGLE FORM


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Principal
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Dr. V.R. Punithavathi, Ph.D.
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NAAC – SSR CYCLE -I
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M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE

HAKEEM NAGAR, MELVISHARAM -632509

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NATIONAL CANCER AWARENESS DAY - REPORT

DATE: 07-11-2021

The Department of Biotechnology and YRC Unit organized E-Quiz Competition entitled "National Cancer Awareness Day 2021" on 7 November 2021. Our UG and PG Students have actively participated and won E-Certificates.

PRINCIPAL

Dr. Freda Gnanaselvam, Ph.D.,
Principal
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HEAD OF THE DEPARTMENT

Dr. V.R. Punithavathi, Ph.D.
Head, Dept of Biotechnology
& M.E.S Women's Arts & Science College
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YRC UNIT

YRC Programme Officer,
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NAAC – SSR CYCLE -I
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HAKEEM NAGAR, MELVISHARAM- 632509

DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC | CHIEF GUEST AND OTHER DETAILS |
|------------|--------------------|--|--|
| 30.11.2021 | SCIENCE EXHIBITION | 1. EXHIBITION-MODELS/CHARTS 2. FANCY DRESS COMPETITION 3. PET SHOW | Dr. K. ANEES AHMED SAHIB, Correspondent & Dr. FREDA GNANASELVAM, Principal M.M.E.S Women's Arts And Science College, Melvisharam. |

TIME: 10.30 TO 3.30
VENUE: BIOTECHNOLOGY UG LAB & CLASS ROOMS

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NAAC – SSR CYCLE -I
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M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE



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HAKEEM NAGAR, MELVISHARAM- 632509



SCIENCE EXHIBITION- REPORT

VENUE: BIOTECHNOLOGY CLASS ROOMS

DATE: 30.11.2021

The Department of Biotechnology Organized "Science Exhibition" on 30.11.2021. **Dr. K. ANEES**

AHMED SAHIB, Correspondent & Dr. FREDA GNANASELVAM, Principal was the Chief Guest.

All Our UG & PG Students were actively participated.

PRINCIPAL

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Principal
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V. R. P. I.H.K.
HEAD OF THE DEPARTMENT

Dr. V.R. Punitnavathi, Ph.D.
Head, Dept of Biotechnology
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HAKEEM NAGAR, MELVISHARAM -632509
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STUDENTS FEEDBACK FORM FOR SCIENCE EXHIBITION

NAME OF THE STUDENT: SHABANA
DATE: 30.11.2021
YEAR: I/II/III II - YEAR
PROGRAM/EVENT NAME: SCIENCE EXHIBITION

1. Expectation

Excellent Very Good Good Average Below average

2. Knowledge & Practices

Excellent Very Good Good Average Below average

Suggestions if any:

It is memorable event.

Signature of the student

Shabana



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NAAC – SSR CYCLE -I
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DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC | CHIEF GUEST AND OTHER DETAILS |
|------------|-----------------|---|---|
| 30.09.2021 | WEBINAR | "INTEGRATED ORGANIC FARMING FOR SUSTAINABLE INCOME" | Mrs. S. Deepalakshmi, Managing Director, SD Farms, Vellore |

TIME: 6.00 PM TO 7.00 PM

VENUE: WEBEX CISCO MEETING

Dr. Freda Gnanaselvam, Ph.D.,
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HEAD OF THE DEPARTMENT
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HAKEEM NAGAR, MELVISHARAM- 632509



"Integrated Organic Farming for Sustainable Income"- WEBINAR REPORT

WEBINAR TOOL: Cisco Webex

DATE: 30.09.2021

TIMING: 5.30 pm to 6.20 pm

The Department of Biotechnology organized Webinar on **"Integrated Organic Farming for Sustainable Income"** on 30 September 2021. Mrs. Deepalakshmi, Managing Director, SD Farms, Vellore was the host and Guest of Honor. Our UG and PG Students actively participated and won Certificates.

PRINCIPAL

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HEAD OF THE DEPARTMENT

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DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC | OTHER DETAILS |
|------------|--|----------------------------------|-----------------------------|
| 26.09.2021 | DEPARTMENT OF BIOTECHNOLOGY & YRC UNIT ORGANIZES E- QUIZ | "WORLD ENVIRONMENTAL HEALTH DAY" | E-certificates are provided |

VENUE: GOOGLE FORM
<https://forms.gle/IGkPvSpFIGVHgDCr7>

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Dr. Freda Gnanaselvam
Dr. Freda Gnanaselvam, Ph.D.,
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BEST PRACTICES OF COLLEGE



PRACTICE NO 1

NUTRITION AWARENESS PROGRAM

DATE – 12/05/2022

TIME : 10.30 AM

ORGANIZING – DEPARTMENT OF BIOTECHNOLOGY

CAMPAIGN – M.M.E.S AUDITORIUM

Department of Biotechnology organized an awareness program under the theme **“WE CARE FOR YOUR HEALTH, NOURISHES AND NURTURES CHILDREN Joint Action to Prevent Stunting and Obesity”**.

The objectives of the program was to emphasize the importance of good nutrition and proper diet to remain healthy and free from chronic malnutrition and also to create awareness among young students about the importance of hygiene through awareness of macronutrients.



V.R.P.H.K

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Dr

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CIRCULAR NO: 1

Circular for Environment Club Meeting

2021-2022

Environmental club meeting of M.M.E.S Women's Arts & Science College is scheduled to be held on 14-09-2021 at Principal office (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------------|-----------|
| 1 | Dr. Freda Gnanaselvam | Chairman | |
| 2 | Dr. B. Sasireka | IQAC- Co-ordinator | |
| 3 | Dr. V. R. Punithavathi | Co-ordinator | |
| 4 | Ms. P. Tharanya | Member | |
| 5 | Ms. L. Nivetha | Member | |

Principal

Dr. Freda Gnanaselvam, Ph.D.,
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Action Taken Plan for Circular No: 1



- As per the plan the environmental club was started in the month of September 2021
- Voluntary students were trained well
- Various tools like gardening fork, garden hose, watering can and garden trowel were purchased
- President and Secretary for environmental club was selected based on the nominee
- E- Quiz was conducted on World Environmental Day and E- certificates were provided
- Webinar was conducted on 30.09.2021 entitled with a topic "Integrated Organic Farming For Sustainable Income" by Mrs. S. Deepalakshmi, Managing Director, SD Farms, Vellore.

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Melvisharam - 632 509



M.M.E.S.WOMEN'S ARTS AND SCIENCE COLLEGE






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HAKEEM NAGAR, MELVISHARAM- 632509

Minutes of Meeting




Environmental club meeting was conducted on 14-09-2021 at Principal office to discuss the following agenda in presence of the following members along with the voluntary students.

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|--------------------|---|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman |  |
| 2 | Dr. B. Sasireka | Head of B. Com (G) | IQAC- Co-ordinator |  |
| 3 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator |  |
| 4 | Ms. P. Tharanya | Assistant Professor | Member |  |
| 5 | Ms. L. Nivetha | Assistant Professor | Member |  |

The Following points were discussed

- Plan to start environmental club in the month end of September 2021
- The participation of students for various activities to be decided
- Voluntary participation of students to be trained.
- Preparation of schedule for various events
- Purchase of tools for Students
- Selection of President and Secretary for environmental club based on the nominee
- Plan to conduct E- Quiz on World Environmental Day
- Plan to conduct a Webinar in the month end of September 2021


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509





CIRCULAR NO: 2

Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts & Science College is scheduled to be held on 20-12-2021 at M.M.E.S PG Seminar Halls (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------------|---|
| 1 | Dr. Freda Gnanaselvam | Chairman |  |
| 2 | Dr. B. Sasireka | IQAC- Co-ordinator |  |
| 3 | Dr. V. R. Punithavathi | Co-ordinator | V.R.P. Punithavathi |
| 4 | Ms. P. Tharanya | Member | P. Tharanya |
| 5 | Ms. L. Nivetha | Member | L. Nivetha |
| 6 | T. SubhaArthi | President | SubhaArthi |
| 7 | V. Kiuthika | Secretary | V. Kiuthika |



Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S.WOMEN'S ARTS AND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



Minutes of Meeting

Environmental club meeting was conducted on 20.12.2021 at the M.M.E.S PG Seminar Hall to discuss the following agenda in presence of the following members and students

MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|--------------------|--------------------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | <i>[Signature]</i> |
| 2 | Dr. B. Sasireka | Head of B. Com | IQAC- Co-ordinator | <i>[Signature]</i> |
| 3 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | <i>[Signature]</i> |
| 4 | Ms. P. Tharanya | Assistant Professor | Member | <i>[Signature]</i> |
| 5 | Ms. L. Nivetha | Assistant Professor | Member | <i>[Signature]</i> |

STUDENT MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------|-------------|-----------|--------------------|
| 1 | SubhaArthi T | Student | President | <i>[Signature]</i> |
| 2 | Kiuthika V | Student | Secretary | <i>[Signature]</i> |
| 3 | Anandhi. J | Student | Member | <i>[Signature]</i> |
| 4 | Bharkavi.P | Student | Member | <i>[Signature]</i> |
| 5 | Devipriya. R | Student | Member | <i>[Signature]</i> |
| 6 | Dhanalakshmi. V | Student | Member | <i>[Signature]</i> |
| 7 | FaizaFarheen. A | Student | Member | <i>[Signature]</i> |
| 8 | Farin.R | Student | Member | <i>[Signature]</i> |
| 9 | Hemavathi. R.S | Student | Member | <i>[Signature]</i> |
| 10 | Indumathi. J | Student | Member | <i>[Signature]</i> |
| 11 | Jagadeeshwari. J | Student | Member | <i>[Signature]</i> |
| 12 | Keerthi. K | Student | Member | <i>[Signature]</i> |
| 13 | Keerthika. G | Student | Member | <i>[Signature]</i> |
| 14 | Lavanya. T | Student | Member | <i>[Signature]</i> |
| 15 | Radhika. S | Student | Member | <i>[Signature]</i> |
| 16 | Rashitha. S | Student | Member | <i>[Signature]</i> |
| 17 | Reshma.Y | Student | Member | <i>[Signature]</i> |
| 18 | Roshni.J | Student | Member | <i>[Signature]</i> |



| | | | | |
|----|--------------------|---------|--------|--------------------|
| 19 | SaheraAnjum. M | Student | Member | Sahera Anjum.m |
| 20 | Sangavi. K | Student | Member | Sangavi. K |
| 21 | Swetha. P | Student | Member | Swetha. P |
| 22 | Sangeetha. S | Student | Member | Sangeetha. S |
| 23 | Sneha. M | Student | Member | Sneha. M |
| 24 | Sumithra. B | Student | Member | Sumithra. B |
| 25 | Swarnapriya. B | Student | Member | Swarnapriya. B |
| 26 | ZubiyaAshreen. T.R | Student | Member | Zubiya Ashreen.T-R |
| 27 | Nithiya J | Student | Member | Nithiya. J |

The Following points were discussed.

- The students of various department has to be divided into groups
- The place has to be allotted
- Students were instructed to clean the allocated place
- Different kind of seeds and plants were seeded in the allocated place
- Students were provided with bio fertilizer prepared by biotechnology students
- And students were instructed to prepare Panchagavya by their own


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



Action Taken Plan for Circular No: 2

- The students of various department were divided into groups
- The place were allotted for planting seeds and plants
- Students has cleaned the allocated place
- Different kind of seeds and plants were seeded in the allocated place
- Students used bio fertilizer prepared by biotechnology students
- And students has prepared Panchagavya by their own

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE

(Affiliated to Thiruvalluvar University)

HAKEEM NAGAR, MELVISHARAM- 632509



CIRCULAR NO: 3

Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts &Science College is scheduled to be held on 05.03.2022 at M.M.E.S PG Seminar Halls (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------------|-----------|
| 1 | Dr. Freda Gnanaselvam | Chairman | |
| 2 | Dr. B. Sasireka | IQAC- Co-ordinator | |
| 3 | Dr. V. R. Punithavathi | Co-ordinator | |
| 4 | Ms. P. Tharanya | Member | |
| 5 | Ms. L. Nivetha | Member | |
| 6 | T. SubhaArthi | President | |
| 7 | V. Kiuthika | Secretary | |

Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)



HAKEEM NAGAR, MELVISHARAM- 632509

Minutes of Meeting

Environmental club meeting was conducted on 05.03.2022 at the M.M.E.S PG Seminar Hall to discuss the following agenda in presence of the following members and students

MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|--------------------|--------------------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | <i>[Signature]</i> |
| 2 | Dr. Mrs. B. Sasireka | Head of B. Com | IQAC- Co-ordinator | <i>[Signature]</i> |
| 3 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | <i>[Signature]</i> |
| 4 | Ms. P. Tharanya | Assistant Professor | Member | <i>[Signature]</i> |
| 5 | Ms. L. Nivetha | Assistant Professor | Member | <i>[Signature]</i> |

STUDENT MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------|-------------|-----------|--------------------|
| 1 | SubhaArthi T | Student | President | <i>[Signature]</i> |
| 2 | Kiuthika V | Student | Secretary | <i>[Signature]</i> |
| 3 | Anandhi. J | Student | Member | <i>[Signature]</i> |
| 4 | Bharkavi.P | Student | Member | <i>[Signature]</i> |
| 5 | Devipriya. R | Student | Member | <i>[Signature]</i> |
| 6 | Dhanalakshmi. V | Student | Member | <i>[Signature]</i> |
| 7 | FaizaFarheen. A | Student | Member | <i>[Signature]</i> |
| 8 | Farin.R | Student | Member | <i>[Signature]</i> |
| 9 | Hemavathi. R.S | Student | Member | <i>[Signature]</i> |
| 10 | Indumathi. J | Student | Member | <i>[Signature]</i> |
| 11 | Jagadeeshwari. J | Student | Member | <i>[Signature]</i> |
| 12 | Keerthi. K | Student | Member | <i>[Signature]</i> |
| 13 | Keerthika. G | Student | Member | <i>[Signature]</i> |
| 14 | Lavanya. T | Student | Member | <i>[Signature]</i> |
| 15 | Radhika. S | Student | Member | <i>[Signature]</i> |
| 16 | Rashitha. S | Student | Member | <i>[Signature]</i> |
| 17 | Reshma.Y | Student | Member | <i>[Signature]</i> |
| 18 | Roshni.J | Student | Member | <i>[Signature]</i> |
| 19 | SaheraAnjum. M | Student | Member | <i>[Signature]</i> |



| | | | | |
|----|--------------------|---------|--------|--------------------|
| 20 | Sangavi. K | Student | Member | Sangavi.K |
| 21 | Swetha. P | Student | Member | Swetha.R |
| 22 | Sangeetha. S | Student | Member | Sangeetha.S |
| 23 | Sneha. M | Student | Member | Sneha.M |
| 24 | Sumithra. B | Student | Member | Sumithra.B |
| 25 | Swarnapriya. B | Student | Member | Swarnapriya.B |
| 26 | ZubiyaAshreen. T.R | Student | Member | Zubiya Ashreen.T.R |
| 27 | Nithiya J | Student | Member | Nithiya J |

The Following points were discussed.

- The seeded plants were grown well and vegetables were ready to harvest
- The students were instructed to harvest the vegetables in proper manner


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'SARTSAND SCIENCE COLLEGE

(Affiliated to Thiruvalluvar University)

HAKEEM NAGAR, MELVISHARAM- 632509

Action Taken Plan for Circular No: 3



- Students has harvested the vegetables (Raddish, Green chilli, Cluster beans) and greens (Methi leaves and Sirukeerai)
- The harvested vegetables and greens were purchased inside the college campus

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S WOMENS ARTS AND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
Hakeem Nagar, Melvisharam – 632509, Ranipet District.

DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS & YRC

ORGANIZE DEPARTMENT ACTIVITY
WORLD DIABETIC DAY- 14th Nov 2022
THEME: ACCESS TO DIABETES

ACTIVITIES

- QUIZ COMPETITION
- COOKERY COMPETITION
- POSTER PRESENTATION

DATE: 16.11.2022
TIMING: 11.00 – 12.00 PM
VENUE: PG SEMINAR HALL

DR. K. ANEES AHMED, B.A.,
Dr. FREEDA GNANASELVAM,
MRS. M. KATHY, M.sc., NET



DIGNITARIES ON THE DIAS



JUDGES TASTING DIABETIC RECIPIES



Melvisharam, Tamil Nadu, India
 S. Balaji, 3, NH 46, Melvisharam, Tamil Nadu
 632509, India
 Lat 12.910068°
 Long 79.292503°
 16/11/22 12:09 PM GMT +05:30

POSTER PRESENTATION BY STUDENTS



Melvisharam, Tamil Nadu, India
 W76R+GC7, Anna Salai Main Rd, Melvisharam,
 Tamil Nadu 632509, India
 Lat 12.911615°
 Long 79.290992°
 16/11/22 12:56 PM GMT +05:30

QUIZ COMPETITION CONDUCTED FOR STUDENTS

*Dr. Freda Gnanaseivam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509*



PRIZE WINNERS LIST

| S.NO | NAME OF THE STUDENT | CLASS | COMPETITION | PRIZE |
|------|--------------------------|-----------|-------------|-----------|
| 1. | SHAFIA KOWSER | I NFSMD | POSTER | I PRIZE |
| 2. | SHARFIA FATHIMA | I NFSMD | POSTER | I PRIZE |
| 3. | JASMINE | I NFSMD | POSTER | I PRIZE |
| 4. | NIVETHA.M | I NFSMD | POSTER | I PRIZE |
| 5. | PRINCY PRIYADHARSHINI | I NFSMD | POSTER | II PRIZE |
| 6. | GAYATHRI | I NFSMD | POSTER | II PRIZE |
| 7. | NITHYALAKSHMI | I NFSMD | POSTER | II PRIZE |
| 8. | MOHANASELVI | I NFSMD | POSTER | II PRIZE |
| 9. | RUHAIDA ANJUM | I NFSMD | POSTER | III PRIZE |
| 10. | ZUBAIDA KAUNAIN | I NFSMD | POSTER | III PRIZE |
| 11. | RIDA KULSUM | I NFSMD | POSTER | III PRIZE |
| 12. | KUNA SAFA MARIAM | I NFSMD | POSTER | III PRIZE |
| 13. | UMME KULSUM | I NFSMD | POSTER | III PRIZE |
| 14. | QANITHA AMREEN | I NFSMD | POSTER | III PRIZE |
| 15. | FARHA AEJAZ AZEEM | I NFSMD | COOKERY | II PRIZE |
| 16. | MALIHA FIRDOUSE | II NFSMD | COOKERY | I PRIZE |
| 17. | SRIMATHI | II NFSMD | COOKERY | I PRIZE |
| 18. | HIMA TASKEEN | II NFSMD | COOKERY | II PRIZE |
| 19. | SAKTHI | III NFSMD | COOKERY | II PRIZE |
| 20. | PARIMALA | III NFSMD | COOKERY | II PRIZE |
| 21. | KAVIYA.T | III NFSMD | COOKERY | I PRIZE |
| 22. | MUGANTHI | III NFSMD | COOKERY | III PRIZE |
| 23. | ASHWINI | II NFSMD | COOKERY | III PRIZE |
| 24. | AAMINAH MISBAH | III NFSMD | PPT | I PRIZE |
| 25. | NIDHA HARMAIN | III NFSMD | PPT | II PRIZE |


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE

(Affiliated to Thiruvalluvar University)

HAKEEM NAGAR, MELVISHARAM- 632509

DEPARTMENT OF NUTRITION, FSM& DIETETICS

WORLD DIABETES DAY(16.11.2022)

DATE:16.11.2022

TIME:11.00 AM to 3.00 PM

VENUE:PG SEMINAR HALL

THEME:ACCESS TO DIABETES

CHIEFGUEST: DR. KAMATCHI, YRC COORDINATOR,

MRS RASUL BEGUM, HEAD&ASSISTANT PROFESSOR,DEPARTMENT OF TAMIL

DR.SASIREKHA,IQAC COORDINATOR

M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE

REPORT:

Department of Nutrition, FSM& Dietetics and YRC organized competitions like Powerpoint presentation, poster presentation, quiz and cookery on the commemoration of world diabetes day. It is an awareness programme to educate students about diabetes-prevalence, epidemiology, signs and symptoms, causes, prevention and treatment. The programme was commenced with Qirath (prayer) recited by Ms.Zubaida kaunain I NFSMD and Naath(Prayer song) by II year NFSMD Students.our students participated and won prizes in various competitions like Powerpoint presentation, poster presentation, quiz and cookery. Vote of thanks was given by Ms. Lokeshwari of III NFSMD

Dr. Freda Gnanaseivani, M.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S WOMENS ARTS AND SCIENCE COLLEGE, MELVISHARAM
DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT AND
DIETETICS & YRC

DATE: 07. 04. 2022

TIMING: 10.30 – 12.30 NOON

Department of Nutrition, FSM & Dietetics & YRC organised Programme on World Health Day. Students of Nutrition, FSM & Dietetics prepared different Healthy Breakfast recipes and Exhibited. They also explained about various Nutrients present in those dishes. Correspondent sir Dr. Anees Ahmed Sahib, Principal Dr. Freda Gnanaselvam and Heads of various departments, Faculty Members and students of other departments joined the Programme. They tasted the recipes, gave feedback and encouraged the students.


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



CORRESPONDENT VISIT ON WORLD HEALTH DAY


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509

DEPARTMENT OF NUTRITION, FSM& DIETETICS

DEPARTMENT ACTIVITY

DATE: 15.12.2021

TIME: 11.00 AM to 3.00 PM

VENUE: PG SEMINAR HALL & FOOD SCIENCE LAB

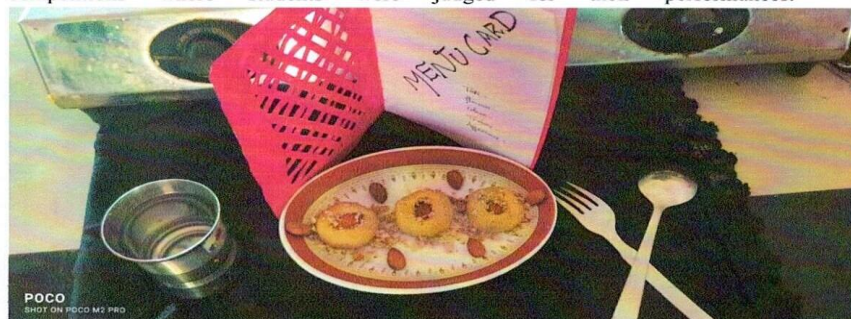
THEME: "EAT RIGHT BITE BY BITE"

NO OF PARTICIPANTS: 120

JUDGES OF THE EVENT:

1. MRS. SHAMILA SULTHANA,
HEAD&ASSISTANT PROFESSOR,
DEPARTMENT OF B.COM (CA)
2. MRS. RASUL BEGUM,
HEAD&ASSISTANT PROFESSOR,
DEPARTMENT OF TAMIL

Department activity conducted on the topic "Eat Right Bite by Bite". We had organised quiz, cook without fire and speech competitions. Many students participated and won prizes. The College Principal Dr. Freda Gnanaselvam, and IQAC Coordinator Dr. B. Sasireka. Head, Department of Commerce. Heads of the various departments also attended our Department activity. Invited judges for the competitions where students were judged for their performances.



STUDENTS DISPLAY THEIR RECIPIES – COOK WITHOUTFIRE COMPETITION


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

The banner features the college logo on the left and the Youth Red Cross logo on the right. The text reads: "M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM AFFILIATED TO THIRUVALLUVAR UNIVERSITY DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT & DIETETICS AND YOUTH RED CROSS JOINTLY ORGANISES AWARENESS PROGRAMME on 1st December 2021". Below this, there is a red ribbon graphic with the text "End Inequalities End AIDS. End Pandemics. World AIDS Day December 1, 2021" and the PAHO logo. To the right, it says "WORLD AIDS DAY" with another red ribbon graphic.

M.M.E.S WOMEN'S ARTS AND SCIENCE, MELVISHARAM
DEPARTMENT OF NUTRITION, FSM & DIETETICS & YRC

Date : 01.12.2021

Timing: 11.00AM

Department of Nutrition, FSM & Dietetics & YRC organised Awareness Programme on World Aids Day. Department of Nutrition, FSM& Dietetics conducted speech, mime and drama Competition. We conducted this programme as to educate the students about causes, symptoms and prevention of Aids.


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509





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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

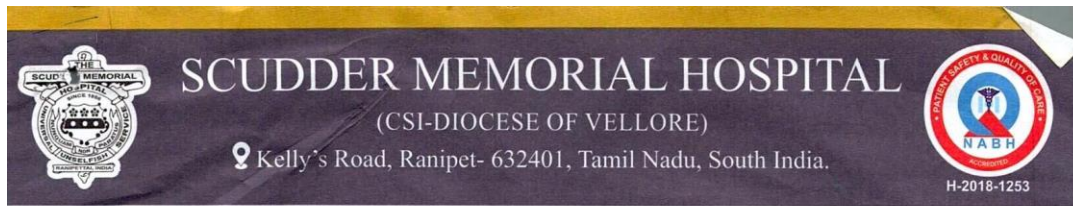


M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



03rd March 2023

Office of the Medical Superintendent

INVITATION

DL
6/3/23

To,

The Principal / Dean
M.M.E.S Women's Arts and Science College
Melvisharm.

Dear Principal,

We the Department of Medicine & Nursing Service of Scudder Memorial Hospital, Ranipet are celebrating **World Tuberculosis** on 24th March 2023.

We are planning to visit your colleagues for Health Education about the Management of TB to your Lectures / Tutors and Students. Kindly send your acceptance to the e-mail id smhranipet@gmail.com on or before 07th March 2023.

With Regards,

[Signature]
DR. ANBU SURESH RAO. C
MEDICAL SUPERINTENDENT

Dr. C.Anbu Suresh Rao, M.S.Ortho.,D.Ortho.,
Medical Superintendent
Scudder Memorial Hospital,
Ranipet District - 632 401.



[Signature]
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

"To Continue the Healing Ministry of Jesus Christ by Providing Quality and Accessible Health Care to All"

+91 - 4172 -281550 / 281502

info@scudderhospital.org

www.scudderhospital.org



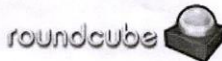
3/7/23, 9:50 AM Roundcube Webmail :: Acceptance of Health Education program on World Tuberculosis day regarding

Subject **Acceptance of Health Education program on World Tuberculosis day regarding**

From <principal@mmeswc.edu.in>

To <smhranipet@gmail.com>

Date 2023-03-06 22:18




Respected Sir,

This is to acknowledge the receipt of your letter dated 3/3/2023.

We are happy to invite your Medicine & Nursing staff members to give a Lecture in view of WORLD TUBERCULOSIS on "Health Education and the Management of TB" to our staff members and students on 24th March 2023 at 11.30 AM.

With Regards,
Dr. Freda Gnanaselvam
Principal
MMES Womens Arts and Science College
Melvisharam - 632509

SMH Nursing Dept.
04172-281519


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

https://www.mmeswc.edu.in:2096/cpsess8227925242/3rdparty/roundcube/?_task=mail&_safe=0&_uid=41&_mbox=INBOX.Sent&_action=print&_... 1/1



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Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE, MELVISHARAM
(Affiliated to Thiruvalluvar University, Serkkadu, Vellore District-632115)

DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS


ORGANIZE

AWARNNESS PROGRAMME ON THE TOPIC
"NUTRITION IN CANCER"

WORLD CANCER DAY- 2023
THEME - "CLOSE THE CARE GAP"

TIMING: 11.00 -12.00 NOON

VENUE: PG SEMINAR HALL



GUEST SPEAKER:
Ms B. Manimegalai., M.Sc., M.Phil.,RD.,
Senior Lecturer & Incharge, Department
Quality Manager,
Dept. Of Dietetics,
Christian Medical College,
Vellore.

Dr. K. ANEES AHMED
CORRESPONDENT

Dr. FREDA GNANASELVAM
PRINCIPAL

MRS. M. KATHY
HOD


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



1/30/23, 11:25 AM

Gmail - Inviting to be the Guest Speaker- reg



Nutritionfsmd mmes <nutritionfsmdmmes@gmail.com>

Inviting to be the Guest Speaker- reg

3 messages

Nutritionfsmd mmes <nutritionfsmdmmes@gmail.com>
To: diet@cmcvellore.ac.in

Fri, Jan 27, 2023 at 11:22 AM

To,
Mrs. Manimegalai,
Chief Dietitian,
CMC Vellore.

Dear Madam,
Greetings from the Department of Nutrition, Food Service Management & Dietetics. M.M.E.S Women's Arts and Science College. As we are organizing an Awareness talk on the Topic " Nutrition in Cancer" to celebrate World Cancer Day. I am very happy to invite you to be the Guest Speaker to share your expertise with us. It would be a great Honour if you could accept our invitation and be there with us on Feb 4th, 2023. (Saturday). Kindly let us know whether you are available if not on that we can also fix any other date at your convenience. Waiting for your reply.
Thank you,

Regards,
Mrs. M. Kathy
Head & Assistant Professor,
Dept. of Nutrition, FSM & Dietetics
M.M.E.S Women's Arts and Science College, Melvisharam.

Dietetics <diet@cmcvellore.ac.in>
To: Nutritionfsmd mmes <nutritionfsmdmmes@gmail.com>

Fri, Jan 27, 2023 at 2:21 PM

Dear Mrs. M. Kathy,

Thanks for the invite. Happy to be part of the program. Please find attached short CV for your perusal.

With kind regards

B.Manimegalai., M.Sc.,M.Phil.,RD.,
Senior Lecturer & In-Charge of Dietetics,
NETPROFAN Convener- Vellore chapter,
Christian Medical College
Vellore-632004
Tamilnadu,India.


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



MANIMEGALAI.B., M.Sc.,M.Phil., RD.,
Senior Lecturer & In-charge & Department Quality Manager
Department of Dietetics
Christian Medical College
Vellore-632004
Tamilnadu, India
NETPROFAN Convener –Vellore chapter



- 20 years of work experience in Clinical Nutrition and Dietetics
- Conducts Regional level Nutrition workshops
- Member and a Registered dietitian of Indian Dietetics Association
- UGC-NET qualified professional & External Member in Syllabus committee of DKM College - Thiruvalluvar University Vellore and co-opted member of Board of studies 2022 of Avinashilingam Home Science –Deemed University Coimbatore
- Resource faculty for National workshops and seminars
- Actively involved in the Academic Activities (Faculty for Master's, Bachelors degree and Diploma courses for AHS and Nursing at CMC Vellore
- Faculty for Post Graduate Diploma in Family Medicine (PGDFM) and Post Graduate Diploma in Geriatrics Medicine(PGDG)) for recent MBBS Graduates
- Actively engaged in community nutritional outreach programmes
- As Co-author for many PG doctors and PG Nutrition students research thesis and Published 22 articles in peer reviewed journals
- Author in manuals ,textbook
- Quality manager of the department
- Core area of Interest - Pediatric Nutrition
- **Recipient of Best Paper Award'18**-Bestowed with Best Paper Award '18 for "Importance of Plate Waste Assessment in a Hospital Kitchen "Honor Date: 15th August 2018 Honor Issuer: Rula International Awards'18
- **Recipient of Best Paper Award'19**-Bestowed with Best Paper Award '19 for "Importance of Good Nutrition during Hospitalization "Honor Date: 15th August 2019 Honor Issuer: Rula International Awards'19


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S WOMEN'S ARTS AND SCIENCE, MELVISHARAM
 DEPARTMENT OF NUTRITION, FSM & DIETETICS
 NUTRITION AWARENESS PROGRAMME - WORLD CANCER DAY- 4th FEB 2023
 TOPIC- "NUTRITION IN CANCER"

Date : 04.02.2023

Timing: 11.00-12.30 NOON

Department of Nutrition, FSM & Dietetics organised Nutrition Awareness Programme on World Cancer Day. It is an awareness programme to educate students about the causes, symptoms and treatment and Dietary Management of Cancer.

The key note speaker of the day was Ms. B. Manimegalai, Senior Lecturer & Incharge, Department of Dietetics, CMC, Vellore. Programme started with Prayers Nath and Kirath by students of III NFSMD followed by welcome speech by Mrs. B. Anbarasi, Assistant Professor. Felicitation took place to the dignitaries on the dias. Dr. Anees Ahmed B.A., D.Lit. Correspondent, Dr. Freda Gnanaselvam.,Ph.D., Principal & Ms. B. Manimegalai, Senior Lecturer & Incharge, Department of Dietetics, CMC, Vellore

Ms. Kathy, Head & Assistant Professor gave the Chief Guest Introduction. Chief Guest address was delivered. Mam gave the insights of the Cancer Day. She emphasized on the prevalence, causes, symptoms and Dietary Management in Cancer. Dr. Freda Gnanaselvam.,Ph.D.,Principal mam gave the special Address and greeted our speaker. Finally vote of Thanks proposed by Mrs. Fathima Thaskin, Assistant Professor. The entire programme was hosted by our students of III NFSMD Ms.Nidha Harmain & Rahiya Anjum.



Chief Guest Speech

Freda
 Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509



STUDENT PARTICIPATED NAME LIST

| S.NO | ROLL NO | NAMES |
|------|---------|--------------------|
| 1. | M201837 | AAMINA MISBAH A |
| 2. | M201839 | AFSHA. D |
| 3. | M201812 | AIMAN NIHA.M |
| 4. | M201815 | ARCHANA.V |
| 5. | M201821 | ASFIYA ZULEKHA.N |
| 6. | M201819 | AYESHA.K |
| 7. | M201825 | BUSHRA.H |
| 8. | M201829 | DEEPIKA.M |
| 9. | M201838 | DIANA R |
| 10. | M201814 | GOMATHI.T |
| 11. | M201808 | HAFSAH SUMAIYA |
| 12. | M201810 | KAVIYA.T |
| 13. | M201840 | KAVIYA.T |
| 14. | M201824 | LOKESHWARIS |
| 15. | M201843 | MAJIDA TABASSUM |
| 16. | M201842 | MUGANTHI A |
| 17. | M201805 | NIDHA HARMAIN.N |
| 18. | M201817 | PARIMALA.E |
| 19. | M201823 | RABIYA BASHEERLA |
| 20. | M201807 | RAHEELA FATHIMA.A |
| 21. | M201806 | RAHIYA ANJUM.S.A |
| 22. | M201830 | RANJANI.P |
| 23. | M201804 | SAHIRA BANU |
| 24. | M201836 | SAKTHI. S |
| 25. | M201826 | SANIYA MEHREEN.B.N |
| 26. | M201827 | SAQIYA FIRDOSE.K |
| 27. | M201820 | SHIREEN FAZANA.M.K |
| 28. | M201818 | SNEHA.V |
| 29. | M201816 | SNEKHA.R |
| 30. | M201834 | SRIMATHI. S |
| 31. | M201841 | SUBHA S |
| 32. | M201813 | TASLEEM BANU.A.K |
| 33. | M201831 | TASMIYA ZAMZAM.G |
| 34. | M201803 | TASNEEM.A |

P. KATHY

Mrs. M. KATHY, M.Sc., NET,
HEAD & ASSISTANT PROFESSOR,
DEPARTMENT OF NUTRITION, FSM & DIETETICS
M.M.E.S. WOMEN'S ARTS & SCIENCE COLLEGE,
MELVISHARAM, RANIPET - 632 509.

Dr. Freda Gnanaselvam
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



| | | |
|-----|---------|-------------------|
| 35. | M201835 | THASEEN A |
| 36. | M201822 | THASEEN BANU.T |
| 37. | M201802 | THASLIMA.A |
| 38. | M201809 | VINISHA.B |
| 39. | M201832 | YOGAPRIYA.D |
| 40. | M201833 | YUVARANI. S |
| 41. | M201811 | YUVASRI.P |
| 42. | M211802 | AASIYA SAMRIN.I |
| 43. | M211842 | ABARNA |
| 44. | M211801 | AGILA SUMAYYA.S |
| 45. | M211827 | AISHWARYA.R |
| 46. | M211822 | ANANDHIR |
| 47. | M211837 | ANUPRIYA V |
| 48. | M211828 | ASHWINI.S |
| 49. | M211803 | DIVYA LAKSHMI.N.R |
| 50. | M211824 | FARHA AEJAZ AZEEM |
| 51. | M211818 | HIMA TASKEEN.S |
| 52. | M211805 | JANANI.P |
| 53. | M211832 | JAYASRI.S |
| 54. | M211815 | KAVITHA.V |
| 55. | M211825 | LAVANYA.U |
| 56. | M211813 | LIKATH AFRIN.F |
| 57. | M211833 | MAHALAKSHMI |
| 58. | M211826 | MALIHA FIRDOUSE.K |
| 59. | M211831 | MONIKA.S |
| 60. | M211810 | MURSHIDHA.A |
| 61. | M211814 | NAFIYA SAMREEN.L |
| 62. | M211808 | NANDHINI.R |
| 63. | M211840 | ROHINI K |
| 64. | M211819 | SALMA BANU.S.M |
| 65. | M211834 | SAMHA FATHIMA |
| 66. | M211817 | SANGAVI.M |
| 67. | M211812 | SHAHIN.A |
| 68. | M211807 | SHALINI.A |
| 69. | M211821 | SHANMUGAPRIYA.K |
| 70. | M211830 | SHEERIN FATHIMA.M |

@. Katy

Mrs. Katy
HEAD & ASSISTANT PROFESSOR,
DEPARTMENT OF NUTRITION, FSM & DIETETICS
M.M.E.S. WOMEN'S ARTS & SCIENCE COLLEGE,
MELVISHARAM, ANIPET - 632 509.

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



| | | |
|-----|---------|---------------------|
| 71. | M211838 | SHREENIDHI A R S |
| 72. | M211806 | SHURUTHIKA.B |
| 73. | M211835 | SOWMIYA |
| 74. | M211816 | SUFIYA ANJUM.Y |
| 75. | M221828 | AALIA MEHAWISH. A |
| 76. | M221826 | AATHIFA TABASSUM. S |
| 77. | M221827 | AGIFA AFRIN. A |
| 78. | M221806 | ALINA FILZA. S |
| 79. | M221838 | ALLIYA SULTHANA. A |
| 80. | M221834 | ALSHIFA RITHAJ. F |
| 81. | M221831 | AMEESHA. A |
| 82. | M221805 | AMIRTHALAKSHMI. J |
| 83. | M221833 | ASFIYA ANJUM. F |
| 84. | M221803 | ASIFA. S. K |
| 85. | M221823 | ASMA BEGUM. K |
| 86. | M221815 | ASMA. A |
| 87. | M221807 | FIRDOSE FATHIMA. G |
| 88. | M221849 | GAYATHRI. K |
| 89. | M221836 | HEMADHARANI. V |
| 90. | M221819 | JASMINE. J |
| 91. | M221840 | JOYSMARY. S |
| 92. | M221848 | KOWSAR S |
| 93. | M221801 | KUNA SAFA MARIAM |
| 94. | M221842 | LOKESHWARI. P. N |
| 95. | M221822 | MOHANA SELVI. R. U |
| 96. | M221832 | NISHA. S |
| 97. | M221841 | NITHISHA. P |
| 98. | M221847 | NITHYALAKSHMIS |

P. Kathy

Mrs. M. KATHY, M.Sc., NET.,
HEAD & ASSISTANT PROFESSOR,
DEPARTMENT OF NUTRITION, FSM & DIETETICS
M.M.E.S. WOMEN'S ARTS & SCIENCE COLLEGE,
MELVISHARAM, RANIPET - 632 509.

Dr. Freda Gnanaselvam

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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|------|---------|-----------------------------|
| 99. | M221808 | NIVETHA M |
| 100. | M221843 | NIVETHA V |
| 101. | M221821 | NUFIYA BANU. D |
| 102. | M221830 | PRINCY PRIYADHARSHINI. P |
| 103. | M221804 | PRITHIGA. G |
| 104. | M221818 | PRIYANKA. K |
| 105. | M221812 | QANITHA AMREEN. K. H |
| 106. | M221839 | RAMYA. C |
| 107. | M221813 | RIDA KULSUM. M. A |
| 108. | M221809 | RIZWANA. R |
| 109. | M221816 | ROSHAN BANU. K |
| 110. | M221829 | RUHAIDA ANJUM. S |
| 111. | M221802 | SABEENA. S |
| 112. | M221817 | SALMA ANJUM. B |
| 113. | M221846 | SAMEEHA SHERIN. S |
| 114. | M221844 | SANDHIYA |
| 115. | M221845 | SARUMITHA |
| 116. | M221837 | SHAFIYA KOWSER. A |
| 117. | M221825 | SHAMNA SHERIN. A |
| 118. | M221835 | SHARFIA FATHIMA |
| 119. | M221810 | SUFIYA. I |
| 120. | M221824 | SUMAIYA KOUSAR. Z |
| 121. | M221814 | TAHOORA SANA. T |
| 122. | M221820 | UMME KULSUM. M |
| 123. | M221811 | ZUBAIDA KAUNAIN |

M. Kathy

Mrs. M. KATHY, M.Sc., NET.,
HEAD & ASSISTANT PROFESSOR,
DEPARTMENT OF NUTRITION, FSM & DIETETICS
M.M.E.S. WOMEN'S ARTS & SCIENCE COLLEGE,
MELVISHARAM, RANIPET - 632 509.

Freda
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
 7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
 Year: 2018- 2023

**M.M.E.S WOMEN'S ARTS & SCIENCE COLLEGE,
 MELVISHARARAM
 AFFILIATED THIRUVALLUVAR UNIVERSITY**

**DEPARTMENT OF NUTRITION, FOOD SERVICE
 MANAGEMENT & DIETETICS
 ORGANIZES**

**NUTRITIONAL AWARENESS PROGRAM
 ON
 WORLD TUBERCULOSIS DAY
 24th March 2022**

World Tuberculosis Day

**INVEST TO END TB
 SAVE LIVES**

Resource Person:
 Mrs. A Santhanalakshmi, M.Sc., NET.,
 CDPO (Child Development Project
 Officer) Cheyyar Block,
 Thiruvannamalai District.

NUTRITION 2022
 Learn, network, and engage with ASN year-round

Organizing Committee Members:
Mrs. M. Kathy., M.Sc., NET., HOD
Assistant Professors:
 Mrs. V. Fathima Thaskin, M.Sc.,
 Ms. R. Sujetha, M.Sc., NET.,
 Ms. S. Nuzra Sultana, M.Sc., M.Phil., NET.,
Lab Assistant: Mrs. S. Parveen, B.Sc.,

**Venue: PG SEMINAR HALL
 Time: 11.00AM-12.00 NOON**

**DR. FREDA GNANA SELVAM, Ph.D.,
 PRINCIPAL**

**DR. K. ANEES AHMED, B.A., D.Lit.,
 CORRESPONDENT**


Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509



M.M.E.S WOMENS ARTS AND SCIENCE COLLEGE, MELVISHARAM
DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS
NUTRITION EDUCATION PROGRAMME - WORLD TUBERCULOSIS DAY- 24TH MARCH 2022
THEME- "INVEST TO END TUBERCULOSIS AND SAVE LIVES"

PROGRAMME SCHEDULE

- | | |
|------------------------|--|
| 1. KIRATH& NATH | -MS. NAZIFA & MS. NOORUL AEIN III NFSMD |
| 2. WELCOME SPEECH | - MS. SUJETHA ASSISTANT PROFESSOR DEPT. OF NFSMD |
| 3. FELICITATION | -DR. FREDA GNANASELVAM.,Ph.D., PRINCIPAL |
| 4. SPECIAL ADDRESS | - DR. ANEES AHMED B.A., D.Lit., CORRESPONDENT |
| 5. GUEST INTRODUCTION | - MS. NUZRA SULTANA ASSISTANT PROFESSOR DEPT. OF NFSMD |
| 6. CHIEF GUEST ADDRESS | - MRS. SANTHANALAKSHMI, M.Sc.,NET CDPO (CHILD DEVELOPMENT PROJECT OFFICER) CHEYYAR BLOCK, THIRUVANNAMALAI DIST. |
| 7. VOTE OF THANKS | - MRS. FATHIMA THASKIN ASSISTANT PROFESSOR DEPT. OF NFSMD |


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S WOMEN'S ARTS AND SCIENCE, MELVISHARAM

DEPARTMENT OF NUTRITION, FSM & DIETETICS

NUTRITION EDUCATION PROGRAMME - WORLD TUBERCULOSIS DAY- 24TH MARCH 2022

THEME- "INVEST TO END TUBERCULOSIS AND SAVE LIVES"

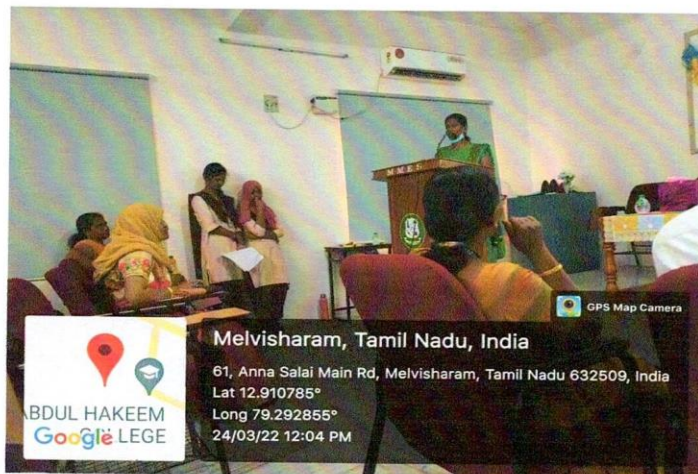
Date : 24.03.2022

Timing: 11.00-12.30 NOON

Department of Nutrition, FSM & Dietetics organised Nutrition Education Programme on World Tuberculosis Day. It is an awareness programme to educate students about the causes, symptoms and treatment and Dietary Management of Tuberculosis. The key note speaker of the day was Mrs. Shanthanalakshmi, M.Sc., NET, Child Development Project Officer, Cheyyar Block, Tiruvannamalai.

Programme started with Prayers Nath and Kirath by Ms. Nazifa Sameen and Ms. Noorul Aein students of III NFSMD followed by welcome speech by Ms. Sujetha, Assistant Professor. Felicitation took place to the dignitaries on the dias. Dr. Anees Ahmed B.A., D.Lit. Correspondent, Dr. Freda Gnanaselvam., Ph.D., Principal, Mrs. Shanthanalakshmi, M.Sc., Net, Child Development Project Officer, Cheyyar Block, Tiruvannamalai.

Ms. Nuzra Sultana Assistant Professor gave the Chief Guest Introduction. Chief Guest address was delivered. Mam gave the insights of the World Tuberculosis Day. She emphasized on the prevalence, causes, symptoms and Dietary Management in Tuberculosis. Dr. Freda Gnanaselvam., Ph.D., Principal mam gave the special Address and greeted our speaker. Finally vote of Thanks proposed by Mrs. Fathima Thaskin, Assistant Professor. The entire programme was hosted by our students of III NFSMD Ms. Samreen Anjum & Ms. Akshaya.



GUEST SPEAKER AWARENESS TALK ON TUBERCULOSIS


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
 7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
 Year: 2018- 2023



M.M.E.S WOMEN'S ARTS & SCIENCE COLLEGE
 AFFILIATED TO THIRUVALLUVAR UNIVERSITY
 HAKEEM NAGAR, MELVISHARAM-632509

**DEPARTMENT OF NUTRITION,
 FOOD SERVICE MANAGEMENT
 AND DIETETICS & ICDS RANIPET DISTRICT**

ORGANIZES

**NUTRITION AWARENESS
 PROGRAMME
 FOR
 NATIONAL NUTRITION MONTH**

DATE : 23.09.2022 TIME: 10.00- 1.00 PM

Dr. Freda Gnanaseivam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509

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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S WOMEN'S ARTS AND SCIENCE, MELVISHARAM

(Affiliated to Thiruvalluvar University)

HAKEEM NAGAR, MELVISHARAM- 632509



DEPARTMENT OF NUTRITION, FSM & DIETETICS & ICDS

OUTREACH PROGRAMME

DATE:23.09.2022

TIME:11.00 AM to 3.00 PM

VENUE: Nandiyalam, Arapakkam, Manguppam, puttuthaku

THEME:NUTRITION AWARENESS PROGRAMME

NO OF PARTICIPANTS:128

REPORT:

Nutrition Awareness Programme was organized by the Department of Nutrition, Food service management and dietetics with the collaboration of ICDS(Integrated child development scheme).UG Students and staffs gathered in **V.M FUNCTION HALL**,Nandiyalam Village. Welcome Speech Was Given By Deepika ,III NFSMD. Mrs.Vasanthi District Programme Officer, **RANIPET DISTRICT** Delivered speech on **IRON DEFICIENCY ANEMIA AND**,Mrs.Girija,CDPO OFFICER,RANIPET DISTRICT gave instructions and divided students into three teams accompanied by staff members and anganwadi workers in three villages like Arapakkam, Manguppam, puttuthaku respectively.

TEAM 1: ARAPAKKAM

Students Were accompanied by Ms.Nuzra sultana, Assistant Professor, and Lab assistant, Mrs.parveen.,DEPT of NFSM&D MMES College .Mrs.vasanthi,Disrtict programme officer, Mrs.Girija,CDPO Officer, Ranipet District .The programme was commenced by the Introduction speech given by Ms.Nuzra sultana to 100 day workers about Nutrition awareness programme. In Addition to , Students Performed villupattu , Mime show on Nutrition through lifespan, Role play on Anaemia and vitamin A Deficiency. Finally, students conducted games related to food pyramid and Basic five food groups.In commemoration of Nutrition awareness programme the pledge was taken by students as recited by Mrs.Vasanthi,Disrtict programme officer. Field workers enjoyed the programme very well and gave positive feedback.

TEAM 2: MANGUPPAM

Students Were accompanied by Mrs.Kathy Head &Assistant Professor, DEPT of NFSM&D MMES College..The programme was commenced by the Introduction speech given by Mrs.Kathy to 100 day workers about Nutrition awareness programme. Students Performed song on Nutrition Awareness, Mime show on Obesity& Role play on Tuberculosis. Finally, students explained charts related to anaemia. In conclusion, vote of thanks was given by student. Field workers enjoyed the programme very well and gave positive feedback.



TEAM 3:PUTTUTHAKU

Students Were accompanied by Mrs.FathimaThaskin, and Dr.Anbukkarasi , Assistant Professor,DEPT of NFSM&D MMES College..The programme was commenced by the Introduction speech given by Mrs.FathimaThaskin to Primary school children about Nutrition awareness programme. In Addition to, Students Performed Mime show on CVD (cardiovascular disease)and Eating disorder. Finally, Role play on Anaemia was conducted. In conclusion, vote of thanks was given by Dr.Anbukkarasi , Assistant Professor,DEPT of NFSM&D MMES College.



**MRS.VASANTHI,DISTRICT PROGRAMME OFFICER, RANIPET DISTRICT
DELIVERING SPEECH ON ANEMIA**


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



STUDENTS AWARENESS ON ANEMIA TO 100 DAYS WORKERS



WELCOME SPEECH BY M. DEEPIKA III NFSMD STUDENT

Dr.
 Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509



VILLUPATTU BY II NFSMD STUDENYS



STUDENTS MIME SHOW TO 100 DAYS WORKERS

Dr. Freda Gnanaseivam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



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HAKEEM NAGAR - MELVISHARAM- 632 509



DEPARTMENT OF NUTRITION, FOOD SERVICE MANAGEMENT &

STUDENTS LIST FOR OUTREACH PROGRAMME- 2022-2023

DATE: 23.09.2022

| S.NO. | ROLL NO. | STUDENT NAMES | SIGNATURE |
|-------|----------|--------------------------|-----------------------|
| 1 | M221828 | AALIA MEHAWISH. A | Aalia mehawish |
| 2 | M221826 | AATHIFA TABASSUM. S | Aathifa |
| 3 | M221806 | ALINA FILZA. S | Alina Filza |
| 4 | M221838 | ALLIYA SULTHANA. A | Alliya Sulthana |
| 5 | M221834 | ALSHIFA RITHAJ. F | Alshifa |
| 6 | M221827 | AGIFA AFRIN. A | Agifa Afrin |
| 7 | M221831 | AMEESHA. A | Ameesha |
| 8 | M221805 | AMIRTHALAKSHMI. J | Amirtha Lakshmi |
| 9 | M221833 | ASFIYA ANJUM. F | Asfiya Anjum |
| 10 | M221803 | ASIFA. S. K | Asifa |
| 11 | M221815 | ASMA. A | Asma |
| 12 | M221823 | ASMA BEGUM. K | Asma Begum |
| 13 | M221850 | DEVADHARSHINI | Devadharshini |
| 14 | M221807 | FIRDOSE FATHIMA. G | Firdose Fathima |
| 15 | M221849 | GAYATHRI. K | Gayathri |
| 16 | M221836 | HEMADHARANI. V | Hemadharani |
| 17 | M221819 | JASMINE. J | Jasmine |
| 18 | M221840 | JOYSMARY. S | Joysmary |
| 19 | M221848 | KOWSAR S | Kowsar |
| 20 | M221801 | KUNA SAFA MARIAM | Kuna Safa Mariam |
| 21 | M221842 | LOKESHWARI. P. N | Lokeshwari |
| 22 | M221822 | MOHANA SELVI. R. U | Mohana Selvi |
| 23 | M221832 | NISHA. S | Nisha |
| 24 | M221841 | NITHISHA. P | Nithisha |
| 25 | M221847 | NITHYALAKSHMI.S | Nithya Lakshmi |
| 26 | M221808 | NIVETHA M | Nivetha |
| 27 | M221843 | NIVETHA V | Nivetha |
| 28 | M221821 | NUFIYA BANU. D | Nufiya Banu |
| 29 | M221830 | PRINCY PRIYADHARSHINI. P | Princy Priyadharshini |
| 30 | M221804 | PRITHIGA. G | Prithiga |
| 31 | M221818 | PRIYANKA. K | Priyanka |
| 32 | M221812 | QANITHA AMREEN. K. H | Qanitha Amreen |
| 33 | M221839 | RAMYA. C | Ramya |
| 34 | M221813 | RIDA KULSUM. M. A | Rida Kulsum |
| 35 | M221809 | RIZWANA. R | Rizwana |
| 36 | M221816 | ROSHAN BANU. K | Roshan Banu |
| 37 | M221802 | SABEENA. S | Sabeena |


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



| | | | |
|----|---------|---------------------|----------------------|
| 38 | M221817 | SALMA ANJUM. B | Salma Anjum B. |
| 39 | M221846 | SAMEEHA SHERIN. S | Sameeha Sherin S. |
| 40 | M221844 | SANDHIYA | Sandhya V. |
| 41 | M221845 | SARUMITHA | Sarumitha |
| 42 | M221837 | SHAFIYA KOWSER. A | Shafiya Kowser A. |
| 43 | M221825 | SHAMNA SHERIN. A | Shamna Sherin A. |
| 44 | M221835 | SHARFIA FATHIMA | Sharfia Fathima |
| 45 | M221810 | SUFIYA. I | Sufiya I. |
| 46 | M221824 | SUMAIYA KOUSAR. Z | S. Sumaiya Kousar Z. |
| 47 | M221814 | TAHOORA SANA. T | T. Tahoorah Sana T. |
| 48 | M221820 | UMME KULSUM. M | Ummeh Kulsum M. |
| 49 | M221811 | ZUBAIDA KAUNAIN | Zubaida Kaunain |
| 50 | M211842 | ABARNA | P. Abarna |
| 51 | M211801 | AGILA SUMAYYA.S | Agila Sumayya S. |
| 52 | M211827 | AISHWARYA.R | Aishwarya R. |
| 53 | M211822 | ANANDHLR | R. Anandhi |
| 54 | M211837 | ANUPRIYA V | Anupriya V. |
| 55 | M211828 | ASHWINIS | S. Ashwinis |
| 56 | M211823 | AYISHA SIDDIQUA.E.M | Ayisha Siddiqua E.M. |
| 57 | M211803 | DIVYA LAKSHMI.N.R | Divya Lakshmi N.R. |
| 58 | M211824 | FARHA AEJAZ AZEEM | Farha Aejaz Azeem |
| 59 | M211818 | HIMA TASKEEN.S | Hima Taskeen S. |
| 60 | M211805 | JANANI.P | P. Janani |
| 61 | M211832 | JAYASRI.S | Jayasri S. |
| 62 | M211815 | KAVITHA.V | Kavitha V. |
| 63 | M211843 | KEERTHANA.S | Keerthana S. |
| 64 | M211825 | LAVANYA.U | Lavanya U. |
| 65 | M211813 | LIKATH AFRIN.F | Likath Afrin F. |
| 66 | M211833 | MAHALAKSHMI | Mahalakshmi S. |
| 67 | M211826 | MALIHA FIRDOUSE.K | Maliha Firdouse K. |
| 68 | M211831 | MONIKA.S | S. Monika |
| 69 | M211804 | MUNEERA.A | A. Muneera |
| 70 | M211814 | NAFIYA SAMREEN.L | Nafiyah Samreen L. |
| 71 | M211808 | NANDHINI.R | Nandhini R. |
| 72 | M211840 | ROHINI K | Rohini K. |
| 73 | M211819 | SALMA BANU.S.M | Salma Banu S.M. |
| 74 | M211834 | SAMHA FATHIMA | Samha Fathima K. |
| 75 | M211817 | SANGAVI.M | M. Sangavi |
| 76 | M211812 | SHAHIN.A | A. Shahin |
| 77 | M211807 | SHALINI.A | Shalini A. |
| 78 | M211821 | SHANMUGAPRIYA.K | Shanmugapriya K. |
| 79 | M211830 | SHEERIN FATHIMA.M | Sheerin Fathima M. |
| 80 | M211838 | SHREENIDHI A R S | Shreenidhi A.R.S. |
| 81 | M211806 | SHURUTHIKA.B | Shuruthika B. |
| 82 | M211835 | SOWMIYA | Sowmiya T. |
| 83 | M211816 | SUFIYA ANJUM.Y | Sufiya Anjum Y. |
| 84 | M211829 | SUMAIYA FATHIMA.P | Sumaiya Fathima P. |


U.P. Firda Gnanaselvam; Ph.D.,
Principal
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Melvisharam - 632 509



| | | | |
|-----|---------|--------------------|---------------------|
| 85 | M211820 | SUMAIYA TABASSUM.N | Sumaiya Tabassum-N |
| 86 | M211839 | SUMAYABANU S | Sumaya Banu -S |
| 87 | M211836 | THIRISHA | Thirisha -S |
| 88 | M211811 | ZAIBA SAMAN.J | Zaiba saman .J |
| 89 | M201837 | AAMINA MISBAH A | Aamina Misba .A |
| 90 | M201812 | AIMAN NIHA.M | Aiman niha m |
| 91 | M201815 | ARCHANA.V | V. Archana |
| 92 | M201821 | ASFIYA ZULEKHA.N | RSFIYA.N |
| 93 | M201819 | AYESHA.K | K. Ayesha ... |
| 94 | M201825 | BUSHRA.H | H. Bushra |
| 95 | M201829 | DEEPIKA.M | Deepika .M |
| 96 | M201838 | DIANA R | R. Diana |
| 97 | M201814 | GOMATHI.T | Gomathi .T |
| 98 | M201808 | HAFSAH SUMAIYA | Hafsah |
| 99 | M201810 | KAVIYA.T | Kaviya .T |
| 100 | M201840 | KAVIYA.T | kaviya .T |
| 101 | M201824 | LOKESHWARIS | S. Lokeshwaris |
| 102 | M201843 | MAJIDA TABASSUM | S. Majida Tabassum. |
| 103 | M201842 | MUGANTHI A | A. muganthi |
| 104 | M201805 | NIDHA HARMAIN.N | Nidha harmain .N |
| 105 | M201817 | PARIMALA.E | E. parimala |
| 106 | M201823 | RABIYA BASHEERLA | A. Rabiya basheeri |
| 107 | M201807 | RAHEELA FATHIMA.A | A. Raheela Fathima |
| 108 | M201806 | RAHIYA ANJUM.S.A | RAHIYA ANJUM .S-A |
| 109 | M201830 | RANJANI.P | P. Ranjeni |
| 110 | M201804 | SAHIRA BANU | Sahira Banu |
| 111 | M201836 | SAKTHI S | Sakthi S |
| 112 | M201826 | SANIYA MEHREEN.B.N | Saniya mehreen B.N |
| 113 | M201827 | SAQIYA FIRDOSE.K | Saqiya firdose .K |
| 114 | M201820 | SHIREEN FAZANA.M.K | M.K. Shireen fazana |
| 115 | M201818 | SNEHA.V | V. Sneha |
| 116 | M201816 | SNEKHA.R | R. Snekha |
| 117 | M201834 | SRIMATHI. S | S. Srimalathi |
| 118 | M201841 | SUBHA S | S. Subha |
| 119 | M201813 | TASLEEM BANU.A.K | Tasleem Banu .K |
| 120 | M201831 | TASMIYA ZAMZAM.G | G. Tasmiya zamzam |
| 121 | M201803 | TASNEEM.A | Tasneem .A |
| 122 | M201835 | THASEEN A | Thaseen -A. |
| 123 | M201822 | THASEEN BANU.T | T. Thaseen Banu |
| 124 | M201802 | THASLIMA.A | A. Thas |
| 125 | M201809 | VINISHA.B | B. Vinisha |
| 126 | M201832 | YOGAPRIYA.D | D. Yogapriya |
| 127 | M201833 | YUVARANI S | S. yuvarani |
| 128 | M201811 | YUVASRI.P | P. yuvasri |


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



APPRECIATION LETTER

DATE:23.09.2022

We Acknowledge and appreciate the students and faculty members for organizing Today's Nutrition Awareness Programme to the field workers with the collaboration of ICDS (Integrated Child Development Scheme). We have received students of Nutrition Food Service Management and Dietetics from MMES Women's Arts and Science College, Melvisharam, for this **Nutrition Awareness Programme**. We appreciate Mrs.Kathy Head & Assistant Professor, Mrs.Fathima Thaskin Assistant Professor, Ms.Nuzra sultana, Assistant Professor, Dr.Anbukkarasi, Assistant Professor of NFSMD and B.Sc., NFSMD students for organising this event. Students Performed **Villupattu, Mime show, Role play, song on Nutrition Awareness, Tuberculosis, CVD (cardiovascular disease), Obesity and Eating disorder, on Nutrition through lifespan, Anaemia and vitamin A Deficiency**. Finally, students conducted games related to food pyramid and Basic five food groups. Field workers enjoyed the programme very well gained knowledge about nutrition and gave positive feedback. We are thanking you all for organising this awareness programme.

சு. சிவசுந்தரி 23/9/22
குழந்தை வளர்ச்சி திட்ட அலுவலர்
ஆற்காடு, இராணியேட்டை, மாவட்டம்.



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



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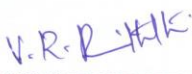
DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

TIMING: 10. 30 am to 3. 30pm

VENUE: BIOTECHNOLOGY CLASS ROOMS

| DATE | LIST OF PROGRAM | TOPIC |
|------------|---|----------------------------------|
| 28-02-2023 | DEPARTMENT OF BIOTECHNOLOGY & IQAC ORGANIZED SCIENCE DAY CELEBRATION | "NATIONAL SCIENCE DAY – 2023" |


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509


HEAD OF THE DEPARTMENT
Dr.V.R.Punitnavathi, Ph.I
Head, Dept of Biotechnology/
M.M.E.S Women's Arts & Science College
Melvisharam - 632509





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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023


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"SCIENCE EXHIBITION" – REPORT - 2023

DATE: "28.02.2023

The Department of Biotechnology Organized "**Science Exhibition**" on "28.02.2023. All Department Students from our college were invited to the various competition conducted by the Department of Biotechnology. All Students have actively participated in the events. The winners were felicitated with prizes and others were congratulated for their active participation.


PRINCIPAL
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509


HEAD OF THE DEPARTMENT
Dr. V.R. Punithavathi, Ph.D
Head, Dept of Biotechnology
M.M.E.S Women's Arts & Science College
Melvisharam - 632509



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NAAC – SSR CYCLE -I
 7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
 Year: 2018- 2023

In the name of Allah, the most Beneficent, the most

M.M.E.S.WOMEN'S ARTS AND SCIENCE
 (Affiliated to Thiruvalluvar University)
 Hakeem nagar, melvisharam
 Ranipet District, Tamil Nadu- 632509

DEPARTMENT OF BIOTECHNOLOGY & IQAC

CELEBRATING

"NATIONAL SCIENCE DAY - 2023"
 ON
28.02.2023

| | |
|---|--|
| Dr. S. ZIAUDDIN AHMED, B.A., D.LIT., GENERAL SECRETARY | Dr. K. ANEES AHMED, B.A., D.LIT., SECRETARY & CORRESPONDENT |
|---|--|

| | |
|---|---|
| Dr. FREDA GNANASELVAM, Ph.D PRINCIPAL & JUDGE | Dr. B. SASIREKA, M.Com, M.PHE Ph. D IQAC COORDINATOR & JUDGE |
|---|---|

| | |
|---|---|
| Dr. V. R. FUNITHAVATHI, M.Sc., M.Phil., Ph.D., P.D., HEAD OF THE DEPARTMENT | Dr. B. SASIREKA, M.Com, M.PHE Ph. D IQAC COORDINATOR & JUDGE |
|---|---|

EVENTS

Experimentation is the GREATEST SCIENCE

1. SCIENCE EXPERIMENTS
2. MODELS
3. HEALTH CHECK UP
4. HEALTHY FOOD
5. PHOTOGRAPHY
6. NURSERY
7. AQUARIUM
8. PET SHOW
9. SCIENCE GAMES
10. COIN & STAMP COLLECTION

FACULTY MEMBERS

Mrs. S. SARITHA, M.Sc., M.Phil. B.Ed., (Ph.D.)
 Ms. P. THARANYA, M.Sc., M.Phil. B. Ed.,
 Dr. S. SUGANYA, M.Sc., M.Phil., Ph.D.,
 Ms. L. NIVETHA, M.Sc.,
 Mrs. R. KOKILA, M.Sc., PGDMLT.,
 Ms. S. ASIFA TABASSUM, M.Sc., PGDMLT.,
 Mrs. T. MADHUMATHI, M.Sc.,

M.Sc. B.Sc. Biotechnology

M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
HAKEEM NAGAR, MELVISHARAM -632509
 (Affiliated to Thiruvalluvar University)

"SCIENCE EXHIBITION" – REPORT - 2023

DATE: "28.02.2023

The Department of Biotechnology Organized "Science Exhibition" on "28.02.2023. All Department Students from our college were invited to the various competition conducted by the Department of Biotechnology. All Students have actively participated in the events. The winners were felicitated with prizes and others were congratulated for their active participation.

| | |
|--|---|
| <p style="text-align: center;"></p> <p style="text-align: center;">PRINCIPAL Dr. Freda Gnanaseivam, Ph.D., Principal M.M.E.S. Women's Arts & Science College Melvisharam - 632 509</p> | <p style="text-align: center;"></p> <p style="text-align: center;">HEAD OF THE DEPARTMENT Dr. V.R. Funithavathi, Ph.D Head, Dept of Biotechnology M.M.E.S Women's Arts & Science College Melvisharam - 632509</p> |
|--|---|



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023


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HAKEEM NAGAR, MELVISHARAM- 632509



DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC |
|-----------|--|-----------------------|
| 1-12-2022 | DEPARTMENT OF BIOTECHNOLOGY & IQAC ORGANIZED AWARENESS PROGRAM | "WORLD AIDS DAY 2022" |


IQAC CO-ORDINATOR


HEAD OF THE DEPARTMENT
Dr. V.R. Punithavathi, Ph.D
Head, Dept of Biotechnology
M.M.E.S Women's Arts & Science College
Melvisharam - 632509


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2. Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



**M.M.E.S. WOMEN'S ARTS & SCIENCE
COLLEGE, MELVISHARAM**


Affiliated to Thiruvalluvar university

“World AIDS Day 2022”

*Organized by Department of Biotechnology
and IQAC*

on Dec 1-12-2022



HOPE

STOP AIDS
WORLD AIDS DAY
1 DECEMBER



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HAKEEM NAGAR, MELVISHARAM- 632509



DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC |
|------------|--|--------------------------------------|
| 07-11-2022 | DEPARTMENT OF BIOTECHNOLOGY, IQAC & YRC UNIT ORGANIZED AWARENESS PROGRAM | "NATIONAL CANCER AWARENESS DAY 2022" |

30

IQAC CO-ORDINATOR

HEAD OF THE DEPARTMENT

Dr.V.R.Punithavathi, Ph.I
Head, Dept of Biotechnology
M.M.E.S Women's Arts & Science College
Melvisharam - 632509

YRC UNIT

YRC Programme Officer,
M.M.E.S.Women's Arts and Science College,
Melvisharam - 632 509.

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509.



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE MELVISHARAM



AFFILIATED TO THIRUVALLUVAR UNIVERSITY
NATIONAL CANCER AWARENESS DAY 2022

organized by
Department of Biotechnology, IQAC and
YRC Unit
on 07 November 2022





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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

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HAKEEM NAGAR, MELVISHARAM -632509

(Affiliated to Thiruvalluvar University)



NATIONAL CANCER AWARENESS DAY - REPORT

DATE: 07-11-2022

Department of Biotechnology, IQAC and YRC Unit Organized an Awareness Program on “National Cancer Awareness Day” on 07.11.2022. This day is important because it educates students about the serious risk of cancer. Our UG and PG Students have actively participated.

PRINCIPAL

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

V. R. Punitha
HEAD OF THE DEPARTMENT

Dr.V.R.Punithnavathi, Ph.D
Head, Dept of Biotechnology
M.M.E.S Women's Arts & Science College
Melvisharam - 632509

YRC UNIT

YRC Programme Officer,
M.M.E.S.Women's Arts and Science College,
Melvisharam - 632 509.



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HAKEEM NAGAR, MELVISHARAM- 632509



DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC | OTHER DETAILS |
|------------|--|-------------------|--|
| 16-09-2022 | DEPARTMENT OF BIOTECHNOLOGY & IQAC ORGANIZED AWARENESS PROGRAM | "WORLD OZONE DAY" | Mrs. S.SARITHA, ASSISTANT PROFESSOR, DEPARTMENT OF BIOTECHNOLOGY. Delivered a special talk about ozone importance. |

VENUE: PG SEMINAR HALL

TIMING: 2.00 PM to 3.30 PM

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

HEAD OF THE DEPARTMENT

Dr.V.R.Punithavathi, Ph.D
Head, Dept of Biotechnology
M.M.E.S Women's Arts & Science College
Melvisharam - 632509



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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VENUE: M.M.E.S Women's Arts and Science College, Melvisharam.

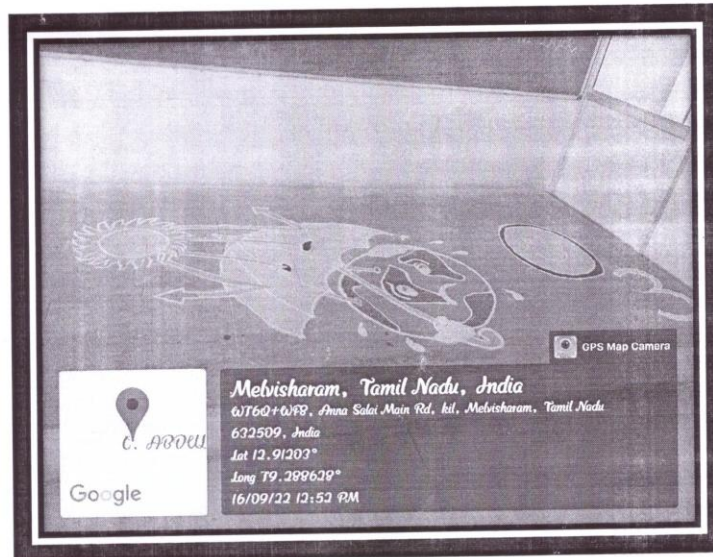
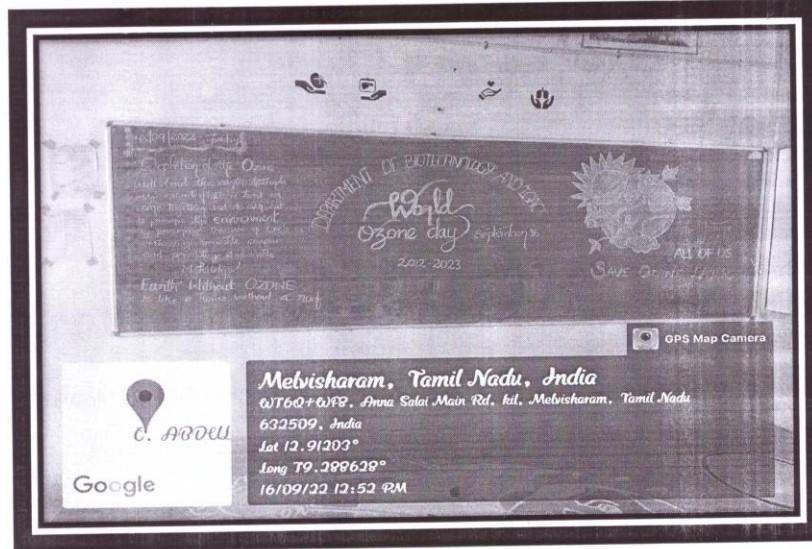
DATE: 16-09-2022

Department of Biotechnology and IQAC of our College organized "World Ozone Day" on 16-09-2022. Students of our Department presented poster to create the awareness about the Ozone Day. Mrs. Saritha, Assistant Professor, Department of Biotechnology delivered a special talk about Ozone, its importance, Ozone Depletion and preventive measures to control ozone depletion on that Day.


IQAC CORDINATOR


HEAD OF THE DEPARTMENT
Dr.V.R.Punithavathi, Ph.D
Head, Dept of Biotechnology
M.E.S Women's Arts & Science College
Melvisharam - 632509


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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DEPARTMENT OF BIOTECHNOLOGY ACTIVITIES

| DATE | LIST OF PROGRAM | TOPIC | CHIEF GUEST AND OTHER DETAILS |
|------------|---|----------------------------|---|
| 13.08.2022 | DEPARTMENT OF BIOTECHNOLOGY, IQAC& YRC UNIT ORGANIZED AWARENESS PROGRAM | "WORLD ORGAN DONATION DAY" | Dr. FREDA GNANASELVAM, Principal M.M.E.S Women's Arts And Science College, Melvisharam. |


YRC Programme Officer,
M.M.E.S.Women's Arts and Science College,
Melvisharam - 632 509.


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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HEAD OF THE DEPARTMENT
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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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HAKEEM NAGAR, MELVISHARAM- 632509



“WORLD ORGAN DONATION DAY” - REPORT

VENUE: M.M.E.S Women's Arts and Science College, Melvisharam

DATE: 13.08.2022

Department of Biotechnology, IQAC and YRC organized “World Organ Donation Day” on 13-08-2022. All Students of our Department have actively participated in this activity. Our II B.Sc Biotechnology student Ms. P. Uma Mageswari explained about the importance of organ donation among our students. Dr. Freda Gnanaselvam, Principal of our College was the Guest of Honor of this event.


IQAC CORDINATOR


HEAD OF THE DEPARTMENT

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Head, Dept of Biotechnology
M.M.E.S Women's Arts & Science College
Melvisharam - 632509


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509


YRC
YRC Programme Officer,
M.M.E.S.Women's Arts and Science College,
Melvisharam - 632 509.



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



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2022-2023

CIRCULAR NO: 1

Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts & Science College is scheduled to be held on 18.08.2022 at the Biotechnology UG lab (1.30 pm). All the members of the club are requested to attend Meeting without fail.

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------------|-----------|
| 1 | Dr. Freda Gnanaselvam | Chairman | |
| 2 | Dr. B. Sasireka | IQAC- Co-ordinator | |
| 3 | Dr. V. R. Punithavathi | Co-ordinator | |
| 4 | Ms. P. Tharanya | Member | |
| 5 | Ms. L. Nivetha | Member | |
| 6 | Mrs. R. Kokila | Member | |

Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Meivisharam - 632 509


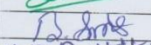
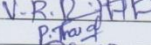
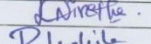
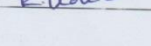


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Minutes of Meeting

Environmental club meeting was conducted on 18.08.2022 at the Biotechnology UG lab to discuss the following agenda in presence of the following members and along with the student members

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|--------------------|---|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman |  |
| 2 | Dr. B. Sasireka | Head of B. Com (G) | IQAC- Co-ordinator |  |
| 3 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | V.R.P. Punithavathi |
| 4 | Ms. P. Tharanya | Assistant Professor | Member |  |
| 5 | Ms. L. Nivetha | Assistant Professor | Member |  |
| 6 | Mrs. R. Kokila | Assistant Professor | Member |  |

The Following points were discussed.

- Plan to start environmental club in the month end of August 2022
- The participation of students for various activities to be decided
- Voluntary participation of students to be trained.
- Preparation of schedule for various events like planting trees, field trip etc....
- Selection of for environmental club President and Secretary based on the nominee.


Dr. Freda Gnanaselvam, Ph.D.,
Principal
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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023




M.M.E.S.WOMEN'S ARTS AND SCIENCE COLLEGE

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Action Taken Plan for Circular No: 1

- As per the plan the environmental club was started in the month of August 29th 2022
- Voluntary students were trained well
- President and Secretary for environmental club were selected based on the nominee


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Principal
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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
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CIRCULAR NO: 2

Circular for Environment Club Meeting

Environmental club meeting of M.M.E.S Women's Arts & Science College is scheduled to be held on 09.09.2022 at M. M. E. S PG Seminar Halls (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------------|-----------|
| 1 | Dr. Freda Gnanaselvam | Chairman | |
| 2 | Dr. B. Sasireka | IQAC- Co-ordinator | |
| 3 | Dr. V. R. Punithavathi | Co-ordinator | |
| 4 | Ms. P. Tharanya | Member | |
| 5 | Ms. L. Nivetha | Member | |
| 6 | Mrs. R. Kokila | Member | |
| 7 | T. Srilekha | President | |
| 8 | M. Kiruthika | Secretary | |

Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S.WOMEN'S ARTS AND SCIENCE COLLEGE
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HAKEEM NAGAR, MELVISHARAM- 632509



Minutes of Meeting

Environmental club meeting was conducted on 09.09.2022 at the M.M.E.S PG Seminar Hall to discuss the following agenda in presence of the following members and students

MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|--------------------|--------------------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | <i>[Signature]</i> |
| 2 | Dr. B. Sasireka | Head of B. Com | IQAC- Co-ordinator | <i>[Signature]</i> |
| 3 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | <i>[Signature]</i> |
| 4 | Ms. P. Tharanya | Assistant Professor | Member | <i>[Signature]</i> |
| 5 | Ms. L. Nivetha | Assistant Professor | Member | <i>[Signature]</i> |
| 6 | Mrs. R. Kokila | Assistant Professor | Member | <i>[Signature]</i> |
| 7 | T. Srilekha | Student | President | <i>[Signature]</i> |
| 8 | M. Kiruthika | Student | Secretary | <i>[Signature]</i> |

STUDENT MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | DEPARTMENT | SIGNATURE |
|------|--------------------|-------------|-----------|---------------------|--------------------|
| 1 | Aayesha Siddiqua.J | Student | President | B. Sc Biotechnology | <i>[Signature]</i> |
| 2 | Aruna.P | Student | Secretary | B. Sc Biotechnology | <i>[Signature]</i> |
| 3 | Ayesha Siddiqua. S | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 4 | Aysha Siddika.F | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 5 | Farzana Parveen.N | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 6 | Gayathri S | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 7 | Hemavathi. J | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 8 | Hillmiya Fathima.R | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 9 | Jabeen Kowsar.M | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 10 | Kalaiyarasi.A | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 11 | Karthika. B | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 12 | Kaviya. K | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 13 | Kiruthika.J | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 14 | Kiruthika. M | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 15 | Malathi.R | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 16 | Mofan Lawa.E | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 17 | Mumtaj Nazreen.Z | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |



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NAAC – SSR CYCLE -I
 7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
 Year: 2018- 2023

| | | | | | |
|----|---------------------------|---------|--------|---------------------|---------------------------|
| 18 | Najma Tabassum.V.M | Student | Member | B. Sc Biotechnology | V.M. Najma |
| 19 | Narmadha.L | Student | Member | B. Sc Biotechnology | L. Narmadha |
| 20 | Nashitha Muskaan. S | Student | Member | B. Sc Biotechnology | Nashitha Muskaan S |
| 21 | Priyanka.B | Student | Member | B. Sc Biotechnology | B. Priyanka |
| 22 | Sadiya Reema.F | Student | Member | B. Sc Biotechnology | Sadiya Reema.F |
| 23 | Sandhiya.M | Student | Member | B. Sc Biotechnology | M. Sandhiya |
| 24 | Shabana. K | Student | Member | B. Sc Biotechnology | K. Shabana |
| 25 | Sharmila. S | Student | Member | B. Sc Biotechnology | S. Sharmila |
| 26 | Sri Lekha. T | Student | Member | B. Sc Biotechnology | T. Sri Lekha |
| 27 | Suji. J | Student | Member | B. Sc Biotechnology | J. Suji |
| 28 | Swathi. A | Student | Member | B. Sc Biotechnology | A. Swathi |
| 29 | Vandhana. B | Student | Member | B. Sc Biotechnology | B. Vandhana |
| 30 | Thahoor Firdous. H | Student | Member | B. A. English | H. Thahoor Firdous |
| 31 | Fouziya. F | Student | Member | B. A. English | F. Fouziya |
| 32 | Aafiya Harmain. P | Student | Member | B. A. English | P. Aafiya Harmain |
| 33 | Malka Nafeesa Tabassum. M | Student | Member | B. A. English | M. Malka Nafeesa Tabassum |
| 34 | Aakifa Najam | Student | Member | B. A. English | A. Aakifa Najam |
| 35 | Taskeen Kownain. U | Student | Member | B. A. English | U. Taskeen Kownain |
| 36 | Megha Taj. A | Student | Member | B. A. English | A. Megha Taj |
| 37 | Sarulatha | Student | Member | B. A. English | S. Sarulatha |
| 38 | Faiza Parvez | Student | Member | B. A. English | F. Faiza Parvez |
| 39 | Indhumathi. J | Student | Member | B. A. English | J. Indhumathi |
| 40 | Roshini. S | Student | Member | B. A. English | S. Roshini |
| 41 | Farzana Parveen. P.S | Student | Member | B. A. English | P.S. Farzana Parveen |
| 42 | Mahidhunnisa. A | Student | Member | B. A. English | A. Mahidhunnisa |
| 43 | Anupriya. H | Student | Member | B. A. English | H. Anupriya |
| 44 | Kokila. A | Student | Member | B. A. English | A. Kokila |
| 45 | Vishali. N | Student | Member | B. A. English | N. Vishali |
| 46 | Dhivya Lakshmi. R. K | Student | Member | BBA | K. R. Dhivya Lakshmi |
| 47 | Jeeva Rhekha | Student | Member | BBA | J. Jeeva Rhekha |
| 48 | Aafreen Fathima. A | Student | Member | BBA | A. Aafreen Fathima |
| 49 | Sindhu. M | Student | Member | BBA | M. Sindhu |
| 50 | Bhavani. N | Student | Member | BBA | N. Bhavani |
| 51 | Aathifa. I | Student | Member | BBA | I. Aathifa |
| 52 | Sidhuja. B | Student | Member | BBA | B. Sidhuja |
| 53 | Sindhumathi. E | Student | Member | BBA | E. Sindhumathi |
| 54 | Sneha. R | Student | Member | BBA | R. Sneha |
| 55 | Aabitha Kowsar. G | Student | Member | BBA | G. Aabitha Kowsar |
| 56 | Shireen Fazana. M.K | Student | Member | B. Sc N & D | M.K. Shireen Fazana |
| 57 | Parimal. E | Student | Member | B. Sc N & D | E. Parimal |
| 58 | Kaviya. T | Student | Member | B. Sc N & D | T. Kaviya |
| 59 | Majda Tabassum. S | Student | Member | B. Sc N & D | S. Majda Tabassum |
| 60 | Ayesha. K | Student | Member | B. Sc N & D | K. Ayesha |



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NAAC – SSR CYCLE -I
 7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
 Year: 2018- 2023


| | | | | | |
|-----|-------------------------------|---------|--------|--------------------|-------------------------------|
| 61 | Aiman Niha. M | Student | Member | B. Sc N & D | Aiman Niha. M |
| 62 | Raheela Fathima. A | Student | Member | B. Sc N & D | Raheela Fathima. A |
| 63 | Rahiya Anjum. S. S | Student | Member | B. Sc N & D | Arsin. S. S |
| 6 | Tasneem. A | Student | Member | B. Sc N & D | A. Tasneem. |
| 4 | Nidha Harmain. N | Student | Member | B. Sc N & D | Azaemai. N |
| 65 | Sahira Banu | Student | Member | B. Sc N & D | Sahira Banu |
| 66 | Yuva Rani. S | Student | Member | B. Sc N & D | Yuva Rani. S |
| 67 | Thaseen. A | Student | Member | B. Sc N & D | Thaseen. A |
| 68 | Aamina Misbha. A | Student | Member | B. Sc N & D | Aamina Misbha. A |
| 69 | Vinisha. B | Student | Member | B. Sc N & D | Vinisha. B |
| 70 | Fowziya. S | Student | Member | B. Sc N & D | Fowziya. S |
| 71 | Afrin. I | Student | Member | BCA Section A | Afrin. I |
| 72 | Asfiya Banu. A | Student | Member | BCA Section A | A. Asfiya Banu |
| 73 | Loganayagi. D | Student | Member | BCA Section A | Loganayagi. D |
| 74 | Adeeba Bada. S | Student | Member | BCA Section A | Vijayalakshmi |
| 75 | Vijayalakshmi. K | Student | Member | BCA Section B | Adeeba Bada. S |
| 76 | Shalini. M | Student | Member | BCA Section B | Shalini. M |
| 77 | Varsha. P | Student | Member | BCA Section B | Varsha. P |
| 78 | Sandhiya. V | Student | Member | BCA Section B | Sandhiya. V |
| 79 | Shoba. V | Student | Member | BCA Section B | Shoba. V |
| 80 | Priya. K | Student | Member | BCA Section B | Priya. K |
| 81 | Swarnamalya. S | Student | Member | BCA Section B | Swarnamalya. S |
| 82 | Poonizhi. M | Student | Member | BCA Section B | M. Poonizhi |
| 83 | Preethi. N | Student | Member | BCA Section B | Preethi. N |
| 84 | Vinitha. E | Student | Member | BCA Section B | Vinitha. E |
| 85 | Sneha. S | Student | Member | BCA Section B | Sneha. S |
| 86 | Swetha. S | Student | Member | BCA Section B | Swetha. S |
| 87 | Gayathri. S | Student | Member | B. Sc CS Section A | Gayathri. S |
| 88 | Keerthika. S | Student | Member | B. Sc CS Section A | Keerthika. S |
| 89 | Ajitha. S | Student | Member | B. Sc CS Section A | Ajitha. S |
| 90 | Anandhi. V | Student | Member | B. Sc CS Section A | Anandhi. V |
| 91 | Madhumitha. P | Student | Member | B. Sc CS Section A | Madhumitha. P |
| 92 | Parveen Simnash. S | Student | Member | B. Sc CS Section B | Parveen Simnash. S |
| 93 | Nooraniya Fathima Ferthous. R | Student | Member | B. Sc CS Section B | Nooraniya Fathima Ferthous. R |
| 94 | Pavithra. R | Student | Member | B. Sc CS Section B | Pavithra. R |
| 95 | Rashiqua Firdose. K | Student | Member | B. Sc CS Section B | Rashiqua Firdose. K |
| 96 | Musfira Fathima. A | Student | Member | B. Sc CS Section B | Musfira Fathima. A |
| 97 | Santhiyaa. G.R | Student | Member | B. Com (G) | Santhiyaa. G.R |
| 98 | Aarthika. D | Student | Member | B. Com (G) | Aarthika. D |
| 99 | Harthi. S | Student | Member | B. Com (G) | Harthi. S |
| 100 | Sabanaaz. A | Student | Member | B. Com (G) | Sabanaaz. A |
| 101 | Moganapriya. D | Student | Member | B. Com (G) | Moganapriya. D |
| 102 | Fathima Thuz Zohara | Student | Member | B. Com (G) | Fathima Thuz Zohara |



| | | | | | |
|-----|----------------------|---------|--------|-------------|---------------------|
| 103 | Ayesha. G | Student | Member | B. Com (G) | Ayesha G |
| 104 | Janani. V | Student | Member | B. Com (G) | Janani V |
| 105 | Monika.K | Student | Member | B. Com (G) | Monika |
| 106 | Nandhini. M | Student | Member | B. Com (G) | Nandhini |
| 107 | Piya Dharshini. S | Student | Member | B. Com (G) | PIYA DHARSHINI S |
| 108 | Thasneem Firdhous. A | Student | Member | B. Com (G) | Thasneem Firdhous A |
| 109 | Yaseera. S | Student | Member | B. Com (G) | Yaseera S |
| 110 | Parveen Taj. K | Student | Member | B. Com (G) | Parveen Taj |
| 111 | Sneha. N | Student | Member | B. Com (CA) | Sneha N |
| 112 | Kaviya. K | Student | Member | B. Com (CA) | Kaviya K |
| 113 | Sneha. S | Student | Member | B. Com (CA) | Sneha S |
| 114 | Jaisri. A | Student | Member | B. Com (CA) | Jaisri A |
| 115 | Vinitha. B | Student | Member | B. Com (CA) | Vinitha B |
| 116 | Saima Mariam. K | Student | Member | B. Com (CA) | Saima Mariam K |
| 117 | Uzma Tabassum. V. M | Student | Member | B. Com (CA) | Uzma Tabassum |
| 118 | Mohana Prita. T | Student | Member | B. Com (CA) | Mohana Prita T |
| 119 | Muthu Ayesha | Student | Member | B. Com (CA) | Muthu Ayesha |
| 120 | Salma. U | Student | Member | B. Com (CA) | Salma U |
| 121 | Ayesha. S | Student | Member | B. Com (CA) | Ayesha S |
| 122 | Amrin. F | Student | Member | B. Com (CA) | Amrin F |
| 123 | Naveena Taj. B | Student | Member | B. Com (CA) | Naveena Taj B |
| 124 | Arifa. G | Student | Member | B. Com (CA) | Arifa G |
| 125 | Ameenisha. A | Student | Member | B. Com (CA) | Ameenisha A |

The Following points were discussed.

- The students of various department were divided into groups
- The place was allotted
- Students were instructed to clean the allocated place
- Plan to visit SD farm, Gulamadugu, Vellore


Dr. Freda Gnanaselvam, Ph.D.,
Principal
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Melvisharam - 632 509



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



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(Affiliated to Thiruvalluvar University)

HAKEEM NAGAR, MELVISHARAM- 632509

Action Taken Plan for Circular No: 2



- The students of various department were divided into groups
- The place were allotted for planting seeds and plants
- Students have cleaned the allocated place
- As per the plan students were taken to Field trip to SD Farms, Gulamadugu, Vellore on 13.09.2022, the students got more knowledge about Organic Farming, preparation of Panchgavya , Drip Irrigation and about Fish oil


Dr. Freda Gnanaselvam, Ph.D.
Principal
M.M.E.S. Woman's Arts & Science College
Melvisharam - 632 509





M.M.E.S. WOMEN'S ARTS AND SCIENCE COLLEGE
Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

 **M.M.E.S.WOMEN'S ARTS AND SCIENCE COLLEGE**
(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509











CIRCULAR NO: 3

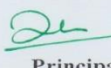
Circular for Environment Club Meeting

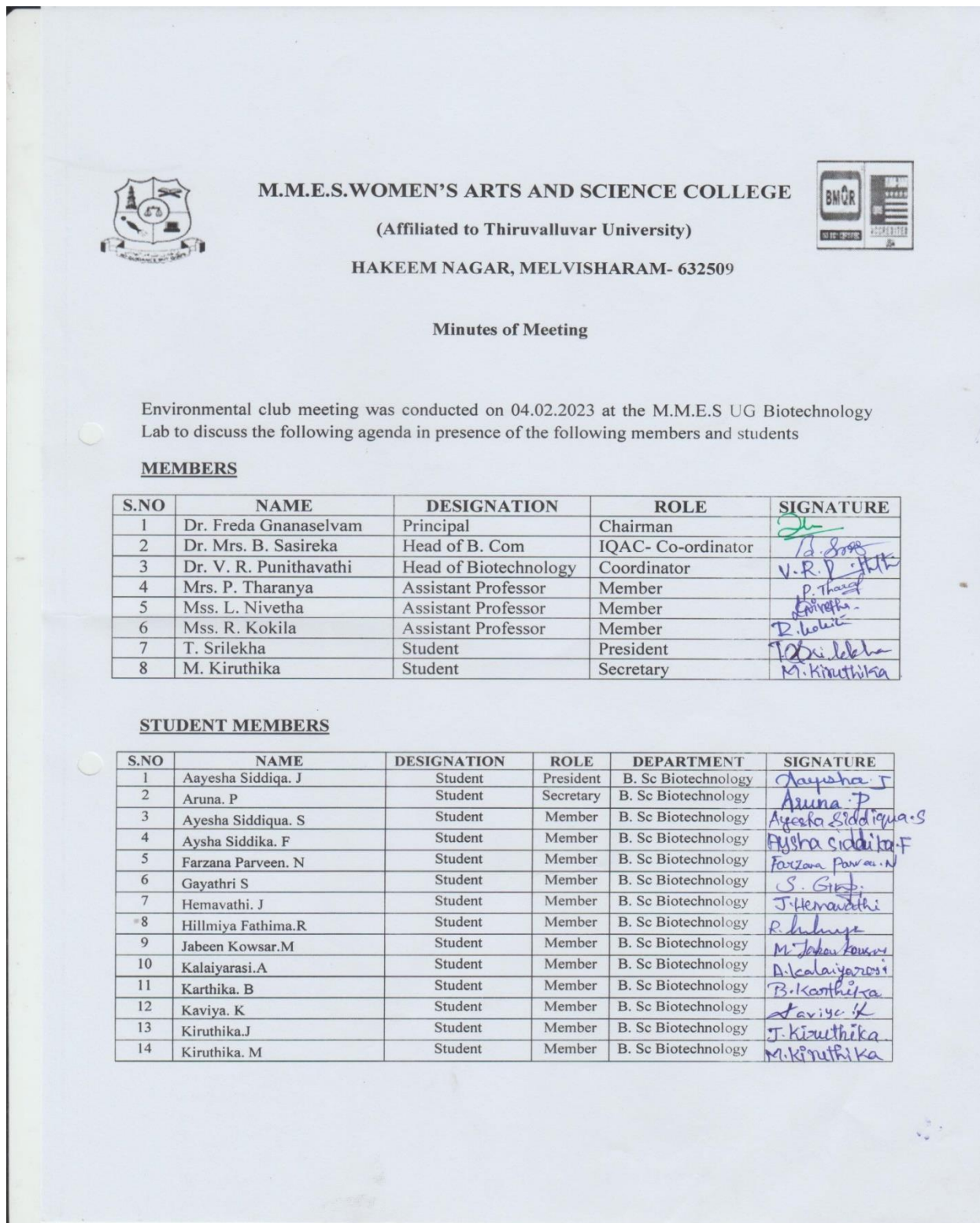
Environmental club meeting of M.M.E.S Women's Arts & Science College is scheduled to be held on 04.02.2023 at M.M.E.S UG Biotechnology Lab (1.30 pm). All the members of the club are requested to attend Meeting

COMPOSITION OF COMMITTEE

To: All the members of Environmental Club

| S.NO | NAME | ROLE | SIGNATURE |
|------|------------------------|--------------------|---|
| 1 | Dr. Freda Gnanaselvam | Chairman |  |
| 2 | Dr. B. Sasireka | IQAC- Co-ordinator |  |
| 3 | Dr. V. R. Punithavathi | Co-ordinator |  |
| 4 | Ms. P. Tharanya | Member |  |
| 5 | Ms. L. Nivetha | Member |  |
| 6 | Mrs. R. Kokila | Member |  |
| 7 | T. Srilekha | President |  |
| 8 | M. Kiruthika | Secretary |  |


Principal
Dr. Freda Gnanaselvam, Ph.D.,
Principal
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Minutes of Meeting

Environmental club meeting was conducted on 04.02.2023 at the M.M.E.S UG Biotechnology Lab to discuss the following agenda in presence of the following members and students

MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | SIGNATURE |
|------|------------------------|-----------------------|--------------------|--------------------|
| 1 | Dr. Freda Gnanaselvam | Principal | Chairman | <i>[Signature]</i> |
| 2 | Dr. Mrs. B. Sasireka | Head of B. Com | IQAC- Co-ordinator | <i>[Signature]</i> |
| 3 | Dr. V. R. Punithavathi | Head of Biotechnology | Coordinator | <i>[Signature]</i> |
| 4 | Mrs. P. Tharanya | Assistant Professor | Member | <i>[Signature]</i> |
| 5 | Mss. L. Nivetha | Assistant Professor | Member | <i>[Signature]</i> |
| 6 | Mss. R. Kokila | Assistant Professor | Member | <i>[Signature]</i> |
| 7 | T. Srilekha | Student | President | <i>[Signature]</i> |
| 8 | M. Kiruthika | Student | Secretary | <i>[Signature]</i> |

STUDENT MEMBERS

| S.NO | NAME | DESIGNATION | ROLE | DEPARTMENT | SIGNATURE |
|------|--------------------|-------------|-----------|---------------------|--------------------|
| 1 | Aaysha Siddiqua. J | Student | President | B. Sc Biotechnology | <i>[Signature]</i> |
| 2 | Aruna. P | Student | Secretary | B. Sc Biotechnology | <i>[Signature]</i> |
| 3 | Aysha Siddiqua. S | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 4 | Aysha Siddika. F | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 5 | Farzana Parveen. N | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 6 | Gayathri S | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 7 | Hemavathi. J | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 8 | Hillmiya Fathima.R | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 9 | Jabeen Kowsar.M | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 10 | Kalaiyarasi.A | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 11 | Karthika. B | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 12 | Kaviya. K | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 13 | Kiruthika.J | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |
| 14 | Kiruthika. M | Student | Member | B. Sc Biotechnology | <i>[Signature]</i> |



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

| | | | | | |
|----|---------------------------|---------|--------|---------------------|---------------------------|
| 15 | Malathi.R | Student | Member | B. Sc Biotechnology | R. Malathi |
| 16 | Mofan Lawa.E | Student | Member | B. Sc Biotechnology | E. Mofan Lawa |
| 17 | Mumtaj Nazreen.Z | Student | Member | B. Sc Biotechnology | Z. Mumtaj |
| 18 | Najma Tabassum.V.M | Student | Member | B. Sc Biotechnology | V.M. Najma |
| 19 | Narmadha.L | Student | Member | B. Sc Biotechnology | L. Narmadha |
| 20 | Nashitha Muskaan. S | Student | Member | B. Sc Biotechnology | S. Nashitha Muskaan |
| 21 | Priyanka.B | Student | Member | B. Sc Biotechnology | B. Priyanka |
| 22 | Sadiya Reema.F | Student | Member | B. Sc Biotechnology | F. Sadiya Reema |
| 23 | Sandhiya.M | Student | Member | B. Sc Biotechnology | M. Sandhiya |
| 24 | Shabana. K | Student | Member | B. Sc Biotechnology | K. Shabana |
| 25 | Sharmila. S | Student | Member | B. Sc Biotechnology | S. Sharmila |
| 26 | Sri Lekha. T | Student | Member | B. Sc Biotechnology | T. Sri Lekha |
| 27 | Suji. J | Student | Member | B. Sc Biotechnology | J. Suji |
| 28 | Swathi. A | Student | Member | B. Sc Biotechnology | A. Swathi |
| 29 | Vandhana. B | Student | Member | B. Sc Biotechnology | B. Vandhana |
| 30 | Thahoor Firdous. H | Student | Member | B. A. English | H. Thahoor Firdous |
| 31 | Fouziya. F | Student | Member | B. A. English | F. Fouziya |
| 32 | Aafiya Harmain. P | Student | Member | B. A. English | P. Aafiya Harmain |
| 33 | Malka Nafeesa Tabassum. M | Student | Member | B. A. English | M. Malka Nafeesa Tabassum |
| 34 | Aakifa Najam | Student | Member | B. A. English | A. Aakifa Najam |
| 35 | Taskeen Kownain. U | Student | Member | B. A. English | U. Taskeen Kownain |
| 36 | Megha Taj. A | Student | Member | B. A. English | A. Megha Taj |
| 37 | Sarulatha | Student | Member | B. A. English | S. Sarulatha |
| 38 | Faiza Parvez | Student | Member | B. A. English | F. Faiza Parvez |
| 39 | Indhumathi. J | Student | Member | B. A. English | J. Indhumathi |
| 40 | Roshini. S | Student | Member | B. A. English | S. Roshini |
| 41 | Farzana Parveen. P.S | Student | Member | B. A. English | P.S. Farzana Parveen |
| 42 | Mahidhunnisa. A | Student | Member | B. A. English | A. Mahidhunnisa |
| 43 | Anupriya. H | Student | Member | B. A. English | H. Anupriya |
| 44 | Kokila. A | Student | Member | B. A. English | A. Kokila |
| 45 | Vishali. N | Student | Member | B. A. English | N. Vishali |
| 46 | Dhivya Lakshmi. R. K | Student | Member | BBA | R.K. Dhivya Lakshmi |
| 47 | Jeeva Rhekha | Student | Member | BBA | J. Jeeva Rhekha |
| 48 | Aafreen Fathima. A | Student | Member | BBA | A. Aafreen Fathima |
| 49 | Sindhu. M | Student | Member | BBA | M. Sindhu |
| 50 | Bhavani. N | Student | Member | BBA | N. Bhavani |
| 51 | Aathifa. I | Student | Member | BBA | I. Aathifa |
| 52 | Sidhuja. B | Student | Member | BBA | B. Sidhuja |
| 53 | Sindhumathi. E | Student | Member | BBA | E. Sindhumathi |
| 54 | Sneha. R | Student | Member | BBA | R. Sneha |
| 55 | Aabitha Kowsar. G | Student | Member | BBA | G. Aabitha Kowsar |
| 56 | Shireen Fazana. M.K | Student | Member | B. Sc N & D | M.K. Shireen Fazana |
| 57 | Parimal. E | Student | Member | B. Sc N & D | E. Parimal |



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

| | | | | | |
|----|-------------------------------|---------|--------|--------------------|--------------------|
| 58 | Kaviya. T | Student | Member | B. Sc N & D | Kaviya |
| 59 | Majda Tabassum. S | Student | Member | B. Sc N & D | Majda Tabassum |
| 60 | Ayesha. K | Student | Member | B. Sc N & D | Ayesha K |
| 61 | Aiman Niha. M | Student | Member | B. Sc N & D | Aiman Niha M |
| 62 | Raheela Fathima. A | Student | Member | B. Sc N & D | Raheela Fathima A |
| 63 | Rahiya Anjum. S. S | Student | Member | B. Sc N & D | Rahiya Anjum S.S |
| 6 | Tasneem. A | Student | Member | B. Sc N & D | A. Tasneem |
| 4 | Nidha Harmain. N | Student | Member | B. Sc N & D | Nidha Harmain N |
| 65 | Sahira Banu | Student | Member | B. Sc N & D | Sahira Banu |
| 66 | Yuva Rani. S | Student | Member | B. Sc N & D | Yuva Rani S |
| 67 | Thaseen. A | Student | Member | B. Sc N & D | Thaseen A |
| 68 | Aamina Misbha. A | Student | Member | B. Sc N & D | Aamina Misbha A |
| 69 | Vinisha. B | Student | Member | B. Sc N & D | Vinisha B |
| 70 | Fowziya. S | Student | Member | B. Sc N & D | Fowziya S |
| 71 | Afrin. I | Student | Member | BCA Section A | Afrin I |
| 72 | Asfiya Banu. A | Student | Member | BCA Section A | A. Asfiya Banu |
| 73 | Loganayagi. D | Student | Member | BCA Section A | Loganayagi D |
| 74 | Adeeba Bada. S | Student | Member | BCA Section A | Adeeba Bada S |
| 75 | Vijayalakshmi. K | Student | Member | BCA Section B | Vijayalakshmi K |
| 76 | Shalini. M | Student | Member | BCA Section B | Shalini M |
| 77 | Varsha. P | Student | Member | BCA Section B | Varsha P |
| 78 | Sandhya. V | Student | Member | BCA Section B | Sandhya V |
| 79 | Shoba. V | Student | Member | BCA Section B | Shoba V |
| 80 | Priya. K | Student | Member | BCA Section B | Priya K |
| 81 | Swarnamalya. S | Student | Member | BCA Section B | Swarnamalya S |
| 82 | Poonizhi. M | Student | Member | BCA Section B | M. Poonizhi |
| 83 | Preethi. N | Student | Member | BCA Section B | Preethi N |
| 84 | Vinitha. E | Student | Member | BCA Section B | Vinitha E |
| 85 | Sneha. S | Student | Member | BCA Section B | Sneha S |
| 86 | Swetha. S | Student | Member | BCA Section B | Swetha S |
| 87 | Gayathri. S | Student | Member | B. Sc CS Section A | Gayathri S |
| 88 | Keerthika. S | Student | Member | B. Sc CS Section A | Keerthika S |
| 89 | Ajitha. S | Student | Member | B. Sc CS Section A | Ajitha S |
| 90 | Anandhi. V | Student | Member | B. Sc CS Section A | Anandhi V |
| 91 | Madhumitha. P | Student | Member | B. Sc CS Section A | Madhumitha P |
| 92 | Parveen Sinnash. S | Student | Member | B. Sc CS Section B | Parveen S |
| 93 | Nooraniya Fathima Ferthous. R | Student | Member | B. Sc CS Section B | N.F. Ferthous |
| 94 | Pavithra. R | Student | Member | B. Sc CS Section B | Pavithra R |
| 95 | Rashiqua Firdose. K | Student | Member | B. Sc CS Section B | Rashiqua Firdose K |
| 96 | Musfira Fathima. A | Student | Member | B. Sc CS Section B | Musfirathirath |
| 97 | Santhiyaa. G.R | Student | Member | B. Com (G) | Santhiyaa G.R |
| 98 | Aarthika. D | Student | Member | B. Com (G) | Aarthika D |
| 99 | Harthi. S | Student | Member | B. Com (G) | Harthi S |



| | | | | | |
|-----|----------------------|---------|--------|-------------|---------------------|
| 100 | Sabanaaz. A | Student | Member | B. Com (G) | Sabanaaz A |
| 101 | Moganapriya. D | Student | Member | B. Com (G) | Moganapriya D |
| 102 | Fathima Thuz Zohara | Student | Member | B. Com (G) | Fathima Thuz Zohara |
| 103 | Ayesha. G | Student | Member | B. Com (G) | Ayesha G |
| 104 | Janani. V | Student | Member | B. Com (G) | Janani V |
| 105 | Monika.K | Student | Member | B. Com (G) | Monika K |
| 106 | Nandhini. M | Student | Member | B. Com (G) | Nandhini M |
| 107 | Piya Dharshini. S | Student | Member | B. Com (G) | Piya Dharshini S |
| 108 | Thasneem Firdhous. A | Student | Member | B. Com (G) | Thasneem Firdhous A |
| 109 | Yaseera. S | Student | Member | B. Com (G) | Yaseera S |
| 110 | Parveen Taj. K | Student | Member | B. Com (G) | Parveen Taj K |
| 111 | Sneha. N | Student | Member | B. Com (CA) | Sneha N |
| 112 | Kaviya. K | Student | Member | B. Com (CA) | Kaviya K |
| 113 | Sneha. S | Student | Member | B. Com (CA) | Sneha S |
| 114 | Jaisri. A | Student | Member | B. Com (CA) | Jaisri A |
| 115 | Vinitha. B | Student | Member | B. Com (CA) | Vinitha B |
| 116 | Saima Mariam. K | Student | Member | B. Com (CA) | Saima Mariam K |
| 117 | Uzma Tabassum. V. M | Student | Member | B. Com (CA) | Uzma Tabassum V M |
| 118 | Mohana Prita. T | Student | Member | B. Com (CA) | Mohana Prita T |
| 119 | Muthu Ayesha | Student | Member | B. Com (CA) | Muthu Ayesha |
| 120 | Salma. U | Student | Member | B. Com (CA) | Salma U |
| 121 | Ayesha. S | Student | Member | B. Com (CA) | Ayesha S |
| 122 | Amrin. F | Student | Member | B. Com (CA) | Amrin F |
| 123 | Naveena Taj. B | Student | Member | B. Com (CA) | Naveena Taj B |
| 124 | Arifa. G | Student | Member | B. Com (CA) | Arifa G |
| 125 | Ameenisha. A | Student | Member | B. Com (CA) | Ameenisha A |

The Following points were discussed.

- Different kind of seeds and plants has to be placed in the allocated place
- The students were instructed to maintain the plants well
- The students were instructed to harvest the vegetables in proper manner after a few days


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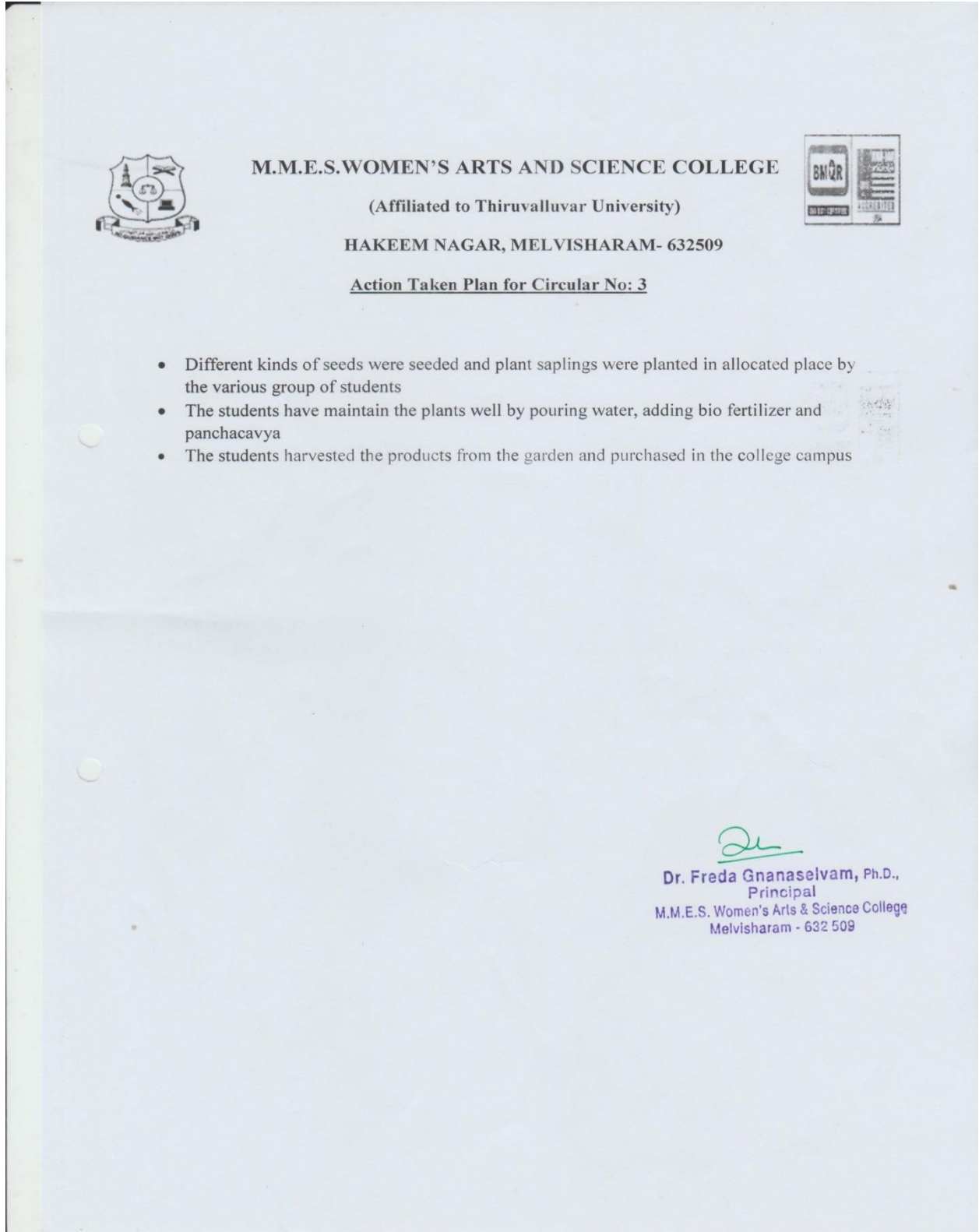


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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023





Date: 27.09.2023



M.R.P.H.K
Dr.V.R.Punithavathi, Ph.D.
 Head & Assistant Professor
 Department of Biotechnology
 M.M.E.S. Women's Arts and Science College
 Melvisharam - 632509.

Dr.
Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509



PRACTICE NO 2

HEALTH AWARENESS PROGRAM

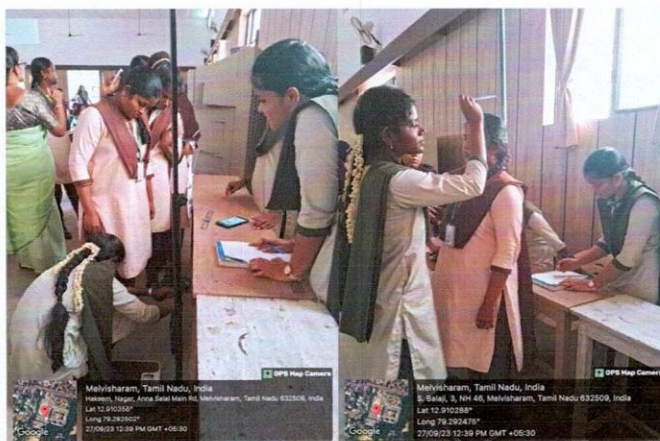
DATE: 27/09/2023

TIME: 11.00 AM

ORGANIZING: DEPARTMENT OF BIOTECHNOLOGY

CAMPAIGN: M.M.E.S AUDITORIUM

A health camp was organized by Department of Biotechnology for all the students and staff to spread awareness about health check-up and maintaining a healthy life. The program started at 11.00 a.m with the introductory speech given by our respected principal Madam and Head of the Department. By 11 am. We were instructed the students to make a line and to get their height and weight check to calculate BMI (body mass index) which explains whether the person is unhealthy or not. By 1 pm every student with staff got themselves checked for BMI, Blood report and other health conditions if any. We all were advised some type of food and exercises to maintain a healthy lifestyle. Every college should organize these kinds of campaigns to ensure healthy environment. The program wrapped around 3.30 pm. The vote of thanks was delivered by Mrs. S. Saritha, Assistant professor, Department of Biotechnology and the programme was ended by National Anthem. Our Management and Department team members have given tremendous support and co-ordination for making this health camp successfully.



V.R. Punithavathi

Dr.V.R.Punithavathi, Ph.D.
Head & Assistant Professor
Department of Biotechnology
M.M.E.S. Women's Arts and Science College
Melvisharam - 632509.

Freda

Dr. Freda Gnanaselvam, Ph.D.,
Principal
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Melvisharam - 632 509



V. R. Punitha

Dr.V.R.Punithavathi, Ph.D.
Head & Assistant Professor
Department of Biotechnology
M.M.E.S. Women's Arts and Science College
Melvisharam - 632509.

Freda
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



colours Announcements

M.M.E.S Women's Arts and Science College,
 HAKEEM NAGAR, MELVISHARAM -632509
 (Affiliated to Thiruvalluvar University)

DEPARTMENT OF NUTRITION, FOOD SERVICE
 MANAGEMENT & DIETETICS, ICDS & IQAC ORGANIZES
 NUTRITION AWARENESS PROGRAMME ON
 NATIONAL NUTRITION MONTH -2023
 14TH SEPTEMBER 2023
 VENUE: AUDITORIUM
 TIMING: 10.00-1.00

COMPETITIONS:
 POSTER PRESENTATION
 COOKERY COMPETITION

SPECIAL GUEST
 Mrs. Vasanthi Anandan, DPO
 Mrs. Girija, CDPO

Organizing Committee members:
 Mrs. M. Kathy,
 Mrs. B. Anbarasi,
 Mrs. V. Fathima Thaskin
 Mrs. J. GOWSIYA

CORRESPONDANT
 DR. K. ANEES AHMED

PRINCIPAL
 DR. FRED A GNANASELVAM

VICE PRINCIPAL
 DR. B. SASIREKHA

DATE: 14.08.2023

TIME: 10.00 AM to 1.00 PM

VENUE: PG SEMINAR HALL

TOPIC: NUTRITION AWARENESS PROGRAMME – POSTER & COOKERY
 COMPETITIONS ABOUT MILLETS.

NO OF PARTICIPANTS:

REPORT:

Department of Nutrition, FSM & Dietetics organised Nutrition Awareness Programme in commemoration with national nutrition month. It is an awareness programme to educate students about the Importance of millets preventing anaemia. Students were asked to participate in competitions like poster and cookery. Students prepared recipes with Millets and explained the nutritional benefits in various millets through poster presentation also.

We had two eminent Judges Mrs. Vasanthi Anandan, District Programme Officer, ICDS & Mrs. Girija, Child Development Project Officer, Arcot. Principal Dr. Freda Gnanaselvam, and Vice Principal , Dr. B. Sasirekha also joined the programme and felicitated the Judges.

Dr.
Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
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Dr.
 Dr. Freda Gnanaseivam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509



NATIONAL NUTRITION WEEK PARTICIPANT NAMES LIST

| S.NO. | ROLL NO. | NAMES | CLASS |
|-------|----------|---------------------|----------|
| 1. | M231842 | AFEEFA KOWNAIN. N | I NFSMD |
| 2. | M231801 | AFRAH SUMAN H | I NFSMD |
| 3. | M231838 | ALMAS SYEDA | I NFSMD |
| 4. | M231802 | AMANI MAROOF A Z | I NFSMD |
| 5. | M231826 | ARTHI A | I NFSMD |
| 6. | M231814 | ASFIYA TABASSUM K | I NFSMD |
| 7. | M231811 | ASRA AIMAN S | I NFSMD |
| 8. | M231807 | AZEEMUNNISA A | I NFSMD |
| 9. | M231823 | BAKIYALAKSHMI P | I NFSMD |
| 10. | M231828 | BAREERA MINHAI K | I NFSMD |
| 11. | M231821 | CHARUMATHI V | I NFSMD |
| 12. | M231817 | DHIVYABHARATHI J | I NFSMD |
| 13. | M231819 | FAIQUA AMREEN A | I NFSMD |
| 14. | M231805 | FAIZA KHANAN M | I NFSMD |
| 15. | M231825 | FARHANA PARVIN S | I NFSMD |
| 16. | M231803 | FIZA FARHANA A | I NFSMD |
| 17. | M231840 | JOTHIKA M | I NFSMD |
| 18. | M231834 | KOTESHWARI P | I NFSMD |
| 19. | M231815 | KUBRA TASLEEM J | I NFSMD |
| 20. | M231832 | LAKSHMI T | I NFSMD |
| 21. | M231824 | MADHUSHA B | I NFSMD |
| 22. | M231810 | MURSHIDHA BEGAM M S | I NFSMD |
| 23. | M231809 | MUSKAN ANJUM M | I NFSMD |
| 24. | M231804 | NAAFIYA NAAZ A | I NFSMD |
| 25. | M231827 | NANDHINI S | I NFSMD |
| 26. | M231836 | NIRMALA M | I NFSMD |
| 27. | M231812 | POOJA J | I NFSMD |
| 28. | M231822 | POOJASHREE S | I NFSMD |
| 29. | M231835 | POORNIMA S | I NFSMD |
| 30. | M231813 | PREETHI V | I NFSMD |
| 31. | M231839 | RASHEEDHA BEGUM. L | I NFSMD |
| 32. | M231841 | RUWAIHA AFSHEEN P | I NFSMD |
| 33. | M231818 | SANDHIYA D | I NFSMD |
| 34. | M231820 | SHARIYA T | I NFSMD |
| 35. | M231816 | SRIJA P | I NFSMD |
| 36. | M231831 | SUBHASHINI P | I NFSMD |
| 37. | M231843 | SUGANYA K | I NFSMD |
| 38. | M231837 | SWETHA. S | I NFSMD |
| 39. | M231833 | THRISHA M | I NFSMD |
| 40. | M231829 | WAJEEHAH SADAF V N | I NFSMD |
| 41. | M221828 | AALIA MEHAWISH. A | II NFSMD |
| 42. | M221826 | AATHIFA TABASSUM. S | II NFSMD |
| 43. | M221827 | AGIFA AFRIN. A | II NFSMD |
| 44. | M221806 | ALINA FILZA. S | II NFSMD |

M. Kathy

Mrs. M. KATHY, M.Sc., NET.,
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Freda
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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| 45. | M221838 | ALLIYA SULTHANA. A | II NFSMD |
| 46. | M221834 | ALSHIFA RITHAJ. F | II NFSMD |
| 47. | M221831 | AMEESHA. A | II NFSMD |
| 48. | M221805 | AMIRTHALAKSHMI. J | II NFSMD |
| 49. | M221833 | ASFIYA ANJUM. F | II NFSMD |
| 50. | M221815 | ASMA. A | II NFSMD |
| 51. | M221823 | ASMA BEGUM. K | II NFSMD |
| 52. | M221850 | DEVADHARSHINI | II NFSMD |
| 53. | M221807 | FIRDOSE FATHIMA. G | II NFSMD |
| 54. | M221849 | GAYATHRI. K | II NFSMD |
| 55. | M221836 | HEMADHARANI. V | II NFSMD |
| 56. | M221819 | JASMINE. J | II NFSMD |
| 57. | M221840 | JOYSMARY. S | II NFSMD |
| 58. | M221848 | KOWSAR S | II NFSMD |
| 59. | M221801 | KUNA SAFA MARIAM | II NFSMD |
| 60. | M221842 | LOKESHWARI. P. N | II NFSMD |
| 61. | M221822 | MOHANA SELVI. R. U | II NFSMD |
| 62. | M221832 | NISHA. S | II NFSMD |
| 63. | M221847 | NITHYALAKSHMI.S | II NFSMD |
| 64. | M221808 | NIVETHA M | II NFSMD |
| 65. | M221843 | NIVETHA V | II NFSMD |
| 66. | M221821 | NUFIYA BANU. D | II NFSMD |
| 67. | M221830 | PRINCY PRIYADHARSHINI. P | II NFSMD |
| 68. | M221804 | PRITHIGA. G | II NFSMD |
| 69. | M221818 | PRIYANKA. K | II NFSMD |
| 70. | M221812 | QANITHA AMREEN. K. H | II NFSMD |
| 71. | M221839 | RAMYA. C | II NFSMD |
| 72. | M221813 | RIDA KULSUM. M. A | II NFSMD |
| 73. | M221809 | RIZWANA. R | II NFSMD |
| 74. | M221816 | ROSHAN BANU. K | II NFSMD |
| 75. | M221829 | RUHAIDA ANJUM. S | II NFSMD |
| 76. | M221802 | SABEENA. S | II NFSMD |
| 77. | M221817 | SALMA ANJUM. B | II NFSMD |
| 78. | M221846 | SAMEEHA SHERIN. S | II NFSMD |
| 79. | M221844 | SANDHIYA | II NFSMD |
| 80. | M221845 | SARUMITHA | II NFSMD |
| 81. | M221825 | SHAMNA SHERIN. A | II NFSMD |
| 82. | M221835 | SHARFIA FATHIMA | II NFSMD |
| 83. | M221810 | SUFIYA. I | II NFSMD |
| 84. | M221824 | SUMAIYA KOUSAR. Z | II NFSMD |
| 85. | M221814 | TAHOORA SANA. T | II NFSMD |
| 86. | M221820 | UMME KULSUM. M | II NFSMD |
| 87. | M221811 | ZUBAIDA KAUNAIN | II NFSMD |
| 88. | M211842 | ABARNA | III NFSMD |
| 89. | M211827 | AISHWARYA.R | III NFSMD |
| 90. | M211822 | ANANDHI.R | III NFSMD |
| 91. | M211828 | ASHWINI.S | III NFSMD |
| 92. | M211823 | AYISHA SIDDIQUA.E.M | III NFSMD |


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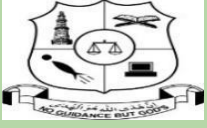


| | | | |
|-----|---------|--------------------|-----------|
| 93. | M211803 | DIVYA LAKSHMI.N.R | III NFSMD |
| 94. | M211824 | FARHA AEJAZ AZEEM | III NFSMD |
| 95. | M211818 | HIMA TASKEEN.S | III NFSMD |
| 96. | M211805 | JANANI.P | III NFSMD |
| 97. | M211832 | JAYASRI.S | III NFSMD |
| 98. | M211815 | KAVITHA.V | III NFSMD |
| 99. | M211843 | KEERTHANA.S | III NFSMD |
| 100 | M211825 | LAVANYA.U | III NFSMD |
| 101 | M211813 | LIKATH AFRIN.F | III NFSMD |
| 102 | M211833 | MAHALAKSHMI | III NFSMD |
| 103 | M211826 | MALIHA FIRDOUSE.K | III NFSMD |
| 104 | M211831 | MONIKA.S | III NFSMD |
| 105 | M211814 | NAFIYA SAMREEN.L | III NFSMD |
| 106 | M211808 | NANDHINI.R | III NFSMD |
| 107 | M211840 | ROHINI K | III NFSMD |
| 108 | M211819 | SALMA BANU.S.M | III NFSMD |
| 109 | M211834 | SAMHA FATHIMA | III NFSMD |
| 110 | M211817 | SANGAVI.M | III NFSMD |
| 111 | M211812 | SHAHIN.A | III NFSMD |
| 112 | M211807 | SHALINI.A | III NFSMD |
| 113 | M211821 | SHANMUGAPRIYA.K | III NFSMD |
| 114 | M211830 | SHEERIN FATHIMA.M | III NFSMD |
| 115 | M211838 | SHREENIDHI A R S | III NFSMD |
| 116 | M211806 | SHURUTHIKA.B | III NFSMD |
| 117 | M211816 | SUFIYA ANJUM.Y | III NFSMD |
| 118 | M211820 | SUMAIYA TABASSUM.N | III NFSMD |
| 119 | M211839 | SUMAYABANU S | III NFSMD |
| 120 | M211836 | THIRISHA | III NFSMD |

W. Kathy

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Melvisharam - 632 509



அனுப்பநர்

திருமதி கா கிரிஜா பிஎச்.டி.,
குழந்தை வளர்ச்சி திட்ட அலுவலர்,
குழந்தை வளர்ச்சி திட்ட அலுவலகம்,
ஆற்காடு வட்டாரம்

பெறுநர்

முதல்வர்,
எம்.எம்.இ.எஸ். கல்லூரி,
விஷாரம்,
இராணிப்பேட்டை மாவட்டம்

ந.க.எண். 190/2023 நாள்: 04.09.2023

அம்மைபீர்,

பொருள்: அனுமதி - ஆற்காடு குழந்தை வளர்ச்சி திட்ட அலுவலகம் -
போஷான் அபியான் 2022-23 செப்டெம்பர் மாதம் முழுவதும்
ஊட்டச்சத்து மாத விழா நடைபெறுவதால் - ஊட்டச்சத்தின்
முக்கியதும் குறித்து விழிப்புணர்வு ஏற்படுத்திட ஒரு நாள்
அனுமதி கோருதல் - தொடர்பாக

பார்வை: பெண்கள் மற்றும் குழந்தைகள் நல அமைச்சகம், புது தில்லி,
டி.ஒ.எண் PA/340/2023- Deputy secretary நாள் 29/08/2023

ஆற்காடு குழந்தை வளர்ச்சி திட்ட அலுவலகம் இராணிப்பேட்டை மாவட்டம் முழுவதும் போஷான் அபியான் 2022-23 செப்டெம்பர் மாதம் ஊட்டச்சத்து மாத விழா நடைபெறுவதால், எம்.எம்.இ.எஸ். கல்லூரியில் ஊட்டச்சத்தின் முக்கியதும் குறித்து விழிப்புணர்வு ஏற்படுத்திட 13.09.2023 அன்று ஒரு நாள் அனுமதி வழங்குமாறு கனிவுடன் கேட்டுக்கொள்கிறேன். இவ்விழாவில் கல்லூரியில் பயிலும் மாணவிகளுக்கு சிறுதானியங்களின் நன்மைகள் மற்றும் இரத்த சோகையை சரி செய்வதில் சிறுதானியங்களின் பங்கு பற்றிய விழிப்புணர்வு ஏற்படுத்தும் பொருட்டு "சிறுதானிய சமையல் போட்டி மற்றும் சுவரொட்டி போட்டி (Poster Competition)" நடத்திட ஏற்பாடு செய்யப்பட்டுள்ளது. இப்போட்டிகளில் பங்கு பெறும் மாணவிகளின் பெயர்களை கீழே குறிப்பிட்டுள்ள மின் அஞ்சல் முகவரிக்கு தெரிவிக்குமாறு கேட்டுக்கொள்கிறேன்.

போட்டிக்கான தலைப்புகள்

1. சுவரொட்டி போட்டி (Poster Competition) - இரத்தசோகையை போக்குவதில் சிறுதானியங்களின் பங்கு
2. சிறுதானிய சமையல் போட்டி - "Easy to cook, Healthy to eat"

குறிப்பு : சுவரொட்டிகள் தமிழில் மட்டுமே தயார் செய்ய வேண்டும்.

Email: b60504veir@gmail.com

மு. சிவசுந்தர் 11/9/2023
குழந்தை வளர்ச்சி திட்ட அலுவலர்
ஆற்காடு வட்டாரம்

Dr. Freda Gnanaselvam, Ph.D.
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



1/30/23, 11:25 AM

Gmail - Inviting to be the Guest Speaker- reg

From: Nutritionfsmd mmes <nutritionfsmdmmes@gmail.com>
Sent: Friday 27 January 2023 11:22
To: Dietetics <diet@cmcvellore.ac.in>
Subject: Inviting to be the Guest Speaker- reg

You don't often get email from nutritionfsmdmmes@gmail.com. Learn why this is important

CAUTION: This email originated from outside of CMC. Do not click links or open attachments unless you recognize the sender and know the content is safe.

[Quoted text hidden]

 **MANIMEGALAI SHORT CV updated JULY 2022.ppt**
1532K

Nutritionfsmd mmes <nutritionfsmdmmes@gmail.com>
To: Dietetics <diet@cmcvellore.ac.in>

Fri, Jan 27, 2023 at 2:29 PM

Dear Mam,

Received your CV .
Thank you very much for your acceptance. Looking forward to meet you.

Thank you,

Regards,
Mrs. M. Kathy
Head & Assistant Professor,
Dept. Of Nutrition, FSM & Dietetics,
M.M.E.S Women's Arts and Science College, Melvisharam

[Quoted text hidden]


Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
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Affiliated to Thiruvalluvar University
Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

WORLD OZONE DAY -2023



ORGANIZED BY
DEPARTMENT OF BIOTECHNOLOGY AND
IQAC
M. M. E. S WOMEN'S ARTS AND SCIENCE
COLLEGE, MELVISHARAM

DATE: 15-09-2023 TIME: 12.00 PM
VENUE: DEPARTMENT OF
BIOTECHNOLOGY

CHIEF GUEST

Dr. Freda Gnanaselvam, M. A., M. B. A., Ph. D
Principal

Dr. B. Sasireka, M. Com., M. Phil., Ph. D
Vice Principal and IQAC Co-Ordinator

Mrs. V. Yasodha, M. Sc., M. Phil., NET.,
Head, Department of Interior Design And Decor

ORGANIZING COMMUNITY

Dr. V. R. Punithavathi, M. Sc., M. Phil., Ph. D., PDF (Head)
Mrs. S. Saritha, M. Sc., M. Phil., B. Ed., (Ph. D)
Mrs. A. Shabnam Shereen, M. Sc.,
Mrs. P. Tharanya, M. Sc., M. Phil., B. Ed.,
Ms. L. Nivetha, M. Sc.,
Mrs. R. Kokila, M. Sc., PGDMLT.,
Ms. S. Asifa Tabassum, M. Sc., PGDMLT.,
Mrs. T. Madhumathi, M. Sc.,



M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
HAKEEM NAGAR, MELVISHARAM -632509
(Affiliated to Thiruvalluvar University)
Serkkadu, Vellore District – 632115



WORLD OZONE DAY AWARENESS – 2023
DEPARTMENT OF BIOTECHNOLOGY

THEME: "PRESERVING OZONE, PROTECTING OUR ATMOSPHERE"
VENUE: M.M.E.S Women's Arts and Science College, Melvisharam
DATE : 15-09-2023

16th September is celebrated as World Ozone Day to create awareness among people regarding the importance of ozone layer in the atmosphere. With this idea our Department celebrated Ozone day Awareness program on 15-09-2023. Rangoli and chart presentation competition were conducted for our Department Students. The judge of the event Mrs. V. Yasodha, Head, Department of IDD evaluated the Rangoli and chart presentation.

Students have made beautiful Rangoli and chart Presentation representing the importance of the ozone layer in the atmosphere and how it had been damaged over decades mainly due to human activities. The Department of Biotechnology students with all faculty members visited the Rangoli and chart presentation and encouraged the students for their activity.

CHIEF GUEST:

Dr. FREDA GNANASELVAM, M.A., M.B.A., Ph. D
PRINCIPAL

Dr. B. SASIREKA, M.Com. M. Phil., Ph. D
VICE PRINCIPAL & IQAC CO-ORDINATOR

JUDGE:

Mrs. V. YASODHA, M.SC., M. Phil., NET.,
HEAD, DEPARTMENT OF IDD

B. Sasireka
IQAC CORDINATOR

V. R. Punithavathi
HEAD OF THE DEPARTMENT

Freda Gnanaselvam
Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509

V.R. Punithavathi
Dr.V.R.Punithavathi, Ph.D.
Head & Assistant Professor
Department of Biotechnology
M.M.E.S. Women's Arts and Science College
Melvisharam - 632509.



Dr.
Dr. Freda Gnanaselvam, Ph.D.,
 Principal
 M.M.E.S. Women's Arts & Science College
 Melvisharam - 632 509

V.R.P. ILLK
Dr.V.R.Punithavathi, Ph.D.
 Head & Assistant Professor
 Department of Biotechnology
 M.M.E.S. Women's Arts and Science College
 Melvisharam - 632509.



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NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023

M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
[Affiliated to Thiruvalluvar university]
Hakeem Nagar, Melvisharam-632509

DEPARTMENT OF BIOTECHNOLOGY, IQAC & NSS

CELEBRATING
WORLD HEART DAY 29 SEP

Dr. S. ZIAUDEEN AHMED, B.A., D.LT.,
GENERAL SECRETARY

Dr. K. ANEES AHMED, B.A., D.LIT.,
SECRETARY & CORRESPONDENT

Dr. FREDA GNANASELVAM, Ph.D
PRINCIPAL & JUDGE

Dr. B. SASIREKA Ph.D
IQAC DIRECTOR, VICE PRINCIPAL
& JUDGE

Dr. V. R. PUNITHAVATHL Ph.D.,
HEAD DEPARTMENT OF BIOTECHNOLOGY

Date : 27.09.2023
venue : Auditorium

Theme: Healthy Heart
**A healthy heart will give you the courage to
face and overcome any challenge in life.**

Staff Members of Dept of Biotechnology

E.SUJATHA, M.A., M.Phil., B.Ed.,
Dept of Tamil & Nss Co-ordinator

P.NANDHINI, M.A.,
Dept of Eng & Nss programme officer



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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2 Best Practices II

7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023



M.M.E.S WOMEN'S ARTS AND SCIENCE COLLEGE
HAKEEM NAGAR, MELVISHARAM -632509
(Affiliated to Thiruvalluvar University)
Serkkadu, Vellore District – 632115



WORLD HEART DAY – 2023

DEPARTMENT OF BIOTECHNOLOGY

THEME: "HEALTHY HEART"

VENUE: AUDITORIUM

DATE : 27-09-2023

ORGANIZED BY: DEPARTMENT OF BIOTECHNOLOGY, IQAC & NSS

AIMS: To spread awareness about the importance of keeping the heart fit as it's one of the most important organs.

GOAL: Harnessing the power of digital health to improve awareness, prevention and management of (CVD) Cardiovascular disease globally is our goal for World Heart Day 2023


The Department of Biotechnology, IQAC & NSS organized an awareness Program on World Heart Day on 27th September 2023 in Auditorium. Activities were conducted for students by Department of Biotechnology and NSS like Healthy Food presentation, Power point presentation, Body mass index (BMI),BP checkup, Blood sugar Test & yoga. Students were actively participated in these activities and enjoyed the session. Principal, Vice Principal, NSS & Faculty members of Biotechnology involved in organizing World Heart day program. Finally promise has been made by all participants to eat healthy, daily exercise and to be stay happy. The Programme was ended with National anthem.

HOD


NSS Coordinator


IQAC-Director


Principal


Dr.V.R.Punithavathi, Ph.D.
Head & Assistant Professor
Department of Biotechnology
M.M.E.S. Women's Arts and Science College
Melvisharam - 632509.

Dr. Freda Gnanaselvam, Ph.D.,
Principal
M.M.E.S. Women's Arts & Science College
Melvisharam - 632 509



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(Affiliated to Thiruvalluvar University)
HAKEEM NAGAR, MELVISHARAM- 632509



DEPARTMENT OF BIOTECHNOLOGY

WORLD HEART DAY AWARENESS PROGRAM – 2023

STUDENT LIST

I B.S.C BIOTECHNOLOGY

| S.NO | ROLL NO | NAME OF THE STUDENT | SIGNATURE |
|------|---------|---------------------|-------------------|
| 1 | M23821 | AAFIRA TAHREEM S | S. Aafira Tahreem |
| 2 | M23805 | AASIYA G | G. Aasiya |
| 3 | M23839 | AINA MARZIA A | Aina Marzia A |
| 4 | M23834 | ALIYA I | Aliya I |
| 5 | M23803 | ANISA A | A. Anisa |
| 6 | M23823 | BAVYA S | Bavya S |
| 7 | M23801 | BHARATHI C | Bharathi C |
| 8 | M23837 | DEEPIKA D | Deepika D |
| 9 | M23831 | DHARSHINI A | Dharshini A |
| 10 | M23841 | DIVYAPRIYA S | D. Divyapriya |
| 11 | M23818 | FAHEENA F | Fahena F |
| 12 | M23802 | FARHATH JABBEN A | Fahath Jabben A |
| 13 | M23808 | GOPIKA A | A. Gopika |
| 14 | M23838 | IMAYA R | R. Imaya |
| 15 | M23833 | JANANI V | V. Janani |
| 16 | M23826 | JASMINE J | J. Jasmine |
| 17 | M23844 | JEEVITHA P | Jeevitha P |
| 18 | M23849 | KARTHIKA R | K. Karthika |
| 19 | M23824 | LAKSHMI PRIYA D | D. Lakshmi Priya |
| 20 | M23822 | LOGESWARI P | P. Logeswari |
| 21 | M23811 | MADHUMITHA G | G. Madhumitha |
| 22 | M23814 | MANJU R | R. Manju |
| 23 | M23827 | PRASANYA M | M. Prashanya |
| 24 | M23830 | PRIYADHARSHINI K | K. Priyadharshini |
| 25 | M23842 | PRIYANKA J | J. Priyanka |
| 26 | M23848 | ROSHINI K | K. Roshini |



| | | | |
|----|--------|-----------------|------------------|
| 27 | M23809 | SABIHA M | Sabiha |
| 28 | M23813 | SAKEENA AIMAN S | Sakeena Aiman S |
| 29 | M23825 | SANGEETHA. R | R. Sangeetha |
| 30 | M23829 | SANTHIYA S | S. Santhiya |
| 31 | M23840 | SAROJINI S | S. Sarojini |
| 32 | M23804 | SHAHEERA BANU A | Shahera Banu A |
| 33 | M23832 | SHEERIN R | B. Sheerin |
| 34 | M23835 | SHEHINAS C | C. Shehinas |
| 35 | M23819 | SHIVANI K | K. Shivani |
| 36 | M23828 | SUGANYA R | Suganya R |
| 37 | M23847 | SUSHMITHA | P. Sushmitha |
| 38 | M23812 | SWETHA P | P. Swetha |
| 39 | M23810 | SWETHA R | Swetha R |
| 40 | M23806 | TAMIL ARASI R | Tamil Arasi R |
| 41 | M23820 | TEJASHINI R | Tejashini R |
| 42 | M23836 | TOOBA AFSHEEN K | Tooba Afsheen K |
| 43 | M23815 | YOGALAKSHMI K T | K.T. Yogalakshmi |
| 44 | M23843 | YUVASHREE R | R. Yuvashree |

V. R. Punithavathi

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PHOTOS FOR "WORLD HEART DAY" 27-09-2023



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Hakeem Nagar, Melvisharam, Ranipet -632509



NAAC – SSR CYCLE -I
7.2 Best Practices II

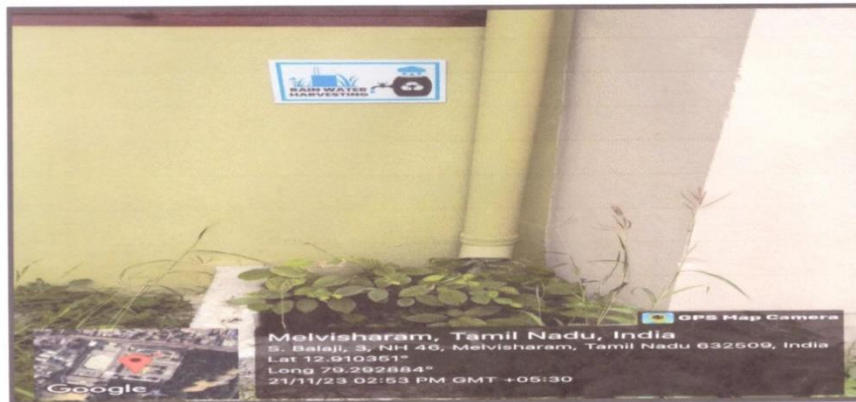
7.2.1 Connecting all to Respect Health and Eco-friendly campus
Year: 2018- 2023




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RAIN WATER HARVESTING




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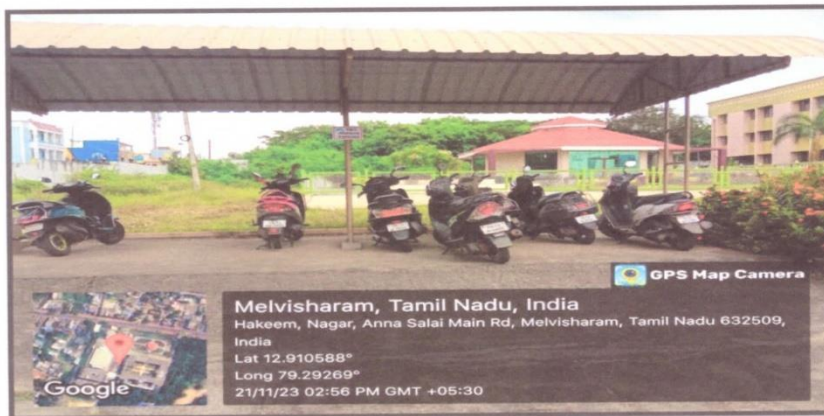


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NAAC – SSR CYCLE -I
7.2 Best Practices II

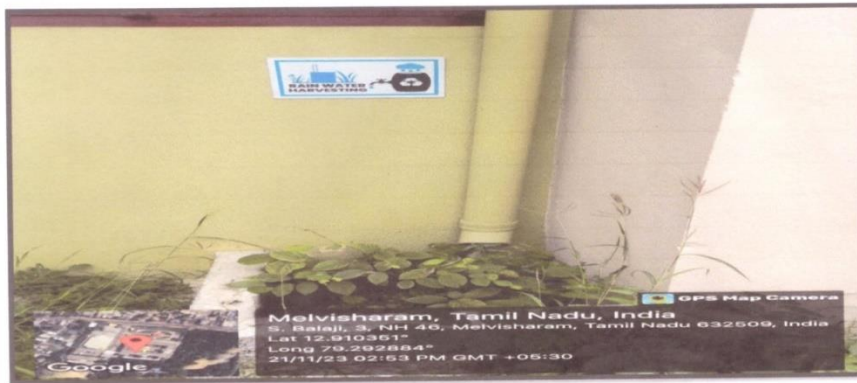
7.2.1 Connecting all to Respect Health and Eco-friendly campus
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WATER CONSERVATION




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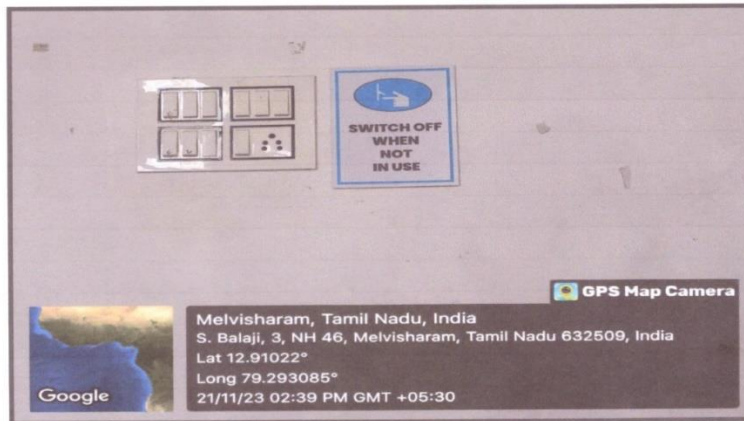
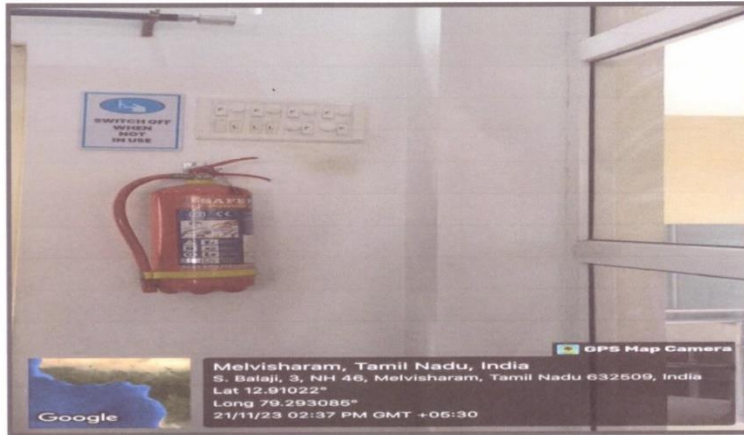
ENERGY CONSERVATION



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